

Incursion and Physical Activities Information for Parents: Amaroo Primary Athletics Carnival

Years 2-6

Dear Parents and Carers,

The following details relate to an educational incursion to **Amaroo Ovals** which is being organised for students in **Years 2-6**.

Dates: Friday, 10 May 2024 (Week 2, Term 2)

Time: 9:15am – 2:45pm

Purpose of physical activity or incursion: Primary Track and Field Carnival

Activities: Students will participate in a range of track and field events, earning house points. Students who place overall 1st or 2nd will qualify to represent Amaroo School at the regional carnival.

Clothing and Equipment: Students need to wear appropriate clothing for physical activities, including running shoes. They may wear house colours or the school uniform. Clothing must be SunSmart. Please also have warm items as the weather may be cold. The **canteen will not** be operating at the carnival, so students will need to bring a packed lunch, snacks and a water bottle.

Transport: Students will walk with their teacher from school to the Amaroo Ovals

Group Size: 650

Teacher in Charge: Ajay Joshi & Aaron Powell

Additional Adults: All staff in Years 2-6

Cost: No Cost

Permission Note to Amaroo School front office by: Friday, 3 May 2024

Incursion Risk Assessment: Available at the front office

Contingency: In the event the carnival is cancelled, we will reschedule the event to take place Friday, 17 May 2024 at the Amaroo Ovals.

Behavioural expectations: Students are expected to demonstrate our school PBL Behaviour Expectations of being a Safe, Respectful and Responsible Learner at all times.

Packing list and Additional Information:

- School uniform (including hat)
- House Colours (optional)
- Appropriate running shoes

- Weather appropriate clothing
- Lunch
- Snacks
- Water bottle
- Sunscreen

**Please note - Students will be unable to leave the oval to attend the canteen.
 There will be no lunch orders available on the day.**

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Kind Regards,

Aaron Powell
 PE Teacher

Time	8 Yr Girls	8 Yr Boys	9 Yr Girls	9 Yr Boys	10 Yr Girls	10 Yr Boys	11 Yr Girls	11 Yr Boys	12 Yr Girls	12 Yr Boys
0930-0955	100m	Eat and Drink	200m	Relays	Sack Races	Long Jump	Eat and Drink	Discus	Tug-o-War	Shot Putt
1000-1025	Shot Putt	100m	Eat and Drink	200m	Relays	Sack Races	Long Jump	Eat and Drink	Discus	Tug-O-War
1030-1055	Tug-O-War	Shot Putt	100m	Eat and Drink	200m	Relays	Sack Races	Long Jump	Eat and Drink	Discus
1100-1125	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink	200m	Relays	Sack Races	Long Jump	Eat and Drink
1130-1155	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink	200m	Relays	Sack Races	Long Jump
1200-1225	Long Jump	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink	200m	Relays	Sack Races
1230-1255	Sack Races	Long Jump	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink	200m	Relays
1300-1325	Relays	Sack Races	Long Jump	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink	200m
1330-1355	200m	Relays	Sack Races	Long Jump	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m	Eat and Drink
1400-1425	Eat and Drink	200m	Relays	Sack Races	Long Jump	Eat and Drink	Discus	Tug-O-War	Shot Putt	100m
1430-1445	Teacher and Parent Relays (800m races to take place during usual PE lessons)									

Incursion Permission Note for Parents: Amaroo Primary Athletics Carnival

I give permission for my child _____ (full name) in year _____ to attend the Amaroo School excursion to **Amaroo Ovals for the Athletics Carnival** on **Friday, 10 May 2024, walking with their teacher** and other details as outlined in the Incursion Information for Parents (including contingency plans).

I agree to my child participating in the Physical Activity/Activities mentioned previously. I have discussed with my child the need for expected behaviour. I authorise the school to make arrangements for the welfare of my child (including medical or surgical treatment) in an emergency and I agree to meet the associated costs. I have provided to the school all medical information relevant to my child.

The Medical Information and Consent Form only needs to be completed once/year prior to the first excursion unless there are changes to the details on this form. Are there any changes to this form?

Yes No

If yes, an updated *Medical Information and Consent Form* is required to be completed (available through the front office).

Will your child require medication to be administered during the excursion (e.g. allergy medication, pain relief)?

Yes No

If yes, please complete a *Medication Authorisation and Administration Record* (available through the front office).

Is there any additional information you need to provide to support your child's participation in this excursion?

Yes No

If yes, please provide these details

Please provide the following information:

Medicare No (please include the Reference No. next to your child's name)	Private Health Fund:	Membership No
Ambulance Fund: Parents are responsible for ambulance costs outside the ACT.		

Name of Parent/Carer: (please print) _____

Contact Number: _____

Signature: _____ Date: _____