



# Amaroo School Newsletter

Week 6, Term 1, 2015  
10 March 2015



Education and Training

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Dear Parents and Carers,

The implementation of our Information and Communications Technology (ICT) Plan is going well. Years nine and ten students started our Bring Your Own Device (BYOD) program at the beginning of this year and some other classes in years five and eight will join the trial in semester two. Whilst there has been some minor teething problems with the introduction of this initiative there have been lots and lots of successes. The students are particularly pleased with our upgraded connectivity where they can now log on with their chrome books in less than a minute. Teachers also have found the use of this wonderful tool a real asset to their learning practice. It will be great to see what a difference these changes make to the learning outcomes of our students. Amaroo School would like to thank and acknowledge the contributions of parents and carers who have been able to support our ICT Plan and provide a device for BYOD.

## Calendar Dates

<b>Wednesday</b> <b>11 March 2015</b>	
<b>Thursday</b> <b>12 March 2015</b>	Diamond Terrace & Gallery-Gungahlin Market Place and Library. Kenny Koala visiting the Preschool classes Northside Girls Basketball Wakakirri Practice: Thursdays 3:00 – 4:30 in the Gym
<b>Friday</b> <b>13 March 2015</b>	Photo catch up day-For student who were absent on the day and 2 x Year 6 classes. (details in Principal items).
<b>Monday</b> <b>16 March 2015</b>	Swimming-Primary - North Gungahlin (AIS)
<b>Tuesday</b> <b>17 March 2015</b>	Clyde/Rauter Shield Years 7/8 & 9/10 Finals.

### School Photo catch up day, Friday 13 March 2015

For students absent on the day of their school photos we will be having a catch up photo day which will be on Friday 13 March from 1pm in the Community Room. 6TWA and 6VBA were not photographed on photo day they will be photographed also on this day. Teachers will be receiving a list from photographers of students who need to be photographed.

### Student Achievements

Jennifer from Ms Thomas' Year 2 class has done some great work in investigations. She has investigated all about adjectives and used them in a terrific story. Excellent work.

Aishvarya and Trent from Mr Clarke's Year 5 class have completed excellent optical illusion line drawings. Learning from the work of Bridget Riley they reproduced their own versions of line drawings that have lots of repetition. It is great to see these young artists developing their skills.

Isabelle and Alison from Ms Neideck's Year 2 class have produced some great work. They have completed a sheet demonstrating their understanding of primary and secondary colours. Great work girls.

Kindle from MS Vizadis' Year 1 class has produced some high quality writing. She has retold about her experiences at recess and included more sentences than she had ever written before. It is great to see this young learner developing so quickly.

### Class visits

In Ms Winter's Year 5 class students are working hard in their maths groups. The students are learning about rounding numbers and making appropriate roundings according to their problem. The students went on a virtual shopping spree to Coles and had a great time selecting items and rounding prices. They also rounded a range of different numbers for different purposes. It was terrific to see the students making great use of their individual whiteboards to answer and share responses to a range of questions. They also

worked well in pairs and groups and used technology to aid and assist their learning. It was great to see students developing their understanding of this concept and applying it to lots and lots of different real life situations. A fun but very real learning experience.

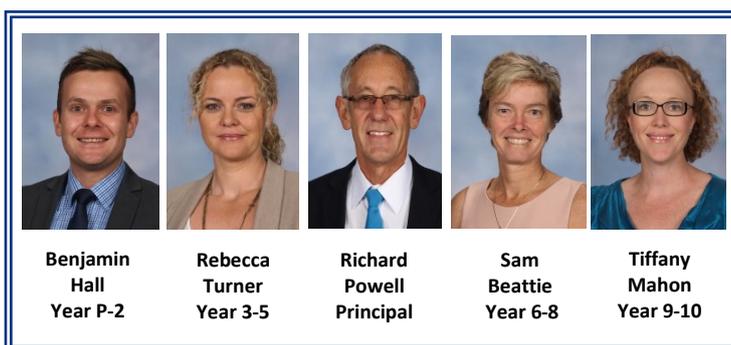


As always, please contact the Deputy Principals; Ben Hall, Rebecca Turner, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School is committed to working with our community to ensure our students have the very best opportunities to learn.

Richard Powell

Principal

Amaroo School



## NAPLAN

All students in Years 3, 5, 7, and 9 are expected to participate in NAPLAN tests. NAPLAN tests give you information on how your child is progressing against national standards. This information allows for additional intervention if necessary to ensure your child progresses at a rate where they can fully participate in all aspects of the curriculum. NAPLAN does not replace, but rather complements, assessments run by your child's classroom teacher throughout the year.

### Adjustments

Adjustments can be provided for students with disability to enable them to access the tests on an equivalent basis as students without disability, and should be discussed with the school prior to the tests. ACARA has developed example scenarios to provide greater understanding of the appropriate adjustments for students with disability on the website below.

### Exemptions

Some students with significant intellectual disability and/or those with significant co-existing conditions which severely limit their capacity to participate in the tests may be exempted from sitting the tests. Some students who have been attending school in Australia for less than a year before the tests may also be eligible for exemption. Families will be notified in writing soon if a student is exempt. You will at this point have the opportunity to opt your child in for NAPLAN tests.

### Withdrawal

Parents or carers may withdraw their child from the tests to address issues such as religious beliefs and philosophical objections to testing. It is recommended that withdrawal be considered in consultation with your child's school. **Please make contact with your child's teacher if you would like to discuss withdrawing them from NAPLAN. An application must be submitted prior to testing.**

### Absence

Wherever possible, the school will organise for individual students who are absent at the time of testing to complete missed tests at another time during testing week.

Further information can be found at: [www.nap.edu.au](http://www.nap.edu.au)

# Early Childhood

## Preschool

Welcome to Week 6!! We are already through the first half of Term One! We don't know about you, but we think the term is zooming by!!

Thank you to those parents who have returned the permission slip and money for our school incursion of 'The Reptile Man'. The children are getting very excited about this, with some classes already exploring reptiles within their classrooms. There will be more of this happening as this incursion approaches. Please be aware that if notes are not returned by the due date specified on the permission note, children will be unable to attend.

We were lucky to have Constable Kenny Koala visit the Bural, Winyu and Bundaluk classes today to talk to us about staying ok on the road. Mundawari, Kagu and Dyurra will also have a visit this week on Thursday. We are so lucky in Canberra to have Constable Kenny Koala come into Preschool to discuss important topics with the children. Kenny Koala also has short videos on their website for those of you who are interested. <http://www.constablekenny.org.au/>

Harmony Day celebrates Australia's cultural diversity. It's about Inclusiveness, respect and a sense of belonging for everyone. This year, Harmony Day falls on Saturday 21st March and to celebrate the cultural diversity within our Preschool, we ask that the children wear orange on either Friday 20<sup>th</sup> March (end of the week group) or Monday 23<sup>rd</sup> March (beginning of the week group). This could be an orange skirt, dress, t-shirt, socks, or ribbons.

## Kindergarten

We are half way through our first term of Kindergarten and are starting to become familiar with everyday routines and how 'big' school runs.

At the end of Week 4 we finished our Performance Indicators in Primary Schools (PIPS) assessments. Each teacher has received valuable information regarding what their students already know. You can expect to receive feedback from this assessment towards the end of the term.

We really enjoyed having our photos taken last week and cannot wait to show you all. Our teachers thought we looked so smart in our school uniforms and admired our fabulous hairstyles!

We enjoyed participating in the Questacon Science Fair and learnt a lot about bubbles, balance, collisions and chemistry. We are looking forward to visiting the Farmyard Nursery and seeing some cows, ponies, alpacas and hens. We'll even get to feed some sheep and nurse some baby rabbits and guinea pigs. We'll be sure to take more photos to show you!

Thank you for your continual support of our home learning program. The Jolly Phonics program provides children with the foundational skills necessary for our reading and writing later on. Please continue to revise the Magic 100 (M100) words with your child as we have begun to assess children's progress in learning these high frequency words.

To help us redistribute lost property when we find it, please ensure your child's name is on all their belongings. If you are unable to find what you're looking for around your child's classroom or terrace please check the lost property areas in either the Ruby/Topaz wet area or in the library.

## Year 1

We are now just over half way through Term 1, and what an exciting start it has been! We are getting really good at writing recounts focusing on using time words to order our events. We are so great at naming 2D shapes and finding their sides and corners that we will soon be moving onto length during Mathematics. Our teachers are really proud of the home learning they are seeing every Monday when we return our books and boy, do we get excited for Spelling on Wednesday when we get our new words for the week.

Some of us are forgetting our library bags though, which is a shame because we can borrow 2 books every week if we remember them! The Year 1 students love going to the library to see all the amazing books that are available to borrow. We will also need to remember to bring in our excursion notes back on time when we get them because we don't want to miss out on these amazing opportunities! Remember, if the note isn't back in time your child won't be able to go and experience and participate in all the fun!

## CHRISTIAN EDUCATION INFORMATION ON PAGE 11

## Year 2

Thank you to all the parents that attended our assembly. It was a fantastic success and we enjoyed sharing our narrative retell 'Bilby Moon'.

It has been a great week with lots of fantastic learning being undertaken. This week in spelling we are focusing on the 'd' sound as in duck and in literacy we are learning how to write 'super sweet sentences' to make our writing even better, with a focus on verbs, adverbs and adjectives. In number groups we are starting to learn a variety of addition strategies including number lines and counting on.

A big thank you to all the parents who are offering to help with home readers; Reading is of great importance and the children really enjoy reading with the parent helpers. If you have any free time and would be interested in volunteering please let your child's teacher know, we would really appreciate your help.

As always please remember to ensure your child is sun safe and are bringing their hats to school.

# Primary

## Spotlight on year 3

This fortnight in 3ADO we have been busy exploring different units of measurement for length. Students have been measuring objects using centimetres and then converting their measurements into millimetres.

Primary are looking for parents or carers to assist with swapping of home readers of a morning. If you are able to help out please see your child's teacher.

This fortnight in 3AGO the students have been learning about Chinese New Year as part of our Celebrations & Commemorations unit in History.



## Spotlight on Year 4

Students in Year 4 have been to a very entertaining and engaging theatre production of the 26 Storey Treehouse by Andy Griffiths and Terry Denton. The production was very funny and incorporated the main events in the novel. There was much laughter with the well-acted production that included a variety of dramatic techniques. It was great to see a giant fish called 'Gorgonzola' eating Pirate Wooden Head! (Pictured right).



Continued next page



Students in 4SDU, 4TRU and 4FBU have been learning about how Indigenous Australians shared their stories through art. The children have been given the opportunity to create their own symbols using oil pastels to tell a part of their own life story. The students have then used paint to create dots in a similar style to traditional Indigenous art. They look amazing and will be on display soon in Unakite. Feel free to pop in to see your child's finished artwork.

## Spotlight on Year 5

### 5ACJ & 5CWJ

Over the last fortnight students in 5ACJ & 5CWJ have been participating in the Little Athletics LAPS program. Through this program the students have been building their track and field skills and techniques. They have learnt about explosive starts for running, agility and shot put. The students are really enjoying this program and are very excited about using these skills at the upcoming athletics carnival.



Students in 5ACJ practising high knees.



Shot put technique.

## Middle School

### Year 7

In English, students are continuing to learn about argument and persuasion. A focus has been on how to structure an argument and how to structure a paragraph. They have also been examining persuasive language.

Students have received their Geography assignments. This assignment requires them to use a range of geography skills to compare the liveability of Hibberson St Gungahlin with their home street. They will also make recommendations to improve the liveability of both streets. This assignment is due during week 8.

In Science, students have begun learning about mixtures and compounds and the various techniques to separate them. Students have been enjoying their time in the science labs where they get to put their learning into practice.

In Maths, students are learning about fractions and real life applications of fractions. This builds on concepts covered in Year 6. An example of a real life application is dividing ingredients for a pizza.

## Year 8

In Maths students have completed their first test on indices and integers and have started a new unit on fractions, decimals and percentages. Students are encouraged to practise fractions, decimals and percentages on Mathletics or when shopping or cooking at home.

In Science students are commencing their first in class investigation focussing on scientific method.

In English students are writing a short biography of someone in their class in preparation for their English assessment where they will research and write about a significant person.

In History students are learning about the Bayeux Tapestry and the significance of this medieval manuscript to our understanding of the Battle of Hastings. Students will also select their own primary source from the medieval era and research what this source reveals about life in Medieval Europe.

## Grip Leadership Conference

On Monday 2 March, nine students from our senior leadership group (SRC and House Captains team) attended the GRIP Leadership Conference at the AIS. They met students from around Australia and learnt about how to lead other students. It was a great learning experience and the students are looking forward to implementing some of their new leadership ideas at school this year.

Chathura, Josh, Theresa, Tristian Olivia, Jess, Sarah, Adam, Shenal



## Languages

**Language Perfect Years 6-10:** We are still waiting for some payments for this year's subscription. All students have been provided access to Language Perfect and are actively using this resource in class. Your child's subscription for this year costs \$30.00 and includes entry into all competitions and events. Please return the note with payment to the Fish Bowl ASAP. The **IPOD shuffle will be drawn in Week 10** for students who have paid.

**Japanese Teaching Assistant Host family needed!** We are looking for a host family for a Japanese assistant teacher from Japan. He will be staying for two and a half weeks early in Term 2 and helping in our Japanese classes. This is a great opportunity for you and your children to practice their Japanese at home and get some great insights into Japan. Please contact Mrs Middleton if you are interested. Her email is: [kiraly.middleton@ed.act.edu.au](mailto:kiraly.middleton@ed.act.edu.au)

### Japanese

#### Year 3 Japanese

Year 3 students have totally mastered greetings through a song, have learnt how to count up to 10 with actions, and now started learning how to count up to 100 in Japanese. They are also learning kanji numbers. Please ask your child what they are.

#### Year 5 Japanese

Students have finished learning about food and now they are learning classroom items. They are also learning a few essential phrases for shopping to start preparing for the speaking task, shopping role play, at the end of this term.

#### Year 6 Japanese

Year 6 students have finished their first unit of work in the Hai workbook. Some students still need to buy this from Chalk Education in Phillip (*Hai 1 Workbook (Nice to meet you) ISBN 978-1-876209-85-8*). We are now working on self-introductions. See if your child can introduce themselves in Japanese. Students are very keen to use Language Perfect and can practise their hiragana by using the program at home.

### **Year 7 Japanese**

Year 7 have been continuing to learn their hiragana and classroom language. They will shortly begin to write and practise their skills for a speaking assessment task. If your child needs some extra reading help get them to practice on Language Perfect at home.

### **Year 8 Japanese**

Year 8 have been focussing on discussing their eating habits for different meals. They are now learning to read and write a lot of the foreign foods using katakana. Ask your child to tell you what they eat for breakfast lunch and dinner in Japanese.

### **Year 9 Japanese**

Year 9 have been learning language for suggesting activities and either agreeing or rejecting these suggestions. They have also learnt some adjectives to explain their feelings. Test them on how to say: *boring, interesting, fun, delicious, awful, expensive and cheap*

### **Year 10 Japanese**

Year 10 are completing their speaking task on their bedroom, explaining where things are. We are going on to learn more adjectives to describe our homes.

## **French**

### **Year 4 and Year 5 French**

Students sang the French alphabet song in Primary Assembly, as part of *Semaine de la Francophonie* (French Week) celebrations.

### **Year 6 French**

Students have received their assignment for First Term. They are working on the French festivals assignment by creating a poster telling the story of a French festival. Assignments are due in Week 8.

### **Year 7 French**

Students have received their assignment on French cities. They are to create a brochure about their chosen city. Assignments are due in Week 8.

### **Year 8 French**

Students have received their assignment. They are to complete the French chateaux assignment by producing a creative response around a chosen chateau. Assignments are due in Week 8.

### **Year 9/10 French**

In March, Year 9 and 10 students are competing in the Alliance Francaise 'Semaine de la Francophonie' language competition. They will produce creative responses around a selection of French language concepts. We wish them "Bonne Chance!"

## **Sport & PE**

What a great start to the year we have had in sport. Students are enthusiastic and energised about their PE lessons and are pushing themselves to do their best. A reminder from your PE teachers to please come prepared for practical classes, with correct footwear- enclosed, lace up sneakers ; a hat, water bottle and change of shirt if necessary.

There are a number of sporting events being offered at the moment. If you are interested in any of these sports or trials, please see Mrs Bryant if you are in Primary School or Miss Watt if you are in Middle or Senior School.

Boys 12Y & Under **Softball – North Gungahlin Regional Trials:** 5 March & 10 March

Girls 12Y & Under **Softball – North Gungahlin Regional Trials:** 5 March & 10 March

Girls 12Y & Under **Cricket – North Gungahlin Regional Trials:** 5 March & 10 March

We are in the process of selecting Basketball teams for our Grades 7-10 Northside Basketball Competition. If you would like to nominate yourself for these trials, please sign up on the notice board in the Gym.

The SSACT Golf Championships are being held on 16 March, if you are interested in entering this competition, please see Miss Watt in the PE staffroom.

Congratulations to the students who have been selected to represent North Gungahlin in Boys Cricket. Good luck to all our swimmers competing at in the North Gungahlin Swimming Championship on March 16 and March 23.

The 2015 Sports Expo is set to be even bigger than last year, with more sports involved in 2015 the Hockey ACT Sports Expo is the place to get all your sporting action during the April School Holidays. The Sports Expo is run as a 2 day clinic (15th & 16th April) with participates (aged 6-16 years old) experiencing all 6 sports over both days. Quality coaches from each sporting code will be there to give participants the knowledge and guidance as they learn and development through each sport. Please see Ms. Ward for further information.

## Amaroo School Angels

If you're interested in volunteering for the school and meeting new people, you may like to try out Amaroo Angels. This is a weekly event run by the pastoral care team every Wednesday between 9am and 12pm in the Community Room of the library. We help teachers create resources such as cutting out and laminating class sets of flashcards, all while enjoying adult conversation over provided snacks and beverages. Parents, carers and community members with their young children are all welcome to sign in at the front office as a visitor and then make their way to the library. Weeks 5 and 10 of each term are exclusively social sessions. Last Wednesday was this year's first social event – High Tea! All who attended brought in a small plate to share and we had a fabulous time getting to know each other through Human Bingo and taking the opportunity to mingle. We are already brainstorming ideas for our next social event in week 10. How does ten pin bowling sound? Come along, meet some terrific people, help out the school and have some fun!





## Canberra - 15<sup>th</sup> February 2015 - Our awesome Amaroo Team

Congratulations to:

Armin A, Ajay A, Ellie A, Griffin B, Jaimee B, Ossian B, Indira B, Emma B, Mark B, Nicole B, Harrison C, Bailey C, Ethan C, Jaidan D, Ella R, Paige F, Reshael F, Samiya F, Matthew G, Charlotte G, Keely H, Shaun H, Trent H, Anabelle J, Ebony K, Leila K, Ciana M, Jared M, Harry M, Hayley M, Hannah M, Katelyn M, Lachlan M, Lucy M, Caley M, Callum M, Kirsten M, Isabelle M, Toby P, Ashleigh R, Breanna R, Molly R, Matt R, Stephanie R, Kieran S, Ella S, Isas S, Theresa W, Alexandra W, Zachary W, Darcy W, Mirabel W, Sabina W, Gabby W and Michael W.



# Library

## BOOK CLUB

Issue 2 Book Club pamphlets have been sent home. Orders and payment are due back at school by Wednesday 18<sup>th</sup> March 2015.

**PAYMENT DETAILS:** Orders can be paid by cash, credit card or cheque. All cheques should be made payable to Scholastic Australia; Credit Card orders can be made by phone (1800 557 908) or online ([www.scholastic.com.au/payment](http://www.scholastic.com.au/payment)). Please keep a copy of your receipt number. Orders should be placed in an envelope marked with your child's name, class and the amount enclosed.

If you have any questions please ring Michele in the library on 6205 2172.

Book Club Co-ordinator

## School Psychologists News

### 3 Habits That Lead To Depression

Anyone who has ever experienced depression truly understands its devastating effects. For some people, depression is a debilitating illness. It robs a person of their energy, concentration and pleasure. People who are in a state of depression cannot find enjoyment in whatever they do. In some severe cases, people are known to lose their will to live. It is important for you to remember that depression is a serious medical condition that deserves professional treatment. A licensed therapist or doctor can provide you with tools you need to see your way through depression.

Depression is caused by a number of things, some of which are physical while others are psychological. The following are some of the habits that lead to depression:

1. **Lack of Exercise:** It may sound peculiar, but exercise is highly important for both your physical and mental well-being. Being inactive can lead to depression. Staying in the house the entire day and not engaging in any physical activities causes people to become lazy or eat too much. Being lazy and oversized is a sure way of getting yourself into a state of depression. It not only reduces your physical mobility but also your self-esteem. In addition, whenever you feel depressed, exercise is usually the last thing on your mind. You prefer to sit and sob than move around. However, it is important for you to remember that exercise makes a monumental difference if you happen to be suffering from depression. The habit of staying in bed or remaining planted on the sofa is absolutely a terrible idea. Our brains produce things known as feel-good chemicals such as serotonin and dopamine. Exercising for even 40 minutes a day helps your brain to produce more of these chemicals, which keeps you active and in high spirits.

2. **Improper Diet:** Again, eating healthy is not just good for your body but also your mind. Foods that contain omega-3 fats are referred to as brain foods because they are highly essential for healthy brain tissue. Our bodies cannot manufacture these fats on their own so we have to get them from the foods we eat. When you do not eat foods with enough amounts of omega-3 fats, you leave your brain vulnerable to the onset of depression. Foods such as wild game, coldwater fish and seafood are the best sources of such fats. In addition, there is also the option of supplements. They may not always taste very nice, but they will keep your brain healthy and prevent the onset of depression. You should always remember that bad eating habits do play a part in bringing on depression. When you eat healthy, your mind will also be healthy.

3. **Poor Sleeping Habits and Stress:** If you constantly deprive yourself of sleep, you create a situation that is ideal for depression. Medical experts and physicians recommend that you get at least seven to eight hours of sleep every night. You should also have a routine for the way you sleep. Reading in bed, using the laptop in bed or staying up late are just of the ways that people deprive themselves of sleep. If you don't get enough sleep, you become easily agitated and highly paranoid. This lays the foundation for a state of depression. If you are well-rested, your mind is always clear and sharp. In addition, people who do not get enough sleep do not perform well at work. This causes them to have high levels of stress, which is very counter-productive. The more stressed a person is, the more they can't sleep. This revolving cycle is what brings on depression. Since the person can't sleep or perform their functions properly, they become frustrated and begin to feel trapped. If they begin to feel as though they can't control what is going on in their life, they end up feeling depressed. Most people don't appreciate that just getting enough sleep can help to deter depression.

Seek help early.

## Important information-Term 2 Return to School

Please be advised that due to ANZAC Day (25 April 2015) falling on a Saturday, Term 2 2015 will commence for all ACT Public Schools on Tuesday 28 April 2015. There has been some confusion around start dates of Term 2 because of ANZAC Day - some calendars mark the Monday following as a public holiday and some don't. To clear things up, although the Monday after ANZAC Day is not a public holiday (this year) it is a school holiday. Please check your workplace for their ruling on this day.

## CHRISTIAN EDUCATION Kindergarten—Year 5

The Combined Gungahlin Churches will present the Term 1 Christian Education program (Kinder to Year 5) at Amaroo School on **Wednesday 25 March**.

*We will teach the children the amazing and true story of Easter. We will be using songs, stories, drama and a game or quiz to teach the children from the Bible. We may ask for student volunteers from the school to participate in these activities.*

If you wish your child to attend the Christian Education sessions in 2015 and have not previously done so, please complete the permission slip below and return to the school by 25 March 2015.



### PERMISSION NOTE - CHRISTIAN EDUCATION

I give permission for my child/ren to attend Christian Education sessions in 2015.

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Parent/Carer Signature: \_\_\_\_\_

Parent/Carer Name: (please print): \_\_\_\_\_

Date: \_\_\_\_\_

## Call for Volunteers for Right Here Right Now Schools Art Project

Our School is one of over 50 ACT Schools participating in the Right Here Right Now project with the ACT Children & Young People Commissioner to celebrate children's rights and the 25<sup>th</sup> anniversary of the Convention on the Rights of the Child.

Our students have provided self portraits and messages which will be included in an exciting art installation to be created at the Fitters Workshop (next to the Old Bus Depot Markets) in Kingston, from Friday 10-Sunday 12 April this year.

The installation will involve over 11,000 self portraits in rainbow colours, to be attached to over 700 cardboard boxes, forming a stunning sculptural maze.

The Commissioner is seeking volunteers (parents, family and friends) for two Sunday afternoon sessions to help with attaching the self-portraits to large cardboard sheets so that they can be easily assembled onsite. This is an easy and enjoyable process, and refreshments will be provided.

Volunteer sessions will be held from **2pm-5pm on Sunday 15 and Sunday 22 March at Turner School hall, Condamine St Turner.**

If you, or anyone you know can help out for an hour or two, please contact Gabrielle at the ACT Human Rights Commission on 6205 2222 or 0411 434 584.



27<sup>th</sup> CANBERRA



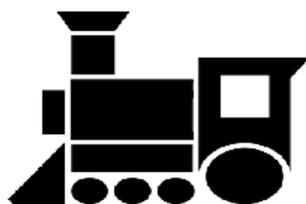
## MODEL TRAIN EXPO

**SATURDAY 28 March 2015 9am-5pm**

**SUNDAY 29 March 2015 9am-4pm**

**University of Canberra High School**

**104 Baldwin Drive  
KALEEN**



• **30 Scale Model Railways**

**Plus**

- **Displays & Clinics**
- **Children's U -drive**
- **Trade stands**

### ADMISSION

**Adults \$10.00, Children / Seniors \$5.00**

**Family Ticket \$20.00**

**Presented by the Canberra Model Railway Club**

*Supported by*



## The National Disability Insurance Scheme – what does it mean for my child?

ACT Education and Training and the National Disability Insurance Agency invite parents and carers of students with a disability to an information session about the National Disability Insurance Scheme (NDIS). Find out what the NDIS means for your child, how you apply for your child to participate in the Scheme and how this relates to the support your child receives at school.

LOCATION	DAY/TIME	DATE	FOCUS
Harrison School	TUESDAY 6-7PM	10/03/15	High School and College students
Hawker College	WEDNESDAY 6-7PM	11/03/15	High school and college students
North Ainslie Primary	MONDAY 6-7PM	16/03/15	Primary school students
Mt Stromlo High	TUESDAY 6-7PM	17/03/15	High school and college students
UCHS Kaleen	TUESDAY 6-7PM	17/03/15	High school and college students
Dickson College	THURSDAY 6-7PM	19/03/15	High school and college students
Macgregor Primary	MONDAY 6-7PM	23/03/15	Primary school students

**NO NEED TO BOOK, JUST COME ALONG TO A SESSION THAT SUITS YOU.**



**JUNIOR RUGBY UNION  
2015 REGISTRATION DAY  
Players 5 – 17 years**

**\$160.00  
PER PLAYER**

**Includes:**

- Insurance
- Training Shirt
- Playing Socks
- Player General Admission to Brumbies Regular Season Games
- ARU/JRU Membership

**WHEN**  
**Saturday 14 March 2015**  
**10:30 – 12:30**

The Gungahlin Eagles Junior Rugby Union Club is a community focused club supported by the Gungahlin Eagles Seniors Rugby Club and the Brumbies. Our purpose and aims are to provide young children with opportunities for fun inclusive participation, skill development and encouragement to play and compete in the local junior competition, as well as support through further rugby pathways.

**WHERE**  
**Burgmann Anglican School Oval**  
**The Valley Avenue, Gungahlin**

If you can't make it on the day, you can still register online. Just go to the Junior Eagles website below.

**FURTHER INFORMATION**  
<http://www.eaglesrugby.com.au/playing-with-the-junior-eagles>  
Email: [juniors@eaglesrugby.com.au](mailto:juniors@eaglesrugby.com.au)

**HOOK IN 2 HOCKEY**

Hook in 2 Hockey Come & Try Carnival  
**DATE: Saturday 21<sup>st</sup> March 2015**  
**TIMES: 9:00am - 12:00pm**  
**LOCATION: National Hockey Centre, Lyneham ACT**

[www.hockeyact.org.au](http://www.hockeyact.org.au)

**Hockey ACT**

*Looking to get involved in Hockey? If you are already linked to a club please contact them directly, if you are new to hockey please contact Hockey ACT and we will put you in contact with a local club, or simply turn up on the day!*

Contact information:  
[www.hockeyact.org.au](http://www.hockeyact.org.au)  
 02 6257 2374  
[shelley.watson@hockeyact.org.au](mailto:shelley.watson@hockeyact.org.au)

## Community News

Amaroo School does not necessarily endorse the products or services advertised.

**Please see more after school services for students and families and other items of interest in our Parents biz Directory through our Amaroo School App through your App Store on your mobile device**

<p><b>'Antoinette Karsten Art', Art classes and holiday workshops</b>                  Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives.                  Ages 10-16.</p>	<p>Email or call Antoinette for more info.                  antoinettekarsten@hotmail.com                  Mob: 0422693546</p>
<p>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10years and under, 7 years and under.</p>	<p>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on <a href="http://www.academycalisthenics.com.au">www.academycalisthenics.com.au</a>, with enquiries to <a href="mailto:info@academycalisthenics.com.au">info@academycalisthenics.com.au</a> or 62882858</p>
<p style="text-align: center;"><b>Gungahlin Dance Academy</b>  <b>Exceptional dance training for all ages</b>  <b>Fully equipped studios in Amaroo</b></p> <p>Classical Ballet (RAD)                  Contemporary                  Jazz                  Tap                  Private Tuition</p>	<p>Performance Team                  Ballet examinations                  Annual Performances                  2014 USA tour                  Ages 3 and up For further information and enrolment Details-                  Web: <a href="http://www.gdance.com.au">www.gdance.com.au</a>                  Email: <a href="mailto:gdance@bigpond.net.au">gdance@bigpond.net.au</a>                  Phone: 6255 5204</p>
<p><b>SCOUTS = Adventure + Life Skills</b>                  Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</p>	<p>Come and try Scouts today and take advantage of our 3 week FREE trial.                  Visit <a href="http://scoutsact.com.au">scoutsact.com.au</a> to find your closest Scout Group or call 1800 SCOUTS</p>
<p><b>Bollybody Yoga Classes</b>                  Are you looking for building up your bonding with your children, giving your children a lifelong technique of developing discipline, responsibility, self-health, relaxation, self-esteem, stress management, calmness, concentration and assisting them to excel in whatever they are doing? Testimonials can be seen on website: <a href="http://www.bollybody.com.au">www.bollybody.com.au</a></p>	<p>Come and experience the free first yoga class with your children on Saturday 7 February 2015 at Amaroo High School (Katherine Ave, School Library right side room) between 10:20 am to 11:30 am. More details Contact Nancy Williams on 0432 683 699 or <a href="mailto:mailto:bollybody@gmail.com">mailto:bollybody@gmail.com</a></p>
<p style="text-align: center;"><b>Do You Love Candles?</b>  <b>Do You Love Home Decorating?</b>                  Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</p>	<p>For more information contact Annette Gleeson Independent Consultant with <b>Partylite</b> on 0418 261 444 or <a href="mailto:lovecandles.annette@gmail.com">lovecandles.annette@gmail.com</a>  <a href="http://www.annette.partylite.com.au">www.annette.partylite.com.au</a></p>

<p><b>Action Tae Kwon-Do</b> Action Tae Kwon-Do has children only classes so that your children are taught relevant skills in a safe environment. These children classes are for children aged 5 -12 years of age.</p>	<p>After progressing through our children’s program the children will have the required skills to join our adults program.</p> <p>Classes at Amaroo School Call Paul for information 0414 898 888</p>
<p><b>Bollywood Dance Classes for adults &amp; kids by Canberra School of Bollywood Dancing</b> A fun way to keep fit and Active! Free trial class at Amaroo School – Monday 9 Feb Adults &amp; Kids 7 + years - 6.30 to 7.30 pm Venue – Amaroo School dance studio (downstairs)</p>	<p>Special 6 week fee \$65 for a term Please email <a href="mailto:canberrabollywood@bigpond.com">canberrabollywood@bigpond.com</a> to secure your spot. More details on our website <a href="http://www.canberrabollywood.com.au">www.canberrabollywood.com.au</a> Find us on Face book – Canberra School of Bollywood</p>
<p><b>National Tae Kwon-do</b> Our Children’s program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</p>	<p>Classes at Amaroo School. All enquiries Phone 0414 898 888 <a href="http://www.nationaltaekwondo.com.au">www.nationaltaekwondo.com.au</a></p>
<p>Wildcats are recruiting for the 2015 ACT season Is your new year’s resolution to try something new...What about <b>Gridiron...</b> Whether your 14 or 40, male or female, there's a spot for you on the field... Don't want to play, why not coach or officiate... Don't know the game, we'll teach you...</p>	<p>If you want to be a Wildcat, or would you like to sponsor the Wildcats, then PM us on Facebook or email us at <a href="mailto:gridiron@gungahlinwildcats.org">gridiron@gungahlinwildcats.org</a> <a href="mailto:gridiron@gungahlinwildcats.org">mailto:gridiron@gungahlinwildcats.org</a></p>
<p><b>Butterfly Wicks</b> is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</p>	<p>For sales and orders please contact: <i>Butterfly Wicks</i> <i>Shane Weise</i> Mobile: 02 6241 9126 <a href="http://www.facebook.com/butterflywicks">www.facebook.com/butterflywicks</a> <a href="mailto:Butterflywicks@inet.net.au">Butterflywicks@inet.net.au</a></p> 



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