



Amaroo School Newsletter

Week 10, Term 2, 2015
30 June 2015



Education and Training

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Dear Parents and Carers,

First semester is coming rapidly to a close. We hope that all members of our school community enjoy the well-earned break. School commences again on Monday 20 July 2015. We look forward to seeing all students and staff back safe and well. The new term is a great time to ensure good habits like wearing only school uniform to school.

'Have You Got Game'

Last week the SL@M students organised and ran the annual 'Have You Got Game' challenges. The student audience and those who choose to participate in the different events all did themselves very proud. The sportpersonship and good will exhibited by everyone involved is a great credit to our school culture. Special thanks to Ash Brettell for his work in supporting and assisting the SL@M students.

Winter Concert

The Winter Concert last week was a fantastic success. The secondary performing arts students put on an enormous show that demonstrated the depth and quality of their talent across all areas. The number of students who took the stage was outstanding and the students and staff involved deserve great credit. Special thanks to the teachers who organised and ran the event Sarah Hewat, Cashelle Warry, Angela Fattore and Ian Thomson.

NAPLAN Trial

As you are aware, NAPLAN tests are administered to Year 3, 5, 7 and 9 students in May of each year. What you may not be aware of, however, is that a representative national sample of students, taken from these same year levels, is selected on an annual basis to sit NAPLAN Trialling Tests. The aim of this trialling assessment is to determine whether or not trial questions are of sufficient quality to be included in future NAPLAN tests. Our school has been chosen by ACARA to participate in the NAPLAN Trialling Tests. On

Thursday 30 July selected classes across our school will participate in a trial of Reading and Numeracy tests. The trialling will not be used to report student or class results.

Student Achievements

Elise, Kate and Kevin from Ms Hagan's Year 1 class have produced excellent work. They have researched an animal or a bird and written comprehensive reports. They have also learned a range of interesting facts about the topic they investigated. Well done.

Pinkal and Pankti from Ms Sharma's Year 8 maths class have completed some excellent work. Their setting out and working out bookwork is second to none. These two young mathematicians have developed excellent work habits that mean any maths challenge or problem can be solved. It is great to see two students each taking enormous pride in producing quality work.

Megan, Caitlin and Kuir from Ms Micallef's Year 2 class have produced some excellent work. Megan has designed and coloured a mask and Caitlin and Kuir have made beautiful bookmarks. It is great to see these students taking great pride in their work.

Calendar Dates

Weds 1 July 2015	Crazy Head day- Raising funds for Camp Quality-Gold coin donation. Amaroo Angels 9am-12 noon in the Community Room: Parents & Adults most welcome (and their pre school children). Year 9/10:DofE (Duke of Edin) Birrigai.
Thursday 2 July 2015	David the Music Man: Preschool (Mundawari, Dyurra and Kagu) in school. Diamond Terrace-Movies at Dendy Cinemas. Student Defence Group program 6-10, B1 in the Community Room. (changed for this week only) Wakakirri Practice: Thursdays 3:00 – 4:30 in the Gym. Year 9/10:DofE (Duke of Edin) Birrigai.
Friday 3 July 2015	Friday mornings Breakfast Club: 8:15am - 9:00 am Sapphire Terrace Wet Area- all students welcome. Duke of Edinburgh. Whole School Assembly, 9:15am, Gym, All welcome
Monday 20 July 2015	Term 3 starts - First Day Back to School
Tuesday 21 July 2015	K-2 Kenny Koala visits. Student Defence Group program 3-5, B2 in the Community Room. Student Defence Group program, K-2, B1 in the Community Room.

Alastair and Sebastian from Ms Thomas' Year 2 class have produced high quality work on the lifecycle of a butterfly. They have both written amazing explanations and described the full life cycle of butterflies. They have also discovered some very exciting facts about butterflies. Excellent work.

Eden from Mr Jurd's Year 10 class in technology has designed and made a sidecar for a push bike. This project has taken 17 weeks to produce and he is justly proud of his work. Once finished Eden's younger brother will be enjoying a great gift.

Josh from Mr Jurd's Year 9 class in technology has designed and made a can crusher. He has developed an extremely efficient can crusher and the quality of his work is excellent. He even has some ideas for further improvements, so his design skills have been well developed.

On Friday 19 June 2015 the Lions Club of Gungahlin held their 2015 Primary school public speaking competition. Eight competitors from the local Gungahlin primary schools participated in the two sections of competition - Year 5 and under and Year 6. The standard of presentation was high with many entertaining speeches that were well delivered by the eight contestants. Congratulations to Sophie from Year 6 who came second in the Year 6 section.

Rahul from Ms Coleman's year 5 class won his quarter final for Rostrum. He was one of 8 speakers who spoke at Gundaroo School. Congratulations to Rahul and good luck for the next round of the competition.

Tony and Isabel from Ms Brown's Year 10 English class have been working on creating their own biographies and interviews as an assessment. They have both presented excellent examples that they produced for this task. One is Isabel's interview with her father, and the other is Tony's interview with his grandmother. They both captured special aspects of the lives of their subjects.

Class Visits

Students in Ms Thorpe's Kindergarten class are busy learning how to work out which is the bigger number. The students are all great number counters, but sometimes working out which number is bigger can be very tricky. As such this lesson the students took turns in rolling numbers on a dice and used building blocks to build number towers. The higher the number the higher the tower, so telling the difference was way more manageable. The students worked through different levels of number sheets in this activity that meet their learning needs and advanced their understanding. They loved this activity and participated enthusiastically. What a great way to clearly learn which number is bigger. They certainly know what counts in Kindergarten.

Students in Ms Priddle's Year 3 class are busy learning how to write limericks. They started their lesson by finding different words that rhyme and seeing how many they could generate. Next they examined exactly what the requirements of a limerick are and each having to fix a limerick that was not correct. The students clearly enjoy their learning and are keen to fix the limerick they have been challenged to rewrite. Once the students have a clear understanding of limericks and their special requirements they will be writing their own limericks. It will be great to see what these talented young writers present and we may well see some soon in the Newsletter.

Students in Ms Robert's Year 5 class are busy learning about gravity. They have been set the challenge of defining what gravity is and how it works. They are working in groups of three and each member of the team has different tasks. The students have six different learning stations around the room that they use to find the answers to their questions. The students clearly enjoy this lesson and they are very focussed and motivated as they move through their lesson. It was fun to see them dropping different objects and shapes and examining the reasons why somethings fall faster than others. This is certainly an exciting and fun way to learn about science and how our world works.

Students in Mr Saikal's Year 9/10 French class are busy learning about demonstrative and possessive adjectives. The students listened carefully to a description of the difference between the two types of adjectives and gave great examples of what was required in describing an object they own or one they do not own. Once they had the theory down they practised on a range of different examples to cement their understandings and ensure they locked their learning away in their long term memories. It was great to see these young linguists developing their skills and expanding their understandings.

School Board

Board Chair: Trudie Wykes 0420 571 666

Parent Board Reps: Glen Storrar, Sonya Carson

Staff Rep: Felicity Boate and Sara Jayn Middleton

Student reps: Laeken Storey; Savannah Sithideth

P & C

President: Linda Holland

Vice President: Graham Roberts

Secretary:

Treasurer: Helen Harvie

New Phone Numbers

Please be advised that Amaroo School's phone numbers have changed.
The following are the new numbers which can be used to contact the school.

Front Office: 614 21266

Junior Absences: 614 21258

Senior Absences: 614 21269

BYOD Google Apps Guides - ACT Public Schools

For more information on what Google Apps for Education is and how it applies to your child's education, please see the link provided
<http://issuu.com/actedu/stacks/e91612f06b934302be120969838a676c>

Bikes, scooters, skate boards & valuables.

Parents and carers should be aware that bicycles, scooters, skateboards and items of value are brought to school at the personal risk of the owner and that schools decline any responsibility for damage, loss or theft of students' personal property. Whilst we always strive to provide a safe and secure environment we cannot accept responsibility for personal valuable items. Please make sure your child has a good quality chain or bar to secure bicycles, scooters and skateboards when left at school. Students and parents are encouraged to report any suspicious activity to school staff.

Amaroo School App: What's available on the App

Student Absences: The Amaroo School App is available for free from your App store for all mobile devices **and phones**. If your child is absent from school this app may be used to notify the school of your child's absence. This notification will be forwarded to your child's teacher so they may be recorded as absent on the class roll. You will receive notification electronically as a confirmation once you have submitted the form. This note fulfils Directorate requirements with regards to student absences. Please submit the absence form by 9am the morning of your child's absence.

Change of address or contact details: The app can also be used for change of address, phone number and email address. It is important for the school to have up to date contact details at all times. If you are unsure if your details are up to date please ask our administration staff for confirmation.

Newsletter: The newsletter is uploaded to the app weekly.

What's On at Amaroo School: Weekly calendar dates are uploaded under the icon school events; this is a good way to keep up on what is happening in our school.

FlexiSchools-Canteen: Flexischools ordering system is available for your child's canteen order for B1 or B2. Initial registering with flexischools is required for this to be used. This can be done through their website at <https://www.flexischools.com.au/>

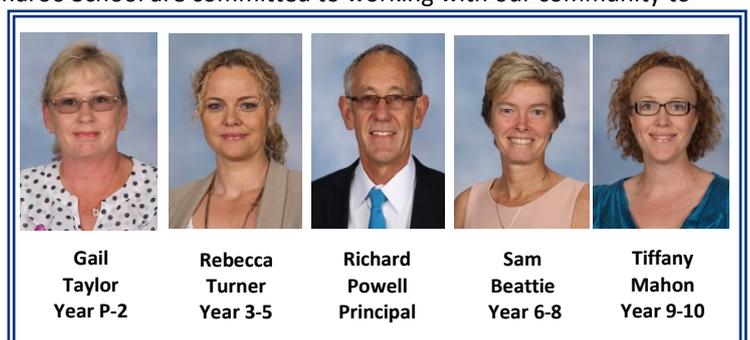
The canteen menu is available also. Note—New canteen menu soon available for Term 3.

Parents Biz (Business) Directory: Please see our Parents Biz directory for after school services and other items of interest for students and families.

As always, please contact the Deputy Principals; Gail Taylor, Rebecca Turner, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School are committed to working with our community to ensure our students have the very best opportunities to learn.



Richard Powell
Principal
Amaroo School



Early Childhood

Preschool

Wow, Week 10! We are already half way through the year, and hasn't it flown by!!

This week we are lucky to have 'David the Music Man' attending the Preschool classes. The children from Winyu, Bural and Bunduluk really enjoyed their visit yesterday and loved learning about the instruments and being able to be involved in the experience.

Last week, the Preschool mid-year report was sent home with your child. We will be discussing aspects of this report at the mid-year interviews scheduled for this week. If you haven't booked an interview, there is no need to worry, they are optional. There is a section on the learning statement to add a comment and share some feedback on your child's learning at preschool, so please take a couple of minutes to do this.

Just a quick reminder that the parent/teacher interviews this week are for 10 minutes. We ask that you please be on time for your scheduled interview, as we have many to get through. Please bring the 'Two Stars and a Wish' interview sheet that was sent home a few weeks ago filled out as this will guide our meetings.

We would like to say a HUGE thank you to our P&C for the great outdoor Mud Kitchen we have set up in the outdoor learning environment. The children absolutely love it, and have had so much fun interacting and cooking in it over the past week!

On behalf of the preschool team, we would like to wish all our families and children a safe and happy holidays. We will see you back for the first week of preschool for the Winyu, Bural and Bunduluk classes on Monday 20 July, and Mundawari, Kagu and Dyurra classes on Thursday 23 July 2014.

Kindergarten

What a busy and productive term this has been! The children really enjoyed our excursion to the Botanic Gardens last Tuesday. We made echidnas using natural materials, used nets to find water creatures and explored the different environments. A huge thank you to all the parent helpers, for giving up their time and joining us on our trip.

We hope you enjoyed perusing through the portfolios and reports and sharing them with other family members. We look forward to discussing your child's progress during our interviews this week.

Crazy Hair Day is on tomorrow. Students can wear a crazy beanie, hat or hairstyle. Please remember to bring your gold coin donation to support Camp Quality.

We hope you have a happy and safe holiday and look forward to your return next term.

Year 1

Year 1 are looking forward to our excursion at the beginning of Term 3. If you have not returned your excursion notes for Stripey the Emu please do so by tomorrow afternoon. If you have any concerns about the excursion or payment please see your child's teacher. Keep up with your reading and spelling homework over the holidays - revise the activities on the spelling grid or review your M100 or M200 words. Put them in a sentence then challenge yourself and write a story that uses all the words from one of the levels. Year 1 have worked extremely hard this Semester so relax and enjoy your well deserved holiday!!

Year 2

During weeks 9 and 10 of this term, year 2 have been engaging in a variety of tasks to improve our reading comprehension including predicting, skimming and scanning a range of texts. We can also write, follow and evaluate procedural texts that tell someone how to make or do something. In number groups, we have been building our repertoire of strategies to solve multiplication problems including making equal groups, and using repeated addition, number lines and the split strategy. We have been collecting, graphing and reporting on data about a range of topics that we find interesting such as our favourite sport. In spelling, we have been learning about how the history of words and common spelling patterns can help us to make generalisations about how to spell similar words.

Thank you to our parents who continue to volunteer their time each week to help change our home readers. Your dedication and commitment has been invaluable in helping all our students become independent readers.

Have a safe and enjoyable break. We look forward to seeing you in term 3!

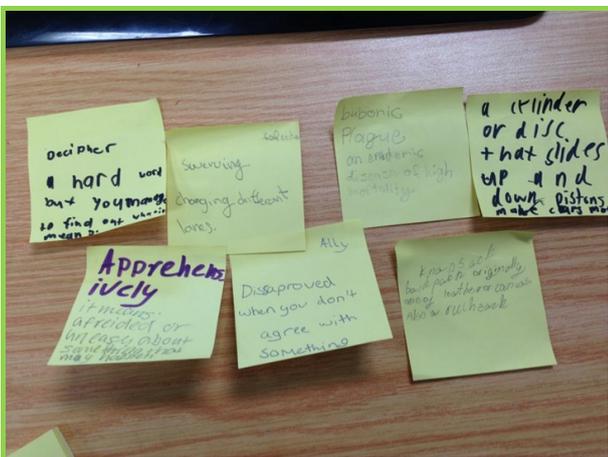
Primary

Year 3

Throughout this term Year 3 has been learning about the Sun, Earth and Moon. This week, all Year 3 students will be applying their knowledge to create a sun dial. They will be tracking the movements of the Earth based on the shadows cast by the Sun. We were disappointed that we needed to post pone our stargazing night but are looking forward to it on Tuesday and Wednesday in Week 1 next term. We wish everyone a safe and fun filled holiday!

Year 4

Year 4 have been busy working on learning some new reading strategies through the Daily 5 program. We have been learning to 'Tune into Interesting Vocabulary'. When we find a new or interesting word that we don't know the meaning of we have been looking up this word and sharing it with our class.

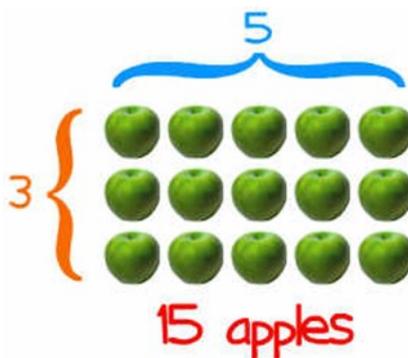


4SDU have found some great words including: decipher, apprehensively, swerving, piston, disapproved, knapsack and even bubonic plague! We are placing these words onto a class chart so that we can use these words in our writing.

Fantastic work Year 4 word detectives.

In 4RPU we are learning about what life was like in the 1700's. We have been shocked at how poor people were and how the convicts were treated. We each got our own convict and we loved acting out scenes of how they got arrested and sentenced.

X	0	1	2	3	4	5	6	7	8	9	10
0	0	0	0	0	0	0	0	0	0	0	0
1	0	1	2	3	4	5	6	7	8	9	10
2	0	2	4	6	8	10	12	14	16	18	20
3	0	3	6	9	12	15	18	21	24	27	30
4	0	4	8	12	16	20	24	28	32	36	40
5	0	5	10	15	20	25	30	35	40	45	50
6	0	6	12	18	24	30	36	42	48	54	60
7	0	7	14	21	28	35	42	49	56	63	70
8	0	8	16	24	32	40	48	56	64	72	80
9	0	9	18	27	36	45	54	63	72	81	90
10	0	10	20	30	40	50	60	70	80	90	100



In Maths, Year 4 has been focusing on multiplication including expanding their vocabulary about multiplication and strategies to solve multiplication problems. Students have been using arrays to multiply and applying key terms about multiplication in discussions in class.

Year 5

5ACJ and 5SCJ have been working on models of the Sun, Earth and Moon as part of our science unit "Explaining the Universe." Students had the task of creating a model that represented the orbit of the Earth around the Sun and the Moon around the Earth.

Students worked collaboratively in small groups to create their designs and develop their models. There were some very interesting models created. Don't forget to regularly view your child's digital portfolio with them, so they may share all of the wonderful tasks they have been completing in class.



Lost and Found

Please come and check the lost property area in the library. We have an extraordinary number of jumpers, drink bottles, lunch boxes, hats etc. even a set of reading glasses and a Ford car key and remote. Any unnamed items will go to charity at the end of term. Good quality unnamed school items will be sent to the 2nd hand uniform collection at the office.

Middle School

It has been wonderful to see the quality work across a range of classes in the Middle School. Over the past week the Deputy Principal has been fortunate enough to observe:

- Year 8 participating in good discussions about the respiratory system
- Year 6 doing some excellent work on angles and producing some amazing Putt Putt golf holes
- Year 7 investigating primary and secondary sources in history

At a recent information evening on BYOD parents asked about touch typing. As it is not explicitly taught in core subjects we would like to suggest that parents might like to download some programs for their children to be able to practise and improve their typing at home. A couple that might be worth checking out are: Typing Tournament, Type Quick, Ultimate typing.

Can we also please request that over the upcoming holidays time is set aside to check wardrobes and ensure that your child has full school uniform for the start of Term 3. Black pants/leggings and jeans are not permitted. Jumpers are to be the Amaroo School jumper. Uniform is not only to show a sense of pride and belonging to the school community but it is also one way we can keep students safe.

We wish everyone a safe, enjoyable and relaxing break and look forward to Term 3.

Senior School

Careers and Work Experience News

Well done to almost all Year 10 students who have registered to the Pathways Planning Website in Week 9. Students were led through the process by Education and Training representatives. Students should be working through some of the modules in the Year 7 – 10 Section to help prepare them for college course selection interviews. Students can share their pathways planning with parents easily as it is all online. Pathways Plans are a continuous, evolving process and should be fluid to reflect students' interests and goals.

Congratulations to all the students who attended the ADFA excursion in Week 4. It was a great day out where we were able to tour the impressive campus, discuss Defence pathways, eat lunch in the officers' mess with the undergraduates, and of course attempt the over water obstacle course! Awesome efforts by everyone who attempted it, especially Jaxon who managed to get all the way around followed closely followed by Henry in Year 10.



Careers Xpo notes have gone out to every student in Year 9 & 10 in Week 7. Students should make sure they secure their place for the excursion by returning their notes and money to the 'Fishbowl' ASAP. Spare notes can be printed from the Careers and WEX google classroom, or hard copies can be picked up from the 'Fishbowl' or senior school staffroom.

Well done to the students who have undertaken work experience in the last month. Placements have included:

Mitch - Bost Civil Engineering

Tanisha - Performance Edge Physiotherapy Niamh C - National Museum of Australia

Callum - Club Lime

Reegan - National Zoo and Aquarium

Ashleigh - Harrison Early Childhood Centre

Heather - Defence RMC

Laeken - SC Plumbing

Reegan has kindly contributed to the newsletter this week, recalling her experiences on a two week placement at the National Zoo and Aquarium:

"I have completed two weeks of work experience at the National Zoo and Aquarium. It was an amazing two weeks and every experience and responsibility was worthwhile. I highly recommend doing work experience there, even if you do not want to necessarily pursue a career involving animals, as it involves lots of other skills. You get to do some pretty amazing things like from walking the dingos around the zoo, to feeding a lion by hand"

As always, if you have any enquiries about the Careers program or would like to host a student from Amaroo School on work experience, please feel free to contact Caroline Knoke or Steve Hardy via the front office Ph 61421266.

Languages

The Languages Team would like to farewell Kassem Saikal who will be transferring schools next term. We have appreciated Kassem's dedication to teaching French at our school and wish him well.

Japanese:

Year 3 Japanese: Year 3 students have finished learning how to say likes and dislikes in Japanese, and they have started learning Classroom Instructions using Simon Says style games. Please watch out! They might try to boss you around in Japanese!

Year 5 Japanese: Year 5 students have completed their portfolio pieces. We have also trialled some online Japanese language learning sites. So students can keep up their Japanese learning during the holidays and next semester at home.

Year 6 Japanese: Students have been working on their portfolio pieces, focusing on writing Japanese characters. We have been playing hiragana games and practicing writing hiragana script.

Year 7 Japanese: Students have continued learning how to talk about where we are from and what our nationality is, and have produced Wanted posters. We have also trialled some new online Japanese script learning sites.

Year 8 Japanese: Students have been practising asking and telling each their hobbies. We are also learning about sports we play. It is a great chance for students' to practice their Japanese pronunciation of the different sports.

Year 9 Japanese: Year 9 students continue to work on their writing projects. It is great to see some very creative minds at work. The variety of projects is amazing.

Year 10 Japanese: Year 10 students are learning about seasons in Japan and how to discuss and describe them in Japanese. We will be moving on to making weather reports.

French:

Year 4 French: Our Year 4 students have expanded their vocabulary in animals in French by exploring the topic of "the zoo". They have covered ways to answer "Comment ca va?" (How are you?). We have also concentrated on defining masculine and feminine nouns by using le/un, la/une and les/des. Year 4 students have also been introduced to fruits in French through songs and written tasks.

Year 5 French: Some year 5 students have been introduced to the vocabulary of fruits, and some are learning the vocabulary for the days of the week, doing the workbook and learning the song for the days of the week. They have revised the topics about body parts, animals and colours as well. Some have also watched a film in French to consolidate their fruit vocabulary.

Year 6: Some students have worked on Language Perfect as well as concentrating on adjectives in French. Other students have completed tasks about daily activities and have worked on their portfolio samples using French expressions they have learnt.

Year 7: Year 7 students have worked on several portfolio pieces regarding what they wear. They are also completing their digital storyboards where they introduce their family and friends with new vocabulary. There has also been an emphasis on conjugation of regular verbs.

Year 8: Some year 8 students have learnt how to conjugate reflexive verbs. Other students are completing their digital storyboards to talk about their daily routines using the reflexive verbs and other verbs they learnt. Some students have worked on vocabulary about clothing as well. Congratulations to Linda K who participated in the *Concours George Vincent* which is run by the Alliance Francaise.

Year 9/10: Also congratulations to Jenny A and Gabby W who participated in the *Concours George Vincent* which is run by the Alliance Francaise. Other students concentrated on "adjectifs demonstratifs". Year 10 students completed tasks outlined in their *Touche 3* workbook. Both Year 9 and 10 students have revised how to use the past tense with the verbs Etre and Avoir as the auxillary part.

Diamond Gallery & Diamond Terrace

Last week in Buddies the students created Aboriginal dot paintings. Please see the picture for all the great work.



PE & Sport

We had some fantastic results from the ACT Cross Country Competition this year. Congratulations to all students who participated and represented Amaroo School. A special congratulation goes to William T who placed first in the 8 year old category, Ebony K who placed third in the 9 year old age category, Samuel T who placed sixth in the 11 year old category and Parris B placed fifth in the 9 year old category. Well done Amaroo!



As part of the Walk and Ride to School program, Year 5 took part in a BMX Clinic. The Clinic provided students with the opportunity to gain better control whilst riding their bikes.



In addition to the BMX clinic, Year 4 have also participated in the Walk and Ride to School program recently and attended a Travel Safely to School presentation here at the school. This presentation is valuable in providing information to students on stranger danger, walking to and from school and self-awareness.

Please find a link to the new Amaroo 12 years and under Sports blog. This blog will be kept up to date with sports and activities for students aged 12 years and under including School Sport teams, results, student achievements etc. Please feel free to share with parents. It will also be advertised on the school website. <http://amarooprimarype.blogspot.com.au/>

In Middle School, students have been participating in Dance, they have learnt many different dancing including the Nutbush, the Continental Drift, Boot Scootin' Boogie, Cha Cha Slide and even had a go at the Chicken Dance and Limbo! Students have really enjoyed these sessions and it is great to see all students actively involved in their lessons. Year 6 were treated with the amazing Ms. Winter who taught them a Bollywood inspired dance!



There are a number of sporting events being offered at the moment. We are in the process of selecting teams for our Amaroo School teams. Please check the noticeboards carefully to check dates for trials and team selections. If you have any questions, please see Ms. Ward.

Trials

Trials will be held at the following times, for the following sports. If you are unable to make the trials – you **must** speak to the organising teacher before the trial date. If there are not enough people to make a team on the day of the trial, the sport will be cancelled.

Year 3/4

Sport	Teacher	Date/Time	Location
Basketball Boys	Ms. Ross	Wed 1 July B2	Gym
Basketball Girls	Miss. Winter	Wed 1 July B2	Gym
Touch Football Boys	Miss. Priddle	Thurs 23 July B2	Oval
Touch Football Girls	Miss. Priddle	Thurs 23 July B2	Oval

Year 5/6

Sport	Teacher	Date/Time	Location
Basketball Boys	Miss. Grant	Wed 1 July B1	Gym
Basketball Girls	Mrs. Reinhart	Wed 1 July B1	Gym
Touch Football Boys	Ms. Watt	Tues 30 June B1 and Thurs 2 July B1	Oval
Touch Football Girls	Ms. Watt	Tues 30 June B1 and Thurs 2 July B1	Oval

Year 7/8

Sport	Teacher	Date/Time	Location
Soccer Boys	Mr. Leach	Mon 20 July B2	Oval
Soccer Girls	Mr. Kalokerinos	Tues 21 July B2	Oval
Netball Girls	Ms. Watt	Wed 1 July B1 and Friday 3 July B1	Netball Courts

Year 9/10

Sport	Teacher	Date/Time	Location
Soccer Boys	Mr. Hardy	See Mr. Hardy	
Soccer Girls	Mr. Wright/Mr. Leach	Wed 22 July B2	Ovals
Netball Girls	Ms. Watt	Wed 1 July B1 and Friday 3 July B1	Netball Courts

Interschool SnowSports

If you love the snow, and can get around a mountain on a pair of skis or a snowboard, then why not join the Amaroo School Team and enter the 2015 Interschools Snowsports Championships. There are a range of different events, suitable for downhill skiers, cross country skiers and snowboarders, being held at Perisher from 29 - 31 July. Students from Kindergarten to Year 10 can compete, and ability levels from intermediate to advanced are encouraged to enter, with the emphasis on fun and participation. If you are interested, and would like to know more, please contact Jon Wilson (jonathan.wilson@hotmail.com, 0481 011 863) by June 30 (Week 10, Term 2).



Canteen

Canteen Menu for Term 3

As you may be aware all school Canteens have 3 years to become compliant to the Healthy Schools Initiative, part of that requires us to remove foods and snacks that do not meet the national standards. The Term 3 menu has removed some of these items, please see the new menu on the next page. Menus are available from the Canteen. We have had to adjust our prices.

Thankyou for your continued patronage as we build and develop a healthier canteen that meets the needs of our students.

Regards Dawn Canteen Manager Amaroo.



WINTER/SPRING 2015

MEAL DEALS \$5.00

Monday

Small Pasta (Bolognaise or Cabonara or Vegetarian), Garlic Roll, Fruit juice

Tuesday (H)

Burger, (Egg & Bacon or Cheese Burger), Popcorn, Fruit juice

Wednesday

Small Lasagne, (Beef or Vegetarian) Garlic Roll, Fruit juice

Thursday

4 x Spring Rolls, Popcorn, Fruit juice

Friday

Sausage Roll, Popcorn, Fruit juice

Drinks

Water 600ml	\$1.00
Fruit Juice 200ml	\$2.00
Plain Milk 300ml	\$2.00
Coconut Water	\$3.00

Flavoured Milk <small>low fat</small>	\$2.50
Iced Coffee <small>low fat</small>	\$2.50
Vanilla Malt <small>low fat</small>	\$2.50
Hot Chocolate	\$3.00

Frozen Treats

Fruit Stick	.50c
Frozen Fruit Cup	\$1.00
Paddle Pop	\$1.50
Slushie	\$2.00
Frozen Yoghurt <small>low fat</small>	\$1.50
Ice Cream Tubs <small>low fat</small>	\$1.50

Snacks

Raisin Toast	\$2.00
Grain Waves	\$1.50
Pretzels	\$1.20
Tomato Sauce	.20c
Jam Donut <small>Oven Baked</small>	\$1.00
Piece of Fruit	\$1.00
Popcorn	\$1.00

Canteen made

Biscuit	.50c
SMALL Muffin	\$1.00
LARGE Muffin	\$2.50
Assorted Slice	\$1.00

Hot Food

Cheese Pizza	.20c
Party Pie	\$1.00
Party Sausage Roll	\$1.00
Meat Pie <small>Halal Available</small>	\$4.00
Potato Pie	\$4.50
Hot Dog	\$4.00
Puppy Dog	\$2.00
Noodles	\$2.00
Apple Pie	\$3.00
Pizza Ham, Cheese, Pineapple	\$3.00
Dinosnacks (5)	\$4.00
GF Chicken Nuggets (4)	\$4.00
Spring Rolls (4)	\$3.00
Sausage Roll	\$3.00
<small>Halal available</small>	

Spinach & Ricotta Roll	\$3.70
Wedges	\$4.00
Ham n Cheese Toasted	\$3.00
Fish n Wedges with Side Salad	\$5.00
Garlic Bread <small>reduced fat</small>	\$1.50
Side of Vegetables	\$2.50
Lasagne Beef or Vegetarian	\$4.00

Hot Burgers & Wraps

Egg & Bacon Burger <small>canteen made</small>	\$4.00
Beef & Cheese Burger <small>canteen made</small>	\$4.50
Super Burger <small>canteen made</small>	\$5.00
Grilled Chicken Burger	\$4.50
Chicken Schnitzel Burger	\$4.50
Chicken Schnitzel Bacon n Cheese	\$5.00
Tandoori Chicken Burger	\$4.50
Beef Burger w side salad <small>canteen made</small>	\$6.50
Vegie Burger	\$4.50
Sweet Chilli Chicken Wrap	\$4.50
Chicken Schnitzel Wrap	\$4.50

Tandoori Wrap	\$4.50
Vegie Wrap	\$4.00
PASTA <small>canteen made sauces</small>	
Large	\$5.00
Small	\$3.50
Bolognaise	
Carbonara without Egg	
Vegetable Tomato	\$4.00

RICE pre order only (Halal) canteen made dishes

Large	\$5.00
Small	\$3.50
Chicken Teriyaki	
Butter Chicken <small>light yoghurt</small>	
Savoury Rice with Egg Roll	

Salads pre order only canteen made

Side Salad	\$2.00
Large	\$4.50
Small	\$3.50
Garden Salad	
Chicken Salad (halal)	
Caesar Salad	
Ham Salad	
Chicken Caesar	

Fruit Salad pre order only canteen made

\$4.00

Dressings & Sauces 20 cents

French, Italian, Caesar, Tartare, Mayo (Gluten free), Sweet Chilli, BBQ, Tomato

Cold Sandwiches, Rolls & Wraps

Bread: Wholegrain, Gluten free	
Wholegrain	Roll extra.50
Cheese <small>reduced fat</small>	\$1.50
Ham & Cheese	\$3.00
Ham Cheese Tomato	\$3.50
Chicken & Lettuce	\$3.00
Cheese & Salad	\$3.50
Chicken & Salad	\$4.50
Salad	\$3.00

Allstars Canteen Manager 62538373

Order online www.flexischools.com.au

Or at the canteen bag 10cents

Write order on bag with childs' name and class and whether B1 or B2

Amaroo School Counsellors

Dear Parents and Students at Amaroo School

Flavoured e-cigarettes being sold alongside lollies aimed at children, Cancer Council warns

By the National Reporting Team's Alison Branley

E-cigarettes with appealing fruity flavours are being sold next to cash registers alongside lollies aimed at children, the Cancer Council has warned.

The health group audited 1,519 retailers in NSW and found that four out of five shops which sold e-cigarettes placed them near the counter next to lollies and chocolates targeting children.

The audit has prompted the Cancer Council to call on the State Government to implement comprehensive laws similar to cigarette controls to crack down on the devices.

Cancer Council NSW tobacco control unit manager Scott Walsberger said the council was worried the use of confectionary and fruit flavours in the liquid nicotine of e-cigarettes was an attempt to lure young people to smoke.

"If adults are using them, then children are looking up to them as role models and want to emulate them, which is also a concern," he said.

During the audit researchers found 5 per cent of NSW retailers registered to sell cigarettes also sold e-cigarettes. While the percentage of shops selling the devices was low, the marketing where the devices were for sale was prominent and involved flavourings. Among the outlets that did sell the e-cigarettes, 82 per cent of retailers sold them at cash register locations.

Mr Walsberger said research suggested Australia was following the US and UK in uptake of e-cigarette sales.

"The marketing is very reminiscent of what we used to see with tobacco smoking," he said. "Through our comprehensive approach to tobacco control, we've changed the social environment and how people look at smoking, and certainly these products have the potential to reverse that." The results of the audit are to be presented at the Cancer Council's Behavioural Research in Cancer Control conference.

E-cigarettes: no tobacco but some nicotine

While e-cigarettes do not contain tobacco, which is a cancer-causing substance, they typically contain potentially toxic and addictive nicotine.

"For smokers, [e-cigarettes] are often promoted as a way to quit, but what we often see is a lot of dual use of both electronic cigarettes and tobacco products," Mr Walseberger said. "From a cancer perspective if you don't quit completely, you don't realise the health benefits of reducing your cancer risk." Health experts said there was still no solid evidence e-cigarettes helped people to quit smoking, and they were concerned that e-cigarettes reinforced smoking behaviour.

The lack of current regulation around e-cigarettes threatens to undo the significant progress that has been made.

"It's a concern if these products are delaying people from quitting," Mr Walseberger said.

The devices have created a legal nightmare for regulators. The federal regulator, the Therapeutic Goods Administration (TGA), said the devices were not approved for use as a product to help people stop smoking, so it did not regulate them. Under state laws, those devices that do not use nicotine and do not make a therapeutic claim can be sold to everyone. There are separate laws regarding nicotine. The NSW Government has yet to pass laws to ban juveniles from buying e-cigarettes. The Cancer Council said there were regulations banning fruit-flavoured and sweet confectionary-flavoured traditional cigarettes, lolly cigarettes and point-of-sale displays.

"The lack of current regulation around e-cigarettes threatens to undo the significant progress that has been made," Mr Walseberger said. He said the devices should be banned under laws that ban cigarette-like toys.

"We feel these products, particularly if they don't contain nicotine, are really no more than a toy," he said.

The Cancer Council wants a suite of laws around e-cigarettes regarding marketing, smoke-free environments and sales to juveniles.

Erin, and Fiona: School Psychologists



Shelter Box fundraiser for Nepal

As many of you know, the recent earthquakes in Nepal have left thousands of people without homes. With the coming monsoonal season there is a concern for the safety and well-being of these people.

One of our staff has family and friends in Nepal who have been affected by the recent earthquakes. Amaroo School is raising funds to purchase shelters for people in Nepal.

Shelter Box Australia is a charity that raises funds to support displaced families by providing disaster tent relief.

The standard **Shelter Box** costs \$1000 (US dollars) and contains a 10 person tent, mosquito nets, water containers, purification tablets, cooking equipment, sleeping equipment and children's activity pack.

Our aim is to raise at least \$1000 to help 10 Nepalese people.

YOU CAN DONATE BY:

- Visiting Amaroo School's Fundraising Page

<https://sna.etapestry.com/fundraiser/ShelterBoxAustralia/ambassador/team.do?participationRef=1286.0.96779420>

Clicking sponsor our team to donate online. You will receive a receipt of your donation for tax purposes from **Shelter Box**.

- Placing money in the **Shelter Box** Jar at the Front Office. No receipts will be issued for this.

A promotional poster for July Tennis Holiday Camps. The background is a warm orange and yellow gradient with a faint image of a tennis court. In the top left corner is the logo for CSOT (Canberra School of Tennis), which consists of the letters C, S, O, and T in colored circles. The main text "JULY TENNIS HOLIDAY CAMPS" is written in a large, bold, black, hand-drawn style font. Below this, the text "Experienced coaches. Flexible times. Lots of fun!" is written in a bold, black, sans-serif font. Further down, the dates for two weeks are listed: "Wk 1 Mon 6th–Fri 10th July" and "Wk 2 Mon 13th–Fri 17th July". Below the dates, the text "BOOK NOW!" is written in a bold, black, sans-serif font. At the bottom, the contact information "M 0432 118 204 E robert@csot.com.au W csot.com.au" is provided. In the bottom right corner, there is a logo for "tennis Australia's Favourite" which features a stylized tennis racket and ball.

High Tea

1 July 2015

Community Room, Library

Wednesday 1 July 2015

All welcome.

Please bring a small plate of food to share.

The Amaroo Angels is an open group
for parents to volunteer and socialise on
Wednesday mornings from 9:00 to 11:00.

Weeks 5 and 10 of each term will be social only.



Expert Panel **Students with Complex Needs and Challenging Behaviour**

Professor Anthony Shaddock | Dr Sue Packer | Mr Alasdair Roy

Does your child need support to manage their behaviour so that they can learn at school?

The Expert Panel has been appointed by the Minister to review policy and practice for supporting and teaching students with complex needs and challenging behaviours in ACT public, independent and Catholic schools.



Public consultation

Students with Complex Needs and Challenging Behaviours
A review of policy and practice in ACT schools

We want to hear from you

The Expert Panel would like to hear from families and students about your experiences at ACT schools.

We are also interested in your suggestions for improving policy and practice in ACT schools for children with complex needs and challenging behaviours.

How to contact us

Written comments can be provided to the Expert Panel by email: expert.panel@act.gov.au

by mail: Expert Panel
GPO Box 730
Canberra ACT 2601

Submissions will be kept confidential but may be quoted without names or identifying information in the Panel's Final Report.

If you would like to speak with the Expert Panel please call us on 0457 631 184.

Submissions are due by 31 July 2015.

Kulturebreak & HYPERDOME
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PRESENTS



FUTURISTIC
COMMUNITY EXPO

JULY 4TH 2015
4 PM & 6:30 PM
ETERNITY CHURCH AUDITORIUM
490 SULWOOD DRIVE KAMBAH

FEATURING
OVER 300
COMMUNITY PERFORMERS

SPECIAL GUEST
STAN WALKER



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PRE-SOLD GEN ADMISSION \$25 AT DOOR ADMISSION \$35
PRE-SOLD FAMILY PASS (4) \$95 AT DOOR FAMILY PASS (4) \$110
FOR TICKETING INFO VISIT WWW.KULTUREBREAK.COM

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A KULTURE BREAK FUNDRAISING EVENT



The Canberra volunteer branch of **Make-A-Wish® Australia**
presents

2015 Winter Wonderland Gala Dinner

Saturday 18th July 2015

Hellenic Club Woden
Cnr Matilda Street and Callam Street Woden ACT
6.45pm for a 7.00pm start
\$135 per person (tables of 8 & 10 available)

Dress: Formal

Please help us celebrate 30 years of raising funds for children with life-threatening medical conditions. Tickets include a three-course meal, one bottle of red and white wine per table, auctions, lucky door prizes, raffles and live entertainment.

To make a booking, please go to: <https://www.stickytickets.com.au/25655>

Event Number: 22207
MAKE-A-WISH
Australia

Is English your second or third language?

Would you like to improve your English grammar, speaking, writing or pronunciation skills?

You might be working full time, but need more English language skills to progress your career.

CIT's day and evening options at CIT Gungahlin and CIT Reid work for families with busy lifestyles.

We have basic or more advanced nationally recognised English language certificate courses designed to give you the skills for employment or further study.

Enrolment Sessions:

ESL Classes at CIT Reid:

- Day classes: English certificate 3 and 4 level FT/PT, **Tuesday 21 July**, 2015 2-5:30pm, Room H102, H Block, CIT Reid
- Evening classes: English certificate 2, 3 and 4 level FT/PT, **Thursday 23 July**, 2015 4-6pm, Room H102, H Block, CIT Reid.

ESL Classes at CIT Gungahlin:

- Day classes: English spoken and written, certificates 1 and 2 level PT, **Wednesday 22 July**, 2015 10am-12pm, CIT Gungahlin.

Classes start:

- **Monday 27 July**, 2015 day classes, CIT Gungahlin
- **Tuesday 28 July**, 2015 day classes, CIT Reid
- **Thursday 30 July**, 2015 evening classes, CIT Reid

For more information please contact (02) 6207 4846.

Please note: All classes run subject to enrolments. Class days/times may be subject to change.

CRICOS No. 00001K – June 2015 – RTO Code 0101

Canberra CareersXpo 2015
Wednesday 29 and Thursday 30 July
EPIC

Exhibitors

There will be more than 80 exhibitors including universities, TAFEs, employer groups, registered training organisations, apprenticeship centres, private providers, and government agencies.

Indigenous Employment Exhibition

The inaugural Exhibition will provide information about the career and education opportunities for Aboriginal and Torres Strait Islander people living in the ACT.

Small Business and Entrepreneurs Hub

The Hub will run from 5.00pm to 7.00pm on Wednesday 29 July in the Freycinet Room. Guest presenters include Louise Curtis, the founder and CEO of Lollypotz, and Chris Hansen, creator and Managing Director of Likeajob.com.au.

WorldSkills Australia's Try'aSkill

Try'aSkill will feature hairdressing and beauty therapy, fitness, surveying and mapping, automotive, horticulture, forensics, baking, bookkeeping, first aid, aged care, business technology services and hospitality.

Planning Future Pathways Expo

The Expo, for students with disability will be held on Wednesday from 9.30am to 2.30pm and 4.30pm to 7.00pm.

For more information please visit www.canberrarcareersmarket.com.au



*Being a parent is the hardest job we'll ever have.
All parents at some time experience
difficulties and stress.*

Parentline ACT is a confidential, anonymous telephone counselling and information service.

Phone Parentline if you would you like:

To talk with someone about those parenting issues.

Help with some ideas on raising children.

Support in the important job you are doing.

To know what is available for parents, teenagers and children.

To build better relationships in your family.

Help to understand your child or teenager's behaviour.

Parentline ACT.

Monday to Friday (except on public holidays),

9am to 5pm.

Phone: 6287 3833

WAREHOUSE CIRCUS
holiday program

Juggling • Acrobatics • Stilt Walking • Hula Hoop
Plate Spinning • Staff • Poi • Trick Sticks • Diabolo
Trapeze • Lyra • Tissu • Chinese Pole • Unicycle
Mini Tramp • Adagio • German Wheel

For students 5-7 years and 8-14 years who want to learn new circus skills or upskill in a fun active program!

Week 1: Mon 6th - Fri 10th July 8+yrs (Chifley & Kaleen) \$330
Week 2: Mon 13th - Fri 17th July 8+yrs (Chifley & Kaleen) \$330
NEW Mon13th - Fri 17th July (5 - 7yrs) (Kaleen) \$175

Warehouse Circus Chifley • Chifley Health and Wellbeing Hub
4/70 Maclaurin Cres, Chifley ACT
Warehouse Circus Kaleen • University of Canberra High School Kaleen
104 Baldwin Drive, Kaleen ACT

Enrol Now!
Email: programs@warehousecircus.org.au
Phone: (02) 6260 3626
www.warehousecircus.org.au

ACT GOVERNMENT
UNIVERSITY OF CANBERRA
KALEEN

Community News

Amaroo School does not necessarily endorse the products or services advertised.

Please see more after school services for students and families and other items of interest in our Parents biz Directory through our Amaroo School App through your App Store on your mobile device

<p>'Antoinette Karsten Art', Art classes and holiday workshops Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</p>	<p>Email or call Antoinette for more info. antoinettekarsten@hotmail.com Mob: 0422693546</p>
<p>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10years and under, 7 years and under.</p>	<p>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on www.academycalisthenics.com.au, with enquiries to info@academycalisthenics.com.au or 62882858</p>
<p style="text-align: center;">Gungahlin Dance Academy Exceptional dance training for all ages Fully equipped studios in Amaroo</p> <p>Classical Ballet (RAD) Contemporary Jazz Tap Private Tuition</p>	<p>Performance Team Ballet examinations Annual Performances 2014 USA tour Ages 3 and up For further information and enrolment Details- Web: www.gdance.com.au Email: gdance@bigpond.net.au Phone: 6255 5204</p>
<p>SCOUTS = Adventure + Life Skills Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</p>	<p>Come and try Scouts today and take advantage of our 3 week FREE trial. Visit scoutsact.com.au to find your closest Scout Group or call 1800 SCOUTS</p>
<p>Bollybody Yoga Classes Are you looking for building up your bonding with your children, giving your children a lifelong technique of developing discipline, responsibility, self-health, relaxation, self-esteem, stress management, calmness, concentration and assisting them to excel in whatever they are doing? Testimonials can be seen on website: www.bollybody.com.au</p>	<p>Come and experience the free first yoga class with your children on Saturday 7 February 2015 at Amaroo High School (Katherine Ave, School Library right side room) between 10:20 am to 11:30 am. More details Contact Nancy Williams on 0432 683 699 or mailto:bollybody@gmail.com</p>
<p style="text-align: center;">Do You Love Candles? Do You Love Home Decorating? Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</p>	<p>For more information contact Annette Gleeson Independent Consultant with Partylite on 0418 261 444 or lovecandles.annette@gmail.com www.annettepartylite.com.au</p>

<p>Action Tae Kwon-Do Action Tae Kwon-Do has children only classes so that your children are taught relevant skills in a safe environment. These children classes are for children aged 5 -12 years of age.</p>	<p>After progressing through our children's program the children will have the required skills to join our adults program.</p> <p>Classes at Amaroo School Call Paul for information 0414 898 888</p>
<p>Bollywood Dance Classes for adults & kids by Canberra School of Bollywood Dancing A fun way to keep fit and Active! Free trial class at Amaroo School – Monday 9 Feb Adults & Kids 7 + years - 6.30 to 7.30 pm Venue – Amaroo School dance studio (downstairs)</p>	<p>Special 6 week fee \$65 for a term Please email canberrabollywood@bigpond.com to secure your spot. More details on our website www.canberrabollywood.com.au Find us on Face book – Canberra School of Bollywood</p>
<p>National Tae Kwon-do Our Children's program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</p>	<p>Classes at Amaroo School. All enquiries Phone 0414 898 888 www.nationaltaekwondo.com.au</p>
<p>Communities @Work family day care educator of 8 years has one spot available Tuesday and Wednesday.</p>	<p>For more information please ph Monique King 0451682303</p>
<p>Butterfly Wicks is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</p>	<p>For sales and orders please contact: <i>Butterfly Wicks</i> <i>Shane Weise</i> Mobile: 02 6241 9126 www.facebook.com/butterflywicks Butterflywicks@inet.net.au</p> 
<p>Netball ACT - Morning Ladies Competition NOMINATIONS OPEN: TEAMS & INDIVIDUAL PLAYERS Commencing- Round 1 – 20 July, no games during school holidays – last round week beginning Monday 7 Dec 2015 Where -ACT Netball Centre, Northbourne Avenue, Lyneham When- Monday or Wednesday Times-9.30am & 10.20am</p>	<p>Cost- Game Fee each Week - \$58 Team Registration - \$85 (for 10 players) (Additional players can be registered at any time at a cost of \$10 per player)</p> <p>If you are interested or you would like more information- contact: competitions@netballact.com.au</p>



Get The Amaroo School App Available On All Phones

Available on the Google play and Available on the App Store

Search for Amaroo in your favourite app store

FREE

What Can You Do With It?

- Newsletters
- Events Dates
- Notes Due
- Venue Maps
- Sick Notes
- Change of Details
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active SCHOOL APPS

Great for Schools ... Even Better For Parents



NSR AUSTRALIA **kanga cup 25 YEARS**
CBR, Australia | Kangacup.com

Calling ALL VOLUNTEERS!

Want to be part of Australia's largest Youth Football Tournament?

The 2015 Kanga Cup will be the 25th Edition, and the largest yet!

Held from Sun 5 July- Fri 10 July 2015

There's a wide variety of roles available:
Venue Manager; Venue Assistant; Referee Co-Ordinator;
Media Assistant; Results Manager

We need your help to make sure this football festival is a success!

In 2015 all volunteers will receive:

- Event Uniform
- Meals during the week
- Access to various social events
- Valuable experience in running one of CBR's largest events
- Event Certificate

Click **HERE** to register your interest

NSR AUSTRALIA CBR VISIT TSA Vivid CAPITAL NSR AUSTRALIA kanga cup 25 YEARS