



Amaroo School Newsletter

Week 8, Term 2, 2015
16 June 2015

Education and Training

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Katherine Avenue
Amaroo ACT 2914

Ph. (02) 62052808
Email: info@amaroos.act.edu.au

Fax (02) 62052818
<http://www.amaroos.act.edu.au>

Dear Parents and Carers,

Principal for Term 3

As I am taking Long Service Leave in Term 3, Julie Cooper has been selected as Principal of Amaroo School for Term 3. Julie is the Principal of Franklin Early Childhood School and was a Deputy Principal at Amaroo School some years ago. Julie brings a wealth of knowledge and experience and her appointment is excellent news. I look forward to returning to our school in Term 4 and celebrating yet another successful year of student learning.

Last week one student from each class in years three to six presented their rostrum speeches to parents, students and teachers. The quality of the presentations was outstanding and we clearly have a range of very accomplished public speakers rapidly developing their skills. The parents who attended were very impressed and supportive of the students' performances. We wish them all every success and we know the selected students who go on to represent our school will do a terrific job.

Duke of Edinburgh (DofE) Program

Our DofE program has been running extremely successfully this year and we have twelve students on track to receive their Awards at the end of this year. So far the students have completed a mechanics course run by NRMA, a gardening program and now they are contributing to the wider community through the Mustard Seed Food Bank in Gungahlin. Next term two students have been arranging a Parkour and Cheerleading program. Cristel and Dwight have arranged for outside organisations to visit our school and present the next phase of their course. In week 10 this term the DofE students will complete a team activity week at Birrigai Outdoor School. Whilst staying at Birrigai, individual students in the program will take leadership roles for the different activities. Our DofE Coordinator Jamie Foster is extremely proud of the achievements of all students involved in this fabulous program. We look forward to attending the DofE Awards presentations late this year and celebrating the many success stories that of these students.

Student Achievements

Hannah and Alyssa from Ms Hall's Kindergarten class have done some terrific work on length. They have identified two different objects and compared them and then measured an object against another object. What a wonderful way to learn about different lengths, and great work from these two fantastic learners.

Brody and Milly from Ms Bebandorf's Year 2 class have produced some great work. They have accurately predicted what will happen in a book they are reading in class. They have both demonstrated they can provide quality work in class, well done.

Ashleigh and Waylon from Year 3 have written the following Haiku poems about Spring:

Spring has sprung hooray
Lovely smelling air today
Let's dance and shout hooray
Ashleigh

Seeing the flowers rise
It is so romantic there
In Canberra it's Spring
Waylon

Calendar Dates

Wednesday 17 June 2015	Kindergarten Hatching Chicks program, Week 7-8 ICAS Writing Amaroo Angels 9am-12noon in the Community Room Preschool Canberra Museum and Galley Excursion (Kagu) Year 1 Canberra Reptile Zoo Excursion
Thursday 18 June 2015	Kindergarten Hatching Chicks program, Week 7-8 ICAS Writing Diamond Terrace Bowling Excursion Duke of Edinburgh Wakakirri Practice 3pm-4pm in the Gym
Friday 19 June 2015	Kindergarten Hatching Chicks program, Week 7-8 ICAS Writing Buddies Program Kindergarten-Year 10 Duke of Edinburgh Defence Group Year 6-10 at B1 in the Community Room Breakfast Club 8:15am-9am in Sapphire Terrace Wet Area
Monday 22 June 2015	Student BRAVE Program B1 in the Library computer room
Tuesday 23 June 2015	Kindergarten Botanic Gardens Excursion Defence Group Year K-2 at B1 in the Community Room Defence Group Year 3-5 at B2 in the Community Room

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Odelia from Ms Patterson's Year 8 class has produced an outstanding assignment. She has researched and investigated the forthcoming surgery where a head transplant will be attempted. Her work is excellent and her conclusion is well thought out and founded in solid facts. Excellent work.

Owais and Charlie from Ms DiDonna's Year 4 class have produced some excellent work. They have researched the explorers of Australia. Then they used the information to create accurate timelines. They both take great pride in the fact they produced quality work.

Jordan, Sarah and Nick P from Ms Winter's Year 5 class have completed some excellent work. They have produced an outstanding checklist for what they need to include in an explanation about space. They have been very comprehensive and produced quality work.

Brody and Milly from Ms Bebedorf's Year 2 class have produced some great work. They have accurately predicted what will happen in a book they are reading in class. They have both demonstrated they can provide quality work in class, well done.

Class Visits

In Mrs Warry's Year 7 Drama class students are busy learning all about the elements of Drama. Their lesson started with the students working in pairs to correctly sort the different elements of drama. They had to race to get it done first and enjoyed the challenge. Then as a whole class they were each given a different element and had to place them again in order. The students certainly demonstrated they understood what each element was and how they work together to create dramatic meaning. To cement their learning they then participated in a learning experience called Shark Attack. The students were in the roles of different sea creatures and had to experience going with and against the current as well as constantly being on alert for shark attacks. This movement with the inclusion of music helped demonstrate how tension builds and how mood can be created in performance. These budding actors are all enjoying their learning experiences in drama and developing their skill sets in engaging and fun ways.

In Ms Pearl's Year 10 science class students are learning about how energy affects motion. They have been looking at the different types of energy and how to calculate potential and kinetic energy mathematically so that can quantify energy changes in system. Working on their own devices as part of our BYOD program the students are completing an energy booklet. They make great use of class time because anything not completed in class is done for homework. Their work with kinetic and potential energy will include a range of experiments such as investigating the most efficient roller coaster design. This challenging experiment will help students to apply the concepts of motion & energy they learned to calculate energy efficiency of a roller coaster and how to harness that energy when designing a roller coaster. What a great way to learn the theory of science through exciting and motivating experiments.

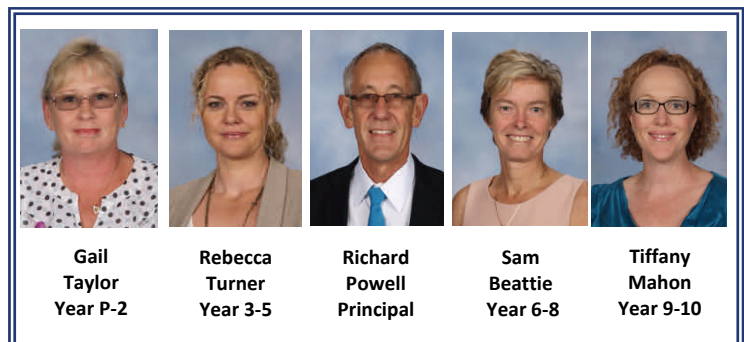
As always, please contact the Deputy Principals; Gail Taylor, Rebecca Turner, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School is committed to working with our community to ensure our students have the very best opportunities to learn.

Richard Powell



Principal

Amaroo School



School Board

Board Chair: Trudie Wykes 0420 571 666
Parent Board Reps: Glen Storrar, Sonya Carson
Staff Rep: Felicity Boate and Sara Jayn Middleton
Student reps: Laeken Storey; Savannah Sithideth

P & C

President: Linda Holland
Vice President: Graham Roberts
Secretary:
Treasurer: Helen Harvie

School Board

School Board Vacancy

Due to the resignation of one of our Parent Representatives the Amaroo School Board now has a vacancy. Nominations for the parent representative will be accepted from all parents and carers of students enrolled at Amaroo School and Amaroo Preschool. Appointment will be for a period of 18 months with the Board meeting on the third Monday of each month during the school terms. If more than two people nominate, an election will be conducted after the close of nominations. Nomination forms are available and may be lodged at the Amaroo School Front Office. Nominations are now open and will close at 11:00 am on Monday 29 June 2015.

Early Childhood

Preschool

The children have really been enjoying riding the new scooters we have received, with thanks to the fundraising efforts from the P&C! We are very lucky to have an incredible team of parents at Amaroo, who support these fundraising efforts so that items like these scooters, and a new outdoor kitchen (soon to arrive) can be utilised for the children of Preschool. Once again thank you....we think you are fabulous!!

Parents would have received this week, a permission note for an incursion we will be having at the Preschool during Week 10. 'David the Music Man Show' is an experienced musician and child entertainer who brings an extensive range of musical instruments to show and play for the children. The children will enjoy watching David perform, as well as interacting and participating in this fun and educational show. Please note that if the permission note and money are not returned to school by the due date specified on the permission form, children will be unable to attend.

Thank you to those parent helpers who have volunteered their time for the CMAG Excursion planned in the coming weeks. The children are looking forward to attending the Canberra Museum and Gallery, and learning about various aspects of art and design, as well as being a part of the 'Curiously Canberra' exhibition.

This week you may have noticed a note in your child's home pocket to inform you that mid year interview times will be provided during Week 10. Please note these interview times are optional, however they are a good opportunity for you to discuss your child's learning and progress at Preschool. If you would like to organise a time, please fill in the 'time slot sheet' on your child's classroom notice board. We look forward to sharing this learning with you, along with your child's mid year report during Week 10.

Kindergarten

Kindergarten has had some visitors over the last week. We have had an exciting time watching the chicks hatch and grow. In week 9, on Tuesday 23 June, we are looking forward to having an excursion to the National Botanic Gardens to learn about animal habitats. 'Have you got Game?' will be held on Wednesday 24 June. The whole school has the opportunity to watch teachers and students participate in a range of fun challenges. Be sure to dress as your favourite super hero or super villain. Christian Ed will be run this Wednesday 17 June.

Year 2

With only 3 weeks left in the term, Year 2 are once again working hard to excel in their learning! In Mathematics, we have been learning how to record information using tallies and graphs. Why not see if your child can create a tally of the different toys they own or the different eye colour of everyone in their family? I'm sure they will impress you with their ability to record their findings!

In literacy, we have been learning how to write a procedure. We understand there are 5 parts to a procedure; title, goal, materials, method and evaluation. We have written some fantastic procedures! Shanaya in 2EBS wrote an amazing procedure on 'How to Brush your Teeth'.

We are also becoming great readers and we are practicing predicting as we read to help us comprehend what we are reading. Lauren in 2AMS wrote a great prediction of what she thought would happen in 'Scrambled Egg' by Wendy Binks.



Diamond Terrace and Gallery

Students from the Diamond Terrace, Gallery, Middle and Senior School enjoyed an excursion to Dickson College last week. The students watched a play, "The Visit," performed by the Drama/Arts students. The students were very intrigued by the talents of the performers.



Primary School

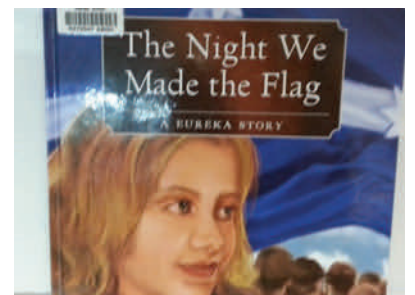


This fortnight in 3ADO we have been creating Picasso inspired clay artworks. The students followed the design, make and appraise process in order to complete their 3D artworks. It was great fun and the students had a great hands on experience.

In 3AGO this fortnight we have begun learning about space. The students worked in pairs to research facts about the sun, moon and Earth on the iPad's to build on their prior knowledge. This will assist us in moving into building our understanding of their relationships and participating in more hands-on learning experiences in the coming weeks.



5AAJ and 5CWJ have struck Gold! The year is 1851 in Ballarat, and the Eureka Stockade is looming over the disgruntled miners, furious at the government's demands that they pay \$3.70 per month for a license to mine for gold! Students have been identifying and engaging primary and secondary sources to reconstruct this exciting time in Australia's history. Students are connecting their own holiday experiences mining for gold with current content, and one student in 5CWJ was handed down a Eureka Stockade flag from his own grandfather – could it have been another secret original? Our year 5 historians are on the case to find out.



SL@AM

SL@AM Have You Got Game 2015

Avengers Assemble for Have You Got Game! The most hilarious and exciting event at Amaroo School is back again! It will be held in Week 9, Wednesday 24 June. The event will run from 11:15am to 1pm and this years theme is Superheroes vs Supervillains. So make sure you dress up and bring along your gold coin donation. You can even come as a powerpuff girl or Magneto (dress appropriately).

Have You Got Game is a series of student vs teacher events, and all events will be superhero themed. Students will get randomly picked from the draw to go and compete against the teachers. The student pool is comprised of students from all sectors of the school. After the challenges, the competitors will be judged by a panel of judges as to who wins the challenge, which will then determine who wins overall, teachers or students. Whoever wins gets bragging rights for the rest of the year!

The day will start with awesome buddy activities, super market stalls, which will be selling various goods such as fairy floss, a photo with your favourite villain or superhero and you can even be the superhero by taking down supervillains with cream pies. The hours leading up to the event will be filled with excitement that will continue during the show. The usual class VIP bidding has already begun and will continue until Week 8, Friday 19 June. The usual VIP prize will be a comfy seat during the show and this year that will be joined by superhero themed food. As always, any student who wishes to compete on the day against the staff will need to pay for the privilege. It will be a 50c entry. Collection for this payment begun last week at the back of the canteen. Senior students can also come down and pay for the privilege of a chair and to get their name out of the draw for a gold coin donation each. We look forward to seeing you all there in Week 9 and we can't wait to keep the students name on the trophy!



Winter Concert

You are invited to
The Winter Concert

The Amaroo School Performing Art Programs are hosting an intimate Winter Concert at Amaroo School. This Concert will give students studying in performing art electives the chance to perform the masterpieces that they have been working on for the past semester. This is also a great opportunity for parents, guardians and siblings to get to see their child's creativity in action and show support for their passion.

When: Thursday 25 June 2015 (Week 9); 6.30pm – 8pm.
Where: Amaroo School Gym.
Cost: Gold coin donation at door.

We look forward to seeing you there!

Sport

Students have been participating well in PE over the last fortnight, they have been developing their knowledge of the importance of healthy lifestyle choices including healthy eating and lifelong fitness. Students have been put through their paces during fitness sessions which challenge their health and skill related components of fitness including muscular endurance, balance and aerobic capacity.

Students have been developing their own fitness circuits, balanced weekly meal plans, games and healthy lifestyle choices. Middle School students are beginning their dance unit this week with a special guest appearance from Ms. Winter who will be teaching our Year 6 students a Bollywood dance! Senior classes are working through their understanding of European handball, Indoor Hockey, Softcrosse and Ultimate Frisbee.

In Primary news, students are busy developing their fundamental motor skills and transferring these to game situations! Year 5 are looking forward to their BMX workshop next week!

There are a number of sporting events being offered at the moment. If you are interested in any of these trials, please see Mrs. Bryant if you are in Primary School or Mrs. Watt if you are in Middle or Senior School. If you are interested in any of the Amaroo teams, please see the teacher in charge of the team mentioned below.

Boys 16Y & Under **School Sport Australia Hockey Championships Trials**: 16 June & 23 June



Interschool SnowSports

If you love the snow, and can get around a mountain on a pair of skis or a snowboard, then why not join the Amaroo School Team and enter the 2015 Interschools Snowsports Championships. There are a range of different events, suitable for downhill skiers, cross country skiers and snowboarders, being held at Perisher from 29 - 31 July. Students from Kindergarten to Year 10 can compete, and ability levels from intermediate to advanced are encouraged to enter, with the emphasis on fun and participation. If you are interested, and would like to know more, please contact Jon Wilson (jonathan.wilson@hotmail.com, 0481 011 863) by June 30 (Week 10, Term 2).



Languages

Japanese:

Year 3 Japanese: Our Year 3 students have completed their portfolio piece! They produced an A4-sized name card that includes information about themselves, such as their name, age, school name, class name, favourite colours and animals all in Japanese. Please watch out for that!

Year 5 Japanese: Year 5 students have been continuing to learn hiragana. Students are progressing well and producing some beautiful script.

Year 6 Japanese: Students are finishing off the unit on introducing themselves and others. They are also continuing their learning of hiragana reading and writing.

Year 7 Japanese: Students have begun a unit on countries. We have focussed on extending our knowledge of katakana and talking about where we are from and what our nationality is.

Year 8 Japanese: Year 8 have finished the unit on dates and events. We have now started a new unit on sports and hobbies. This will be a good chance for students to apply their prior learning talking about the things they love to do in their spare time.

Year 9 Japanese: Year 9 are well into working on their writing projects. It is great to see some very creative minds at work. There are trailers for horror movies, strange new reports and interesting books being produced.

Year 10 Japanese: Year 10 continue to apply their learning around adjectives. We have also been experimenting a lot with google classroom to share understandings and questions. It is proving to be a great tool for learning!

French:

Year 4 French: Our Year 4 students worked on the days and months of the year in French. They did an exercise on this topic and listened to a song about the 12 months. They sang very well.

Year 5 French: Year 5 have been preparing their portfolio piece on animals. In this task students write and read about a variety of animals.

Year 6: Students are working on verbs for different activities and expressing likes and dislikes. Try asking your child what they like and don't like.

Year 7: Year 7 worked on vocabulary for clothes and have consolidated their learning through a variety of exercises. They have also practiced basic conversations and have completed assessment.

Year 8: Year 8 are continuing to work on vocabulary for daily activities through a range of activities. Some classes have moved on to adjectives to describe people and things. One student participated in the *Concours George Vincent* and passed the listening test. Well done!

Year 9/10: Students worked on the use of past tense and the imperfect. One student participated in the *Concours George Vincent* which is run by the Alliance Francaise.

Counsellors News

Dear Parents and Students at Amaroo School

This page is taken from the Generation Next Blog

Technology no substitute for reading time

Posted on November 11, 2013 by Dr Ramesh Manocha. Leading children's author Mem Fox finds it "heartbreaking" to see small children left alone with smartphones and tablets to entertain themselves, saying an increasing reliance on technology to teach children how to read could inhibit their empathy and social skills. Fox said parents must keep reading books – either paper or ebooks – with their children to interpret the characters and help the child comprehend the story.

"One of the things that bothers me most is that people seem to think that kids can be left alone with technology, [but] they would be less likely to leave the child alone with a pile of books at the age of two or three," she said. "It is the aloneness that is heartbreaking."

Fox said she was also sick of parents boasting about a child's ability to use technology while ignoring the child's concentration skills or ability to handle a book properly. She is preparing for a national tour to promote her new book *Baby Bedtime* and her comments were echoed by children's literacy and technology experts. Fox said sales of her paper books were still strong in Australia, while royalties from ebooks suggested they were not selling at all. While Fox admits to loving technology and occasionally using it to occupy her own grandson, she feels too many parents have replaced parenting time with technology.

"Really, why do we have children if we can't spend some time with them? It is just not right for the child. If we can't spend time with our kids, we shouldn't be having them."

Apps had no beginning, middle or end, and did not describe forgiveness or courage in adversity, said the author of *Possum Magic* and *Where is the Green Sheep?*.

Emotions like empathy were only developed if adults helped children see when sad, scary or nasty things were done to characters in a book or an app, she added, citing concerns with apps such as *Tom the Talking Cat*, which encourages players to punch a cat.

Macquarie University lecturer in early childhood language and literacy Emilia Djonov said the real benefit of parents or teachers reading to children was the adults' ability to encourage children to relate the story or images back to their own life. This helped children's comprehension of what they were reading and was missing when technology took the place of an adult.

Kate Highfield, also a lecturer at Macquarie University's institute of early childhood, said interactive books could distract children who were learning to read because the books focused on animations and sounds rather than meaning.

"While this adds some 'fun', it's important that ebooks are just one small part of a child's time with text and for this reason, we really need to ensure that children still have access to quality books and shared reading with a traditional book," Dr Highfield said. She also warned against leaving children unsupervised with devices for more than a few minutes.

"I suggest that parents think of tablets and mobile technologies as a digital playground and, just as you wouldn't leave your child in the park alone, we shouldn't leave them alone in the digital park." Mem Fox.

Erin and Fiona: School Psychologists

As many of you know, the recent earthquakes in Nepal have left thousands of people without homes. With the coming monsoonal season there is a concern for the safety and well-being of these people.

One of our staff has family and friends in Nepal who have been affected by the recent earthquakes. Amaroo School is raising funds to purchase shelters for people in Nepal.

ShelterBox Australia is a charity that raises funds to support displaced families by providing disaster tent relief.

The standard ShelterBox costs \$1000 (US dollars) and contains a 10 person tent, mosquito nets, water containers, purification tablets, cooking equipment, sleeping equipment and children's activity pack.

Our aim is to raise at least \$1000 to help 10 Nepalese people.

YOU CAN DONATE BY:

- Visiting Amaroo School's Fundraising Page
<https://sna.etapestry.com/fundraiser/ShelterBoxAustralia/ambassador/team.do?participationRef=1286.0.96779420>
Clicking sponsor our team to donate online. You will receive a receipt of your donation for tax purposes from ShelterBox.
- Placing money in the ShelterBox Jar at the Front Office. No receipts will be issued for this.



THE WINTER PROGRAM HAS BEGUN AT LIBRARIES ACT.

It's full of fun and games (and learning too)! There's something for all ages.

In July there's the School Holiday program. Book the kids in to one of the activities designed to appeal (and educate)! There's an awesome science show (that's travelled the world) which involves marshmallow bazookas and leaf blowers, hover crafts, liquid nitrogen and rockets! There's steam punk jewellery making, stop motion animation movie making and craft making to name some of the fun.

While the kids are having fun, you can grab a coffee and hook in to our free Wifi. Download a free magazine to your own device – you can even take it home with you. Or book in for a 1:1 digital session with one of our friendly computer gurus. Ask any of those computer related questions you've been too embarrassed to ask before now! ALL FOR FREE!

For more information or to book, go to www.library.act.gov.au/learning/whats_on

Or follow us:

Twitter – @librariesact

Facebook - LibrariesACT



Dear Families,

We are holding a portrait fundraising day and would be delighted to receive a donation from you in return for a framed 10"x13" family portrait (of your family – valued at \$90!) by Laura Jean.

How long has it been since you had your family together for a group photo? Update your family pics with their relaxed and fun photographers – view gorgeous samples for ideas or check out their available packages online at:

laurajeau.com.au  facebook.com/laurajeaufundraising

Every family can receive this personalised photographic service, close to home. Flexible options include portrait choices, complimentary 3-pose sitting and obligation free additional portraits to suit your needs (see back for more details).

We will receive 100% of funds raised from the special framed family portrait, plus heaps of extra bonuses when more families participate.

FREE 3-Pose Portrait Pack

When we get 25 families participating there will be a complimentary 3-pose portrait pack + CD up for grabs.

How can you help us get there?

- Return your voucher ASAP
- Invite a friend with additional voucher below
- Encourage more families to book

INSTRUCTIONS

1. Complete Voucher
2. Place into envelope with donation (cheques made out to your organisation)
3. Mark envelope 'Family Portraits'
4. Return to office
5. Invite a friend to help our fundraiser
6. Appointment time confirmed soon!

ORGANISATION:

RAISING FUNDS FOR:

CONTACT:

DONATION:

PHOTO DATE:



PLEASE CUT OUT AND RETURN TO OFFICE 



Voucher for 1 Framed 10"x13" Family Portrait at Special Fundraising Price*

Oldest child's full name: _____

Class: _____

Mobile or home no: _____

Email: _____

Preferred time: _____

*Very special limited offer – please see back for details

PLEASE CUT OUT AND RETURN TO OFFICE 



Voucher for 1 Framed 10"x13" Family Portrait at Special Fundraising Price*

Oldest child's full name: _____

Class: _____

Mobile or home no: _____

Email: _____

Preferred time: _____

*Very special limited offer – please see back for details



Phone 1300 137 749

★ www.laurajean.com.au ★ laura@laurajean.com.au ★ www.facebook.com/LauraJeanFundraising



THE STORY BEHIND THE OBLIGATION-FREE ADDITIONAL PORTRAITS

Laura Jean's professional photographers believe that a quick, fun, 15 minute portrait sitting with your family will create the best expressions possible.

18+ families are photographed on location, avoiding studio rental costs. This is passed on to offer us all great savings on professional portraits. The photo shoot is relaxed, fun, natural and easy.

3 pose portrait packs (17 portraits) are available for \$189.00 or can be broken down separately per sheet. The portraits are viewed back on our premises less than 3 weeks later. CDs, canvases and reorders are also available.



*No refund for failure to keep appointment.

*One voucher per family/person – nobody can appear twice for this special offer.

*Parent/Guardian must be available to view own portrait or postage and handling shall apply.

*Please arrive 10 min prior to your appointment – thank you.

*No refund for failure to keep appointment.

*One voucher per family/person – nobody can appear twice for this special offer.

*Parent/Guardian must be available to view own portrait or postage and handling shall apply.

*Please arrive 10 min prior to your appointment – thank you.



Join us to watch Disney Pixar's new film, Inside Out - a fun family film about growing up and dealing with emotions.

Growing up can be a bumpy road, and it's no exception for Riley who is guided by her emotions - Joy, Fear, Anger, Disgust and Sadness. The emotions live in Headquarters, the control centre inside Riley's mind, where they help advise her through everyday life.

A funny and educational perspective about what goes on inside our minds... great for the whole family.

WHEN & WHERE

Monday, 22 June 2015 from 6pm at Dendy Cinemas, Canberra City.

Tickets are \$16 per person - funds raised go towards our 13 11 14 crisis support service.



Curl up with a few good books this winter - stock up at the Lifeline Southside Bookfair!

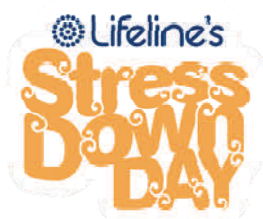
Held over three huge days with loads of books, games, CDs, DVDs, comics, puzzles & more - there's something for everyone!

WHEN & WHERE

Friday 26, Saturday 27 and Sunday 28 June 2015 at the Erindale Vikings Club, Wanniassa.

Saturday is Family Day with fun activities for the kids!

Entry by gold coin donation. Proceeds go towards Lifeline Canberra's 13 11 14 crisis support service.

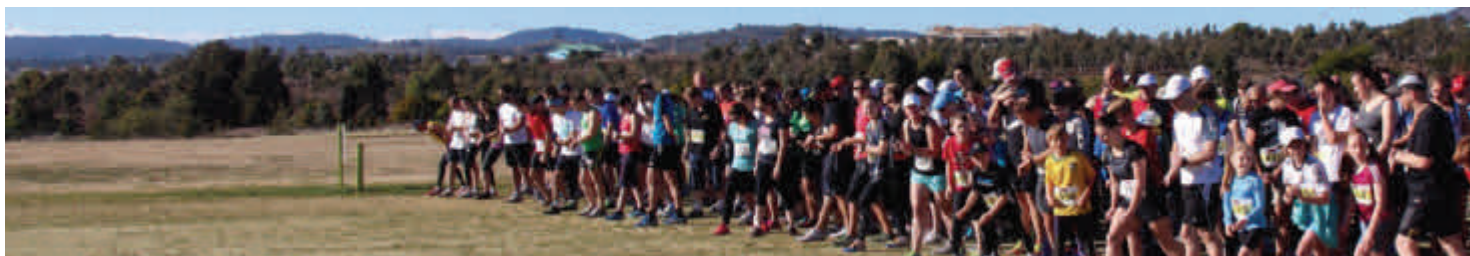


Every year, Lifeline celebrates Stress Down Day - an annual day of fun and fundraising. It is an easy way to reduce your stress levels while raising awareness and funds for Lifeline Canberra.

The next Stress Down Day will be held on Friday 24 July 2015. We're encouraging you to start thinking about the ways you might be able to reduce stress and fundraise for Lifeline Canberra.

Whether you want to wear slippers all day, go to school in your pyjamas, have a stress free morning tea - for a gold coin donation - simply take time out from your busy lives to have fun, stress less, feel better and raise funds for your local crisis support service.

Thank you!



Cancer Council ACT - Canada Day Fun Run

On behalf of the Canada Day Fun Run volunteer committee, we are proud to invite you to join us for their annual run/walk for cancer research. All money raised at this fun, family event goes directly to the Cancer Council ACT to help fund research, education and support services in the ACT region.

2015 event details are as follows:

Date:	Sunday, 5 July 2015
Time:	10:00am
Location:	Stromlo Running Track Stromlo Forest Park, Uriarra Road, Stromlo
Registration:	\$25 for Adults, \$15 for children \$60 for a Family of 4
Distance	10km run or 5km run/walk

To register or for more information, please visit our website. Online registrations will close at 12:00pm on Friday 3 July 2015. Registrations will be taken on the day from 8:30am.

As in previous years, the Lions Club of Belconnen will provide all participants with a delicious free pancake breakfast with maple syrup. There will also be plenty of fresh fruit, tea and coffee on hand.

We hope to see you there.

Kindest regards,

Lisa, Julieanne and Lyndal
Fundraising Events Team
Cancer Council ACT

The Student Tutor Network has landed!



We have experienced and recently graduated tutors to help you and your family with Primary, High School and Tertiary tutoring for all subject areas.

We have started servicing your area and are giving all our new clients 10% OFF our normal prices!



CALL 0431 438 914

www.studenttutors.com.au



SKILLZ SKILLZ

Hockey ACT

DATE: 8th & 9th July 2015
TIMES: 9am – 1pm both days
AGES: 7-16 years old
COST: \$100 for 2 days
LOCATION: National Hockey Centre, Lyneham ACT

Participants will experience both outdoor and indoor skill development with specific goal keeper coaching available.

**Quality coaches involved*
**Morning tea will be supplied*

To register please visit
www.hockeyact.org.au

For more information please contact
Hockey ACT
shelley.watson@hockeyact.org.au
02 6257 2374



AQUIS BRUMBIES RUGBY

2015 ActewAGL HOLIDAY CLINICS

ActewAGL

for you

12 VENUES THROUGHOUT ACT & SOUTHERN NSW

U7 to U13

Players born from 2002 to 2008

June/July School Holidays

Price: \$66.00



WHAT DO YOU GET

In addition to expert coaching, participants receive Lunch and Morning tea, as well as receiving a Junior Rugby ball, a drink bottle, an Aquis Brumbies cap and a poster similar to those items shown below.



CLINIC VENUES

29th June	Young - (Hall Brothers Oval, Young, NSW)
30th June	Queanbeyan - (Campese Field, Queanbeyan, NSW)
1st July	Griffith - (Jubilee Park, Griffith, NSW)
2nd July	Albury - (Murray Fields, Albury, NSW)
3rd July	Wagga Wagga - (Connolly Rugby Complex, Wagga, NSW)
7th July	Cooma/Jindabyne - (to be held at Brumbies HQ, ACT)
8th July	Yass - (Victoria Park, Yass, NSW)
9th July	Goulburn - (Poidevin Oval, Goulburn, NSW)
10th July	Batemans Bay - (Hanging Rock, Batemans Bay, NSW)
14th July	Canberra U7-U9 only - (University of Canberra, Bruce, ACT)
15th July	Canberra U10-U11 only - (University of Canberra, Bruce, ACT)
16th July	Canberra U12-U13 only - (University of Canberra, Bruce, ACT)

WHAT ARE THE CLINICS

The ActewAGL July Holiday clinics are held each year during school holidays across Canberra and Southern NSW. The clinics run from approximately 9.00am to 3.00pm on the day, and both morning tea and lunch is provided to all participants. For further information and to REGISTER please see the back page or contact our Development department on the below email:
development@brumbies.com.au



DO NOT MISS OUT!

REGISTER NOW

ActewAGL

for you

DETAILS

CHILD'S NAME:	DOB:	/	/
ADDRESS:	SUBURB:	STATE:	
CONTACT PHONE:			
CONTACT EMAIL (PLEASE WRITE CLEARLY):			
PARENT'S NAME:			

VENUE/DATE

Please select the venue/club where your child would like to attend the ActewAGL Holiday Clinics

☐ **CANBERRA U7-U9 - 14th JULY (born 2006, 2007 & 2008)**
University of Canberra Ovals - 9.00am to 3.00pm

☐ **CANBERRA U10-U11 - 15th JULY (born 2004 & 2005)**
University of Canberra Ovals - 9.00am to 3.00pm

☐ **CANBERRA U12-U13 - 16th JULY (born 2002 & 2003)**
University of Canberra Ovals - 9.00am to 3.00pm

☐ **OTHER VENUE in Southern New South Wales**
PLEASE SPECIFY VENUE:

PAYMENT

☐ I wish to pay by cheque (payable to Brumbies) at LPO Box 5039, University of Canberra, Bruce 2617
OR

Please charge my ☐ VISA ☐ MASTERCARD

Card Number

Expiry Date / CCV

CARDHOLDER'S NAME:	
SIGNATURE:	DATE: / /

Please email completed form to development@brumbies.com.au OR fax (02) 6260 8591
Alternatively Post to Brumbies Rugby at LPO Box 5039, University of Canberra, Bruce 2617



Being a parent is the hardest job we'll ever have. All parents at some time experience difficulties and stress.

Parentline ACT

is a confidential, anonymous telephone counselling and information service.

Phone Parentline if you would you like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager's behaviour.

Parentline ACT.

Monday to Friday (except on public holidays), 9am to 5pm.

Phone: 6287 3833

Larissa Dann



PARENT EFFECTIVENESS TRAINING (P.E.T)

Supported by Parentline ACT

Communication skills for peaceful parenting and resilient children (without the use of punishment or reward). Helps develop emotional intelligence, and grow confident, considerate children. Powerful, proven and practical.

Yell less, enjoy your children more. Build relationships that last a lifetime.

<http://www.gordontraining.com/free-parenting-articles/evidence-today-supports-wisdom-yesterday/>

The course consists of three-hour sessions, once per week, for eight weeks. Booking is essential.

\$320 pp for the course (investment includes a workbook and textbook).

Course begins: Monday 27th July, 2015; **Time:** 6.30 pm to 9.45 pm; **Place:** Weston, ACT.

Enjoy P.E.T. with **Larissa**, Canberra's most experienced P.E.T. instructor.

0413 451 607 www.parentskills.com.au info@parentskills.com.au



HOLIDAY ART WORKSHOPS

**Make your own pieces of art and learn new skills.
 Drawing, painting, printmaking and more!
 Suitable for ages 10-18, and all skill levels welcome
 All materials and a snack included**

Dates: Monday 13-Friday 17 July 2015

Time: 10am-1pm

Location: 25 Ida West str, Bonner, ACT

Cost: \$35 per child per workshop, \$165 for all 5 days

**More info & to book contact: Antoinette on 0422 693 546 or
antoinettekarsten@hotmail.com**

Places will be confirmed on receipt of full payment

Banking details: A Karsten BSB: 06 2900 Acc: 1071 9244




Rust&Roses- a creative journey


www.antoinettekarstenart.weebly.com

Community News

Amaroo School does not necessarily endorse the products or services advertised.

Please see more after school services for students and families and other items of interest in our Parents biz Directory through our Amaroo School App through your App Store on your mobile device

<p>'Antoinette Karsten Art', Art classes and holiday workshops Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</p>	<p>Email or call Antoinette for more info. antoinettekarsten@hotmail.com Mob: 0422693546</p>
<p>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10years and under, 7 years and under.</p> 	<p>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on www.academycalisthenics.com.au, with enquiries to info@academycalisthenics.com.au or 62882858</p>
<p>Gungahlin Dance Academy Exceptional dance training for all ages Fully equipped studios in Amaroo</p> <p>Classical Ballet (RAD) Contemporary Jazz Tap Private Tuition</p> 	<p>Performance Team Ballet examinations Annual Performances 2014 USA tour Ages 3 and up For further information and enrolment Details- Web: www.gdance.com.au Email: gdance@bigpond.net.au Phone: 6255 5204</p>
<p>SCOUTS = Adventure + Life Skills Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</p>	<p>Come and try Scouts today and take advantage of our 3 week FREE trial. Visit scoutsact.com.au to find your closest Scout Group or call 1800 SCOUTS</p> 
<p>Do You Love Candles? Do You Love Home Decorating? Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</p>	<p>For more information contact Annette Gleeson Independent Consultant with Partylite on 0418 261 444 or lovecandles.annette@gmail.com www.annette.partylite.com.au</p>
<p>Action Tae Kwon-Do Action Tae Kwon-Do has children only classes so that your children are taught relevant skills in a safe environment. These children classes are for children aged 5 -12 years of age.</p>	<p>After progressing through our children's program the children will have the required skills to join our adults program.</p> <p>Classes at Amaroo School Call Paul for information 0414 898 888</p>

<p>Bollywood Dance Classes for adults & kids by Canberra School of Bollywood Dancing A fun way to keep fit and Active! Free trial class at Amaroo School – Monday 9 Feb Adults & Kids 7 + years - 6.30 to 7.30 pm Venue – Amaroo School dance studio (downstairs)</p>	<p>Special 6 week fee \$65 for a term Please email canberrabollywood@bigpond.com to secure your spot. More details on our website www.canberrabollywood.com.au Find us on Face book – Canberra School of Bollywood</p>
<p>National Tae Kwon-do Our Children's program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</p>	<p>Classes at Amaroo School. All enquiries Phone 0414 898 888 www.nationaltaekwondo.com.au</p>
<p>Wildcats are recruiting for the 2015 ACT season Is your new year's resolution to try something new...What about Gridiron... Whether your 14 or 40, male or female, there's a spot for you on the field... Don't want to play, why not coach or officiate... Don't know the game, we'll teach you...</p>	<p>If you want to be a Wildcat, or would you like to sponsor the Wildcats, then PM us on Facebook or email us at gridiron@gungahlinwildcats.org mailto:gridiron@gungahlinwildcats.org</p>
<p>Butterfly Wicks is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful handcrafted quality candles using biodegradable materials.</p>	<p>For sales and orders please contact: <i>Butterfly Wicks</i> Shane Weise Mobile: 02 6241 9126 www.facebook.com/butterflywicks Butterflywicks@iinet.net.au</p> 



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Amaroo School App
Available
On All Phones

Available on the  

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Venue Maps

Sick Notes
Change of Details
Pop-Up Alerts
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active
SCHOOL APPS

Great for Schools ... Even Better For Parents