

Excursion and Physical Activities Information for Parents: Access to Amaroo School Surrounding Areas in HPE 2024

Dear Parents and Carers,

The following details relate to an educational excursion to use the areas surrounding Amaroo School (map supplied below) which is being organised for all Secondary students during their Health and Physical Education classes in 2024.

These activities make up part of the HPE curriculum and assessment and it is expected that all students participate. If your child is suffering from an injury or medical condition, please ensure you communicate this with your child's HPE teacher.

Dates: HPE classes will access surrounding areas to participate in activities throughout the 2024 school year.

Students will be using the community paths for specific Cross Country practice during weeks 8 to 11 of Term 1 and Week 1 of Term 2.

Time: These activities will occur during students scheduled or timetabled HPE lesson times

Purpose of physical activity and excursion: For students to engage in running and walking activities for personal fitness and wellbeing and various other teacher supervised learning activities.

Activities: Running, walking, fitness activities, On Country activities

Clothing and Equipment: Students are encouraged to change into their PE shirt, wear a hat and bring a drink bottle to all PE classes.

Group Size: 1 – 6 classes

Teacher in Charge: Cristel Mortimer

Additional Adults: Jono McCaskill, Ellie Thurston, Zachary Sheather, Mitchell Lamb, Foster Townsend, Matthew Hogan, Brooke Cooper, Daniel Slegers, Morgan Williams and other teachers or support staff when necessary.

Permission Note to Amaroo School front office by: Friday, 8 March 2024 (Week 6, Term 1)

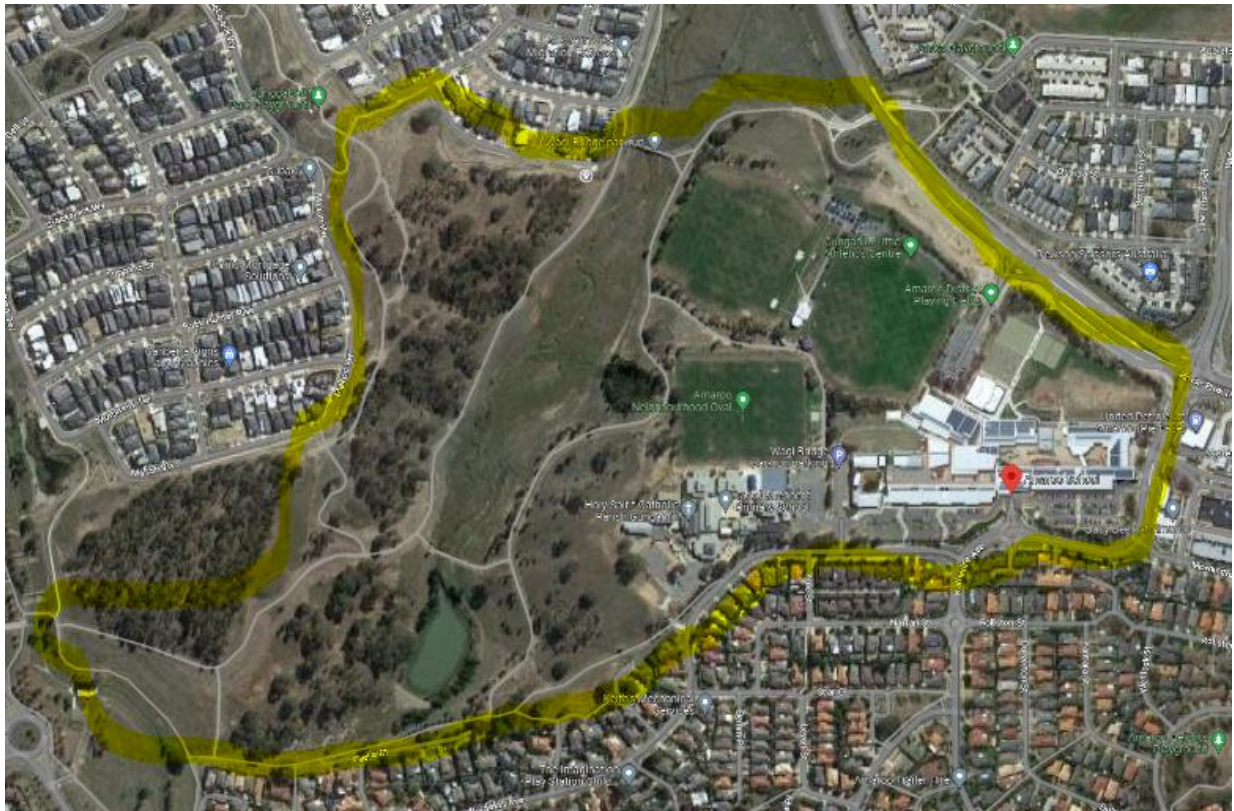
Excursion Risk Assessment: Available at the front office

Contingency: in the case of wet weather students will participate in various other fitness and wellbeing activities in their regular HPE classes

Behavioural expectations: Students are expected to demonstrate our school PBL Behaviour Expectations of being a Safe, Respectful and Responsible Learner at all times.

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.



Kind Regards,

Cristel Mortimer

SLC – Secondary Health and Physical Education

Excursion and Physical Activities Permission Note for Parents

Access to Amaroo School Surrounding Areas in HPE 2024

I give permission for my child _____ (full name) in year _____ to access the areas surrounding Amaroo School during HPE lessons and other details as outlined in the Excursion Information for Parents (including contingency plans).

I agree to my child participating in the Physical Activity/Activities mentioned previously. I have discussed with my child the need for expected behaviour. I authorise the school to make arrangements for the welfare of my child (including medical or surgical treatment) in an emergency and I agree to meet the associated costs. I have provided to the school all medical information relevant to my child.

I agree that my child will be under the authority of the school for the duration of the Physical Activity and that the school is authorised to return my child to school or home at my expense if the school considers that circumstances warrant such action. I give permission for my child to travel by private car, driven by a staff member or parent, in an emergency.

The Medical Information and Consent Form only needs to be completed once/year prior to the first excursion unless there are changes to the details on this form. Are there any changes to this form?

Yes ☐ No ☐

If yes, an updated *Medical Information and Consent Form* is required to be completed (available through the front office).

Will your child require medication to be administered during the excursion (e.g. allergy medication, pain relief)?

Yes ☐ No ☐

If yes, please complete a *Medication Authorisation and Administration Record* (available through the front office).

Is there any additional information you need to provide to support your child's participation in this Physical Activity/Activities?

Yes ☐ No ☐

If yes, please provide these details

Please provide the following information:

Medicare No (please include the Reference No. next to your child's name)	Private Health Fund:	Membership No
Ambulance Fund: Parents are responsible for ambulance costs outside the ACT.		

Name of Parent/Carer: (please print) _____

Signature: _____ Date: _____