



Term 1 Menu
2024
0455542936

SNACKS (All Gluten Free)

| | |
|---------------------------------|----------|
| Boiled Egg | G \$1.00 |
| Bega Cheese Stick | G \$1.00 |
| Fresh Fruit (Seasonal) | G \$1.00 |
| Veggie Rainbow Bag (ORDER ONLY) | G \$4.00 |

TREATS

| | |
|------------------------------|----------|
| Raisin Bread (ORDER ONLY) | G \$2.00 |
| Popcorn Air popped GF | G \$0.20 |
| ANZAC Biscuit | A \$1.00 |
| Freshly Baked Muffin | A \$1.00 |
| Pretzels | A \$1.50 |
| Frozen Yoghurt Swirl | A \$2.50 |
| Paddle Pop | A \$2.50 |
| Frozen Fruit Juice Sticks GF | A \$0.50 |
| Custard Tub (Foil Top) GF | A \$2.00 |
| Slushy GF | A \$2.00 |

DRINKS

| | |
|---------------------------------|----------|
| Hot Chocolate | G \$2.00 |
| Lightly Flavoured Mineral Water | G \$3.00 |
| Water 600ml | G \$2.00 |
| Fruit Juice 250ml | A \$2.50 |
| Lite Plain Milk 250ml | G \$2.00 |
| Lite Milk Choc/Strawberry 250ml | G \$3.00 |
| Iced Coffee (high school only) | A \$4.00 |

Order Only

| SANDWICHES AND SALADS | Sandwich | Wraps |
|---------------------------------|-----------------|--------------|
| Vegemite Sandwich | A \$2.50 | |
| Cheese Sandwich | G \$2.50 | |
| Cheese & tomato | G \$3.50 | |
| Salad | G \$5.00 | G \$5.00 |
| Chicken & Salad (halal) | G \$6.00 | G \$6.00 |
| Tuna & Salad | G \$6.00 | G \$6.00 |
| Egg & Salad | G \$6.00 | G \$6.00 |
| Chicken Avocado Lettuce (halal) | G \$6.00 | G \$6.00 |

Multigrain and Gluten Free bread available

Toasted

| | |
|-----------------------------|----------|
| Cheese | G \$2.50 |
| Cheese & tomato | G \$3.50 |
| Chicken/Cheese/Mayo (halal) | G \$5.00 |

SALAD TUBS

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|------------------------------------|----------|
| Mixed Salad – small | G \$4.50 |
| Lettuces, tomato, cucumber, carrot | |
| Extra: Onion, Beetroot each | G \$0.50 |
| Avocado | G \$1.00 |
| Chicken Salad (halal) | G \$7.50 |
| Egg Salad | G \$7.50 |
| Tuna Salad | G \$7.50 |

Lunch orders can be placed via www.flexischools.com.au before 9am each morning. You will need to place 2 individual orders for B1 and B2. **EFTPOS Available** Following the National **Healthy School Canteen Guidelines** through Canteen Fresh ACT.
G - Green Approved A - Amber Approved

HOT FOOD

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|--|----------|
| Corn Cob (ORDER ONLY) | G \$1.00 |
| Snack Pie | A \$1.50 |
| Meat Pie | A \$5.00 |
| Sausage Roll (Halal available) | A \$4.00 |
| Spinach and Ricotta Roll | A \$4.00 |
| Beef Burger | G \$6.00 |
| (Beef Patty, Lettuces, Cheese, Tomato sauce) | |
| Grilled Chicken Burger | A \$6.00 |
| (Chicken, Lettuce, Mayo) | |
| Chicken Nuggets(5) (Halal & GF Available) | A \$4.00 |
| Wedges Oven Baked (no sauce) | A \$4.00 |
| Chicken/Cheese Flat Grill | G \$3.50 |
| Hash Brown (GF Available) | A \$1.00 |
| Sauce Sachets | \$0.30 |
| Cutlery | \$0.10 |

HOT FOOD – Order only

| | |
|----------------------------------|----------|
| Beef Bolognese Pasta | G \$5.00 |
| Gluten Free Beef Bolognese Pasta | G \$6.00 |
| Pesto Pasta | \$5.00 |
| Butter Chicken with rice (Halal) | \$5.00 |
| Beef Lasagne | A \$5.00 |
| Vegetarian Lasagne | A \$5.00 |
| Mac 'N Cheese | A \$5.00 |
| Veggie Burger (Halal) | A \$6.00 |
| Fish and Wedges | \$7.50 |

VALUE PACKS – Lunch orders only

Roll Pack A \$6.00

Sausage Roll (H) or Spinach & Ricotta Roll

- Choice of Water or Juice

Nugget Pack

Nuggets – Regular, Halal or Gluten Free A \$6.00

- Choice of Water or Juice