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Dear Year 6 parents and carers,

COVID-19 exposure at Amaroo School

I am writing to advise that a confirmed case of COVID-19, attended our school during the time that they may have been infectious to others on:

The exposure date was Tuesday 1 and Wednesday 2 February 2022

The exposure site was in the Year 6 learning area

The exposure time was 9am to 3pm

Students and staff in the Year 6 cohort who attended the school on this date may have been exposed to COVID-19.

ACT Health recommends you do the following:

- Monitor for symptoms. Use a RAT or PCR test if your child develops any symptoms and isolate until they receive a negative result.
- If your child has symptoms and tests negative on a Rapid Antigen Test (RAT), they should stay home and take another RAT in 24 hours or have a PCR test to exclude COVID-19.

Your child can continue to attend school if they **do not** have any COVID-19 symptoms.

There are no testing or quarantine requirements for other people in your household unless your child tests positive to COVID-19.

You should continue to monitor closely for symptoms of COVID-19. If anyone in your home has symptoms of COVID-19, no matter how mild, get them tested immediately at one of the ACT COVID-19 testing sites. Details of testing sites can be found on the COVID-19 website.

For information about COVID-19, quarantine and testing please visit the COVID-19 website. For general information about COVID-19 and schools there are FAQs on the Education Directorate website. If you have further questions, you can also call the ACT COVID Helpline on 6207 7244.

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Thank you for your patience, understanding and support at this time.

Yours sincerely,

Gai Beecher Executive Principal Amaroo School 04/02/2022

COVID-19 SYMPTOMS

People with a confirmed case of COVID-19 have reported a wide range of symptoms, which can range from mild to severe.

About 3 in 4 people who develop COVID-19 will do so in the first 7 days after they are exposed. However, about 1 in 4 people still develop COVID-19 between days 7 and 14.

See below table for symptoms of COVID-19:

Main symptoms

- fever or chills
- cough
- sore throat
- shortness of breath or difficulty breathing
- new loss of smell or taste
- runny or blocked nose

Less common symptoms

- muscle pain
- joint pain
- diarrhoea
- nausea
- headache
- vomiting
- loss of appetite
- fatigue
- unexplained chest pain
- conjunctivitis (eye infection)

Note: Numerous COVID-19 symptoms are also experienced as part of seasonal allergies, such as cough, shortness of breath or difficulty breathing, fatigue, headache, sore throat, congestion or a runny nose.

For further information about symptoms and getting tested, visit the COVID-19 website.