Dear Parents and Carers

Last week we celebrated World Teachers Day on Friday 31 October. Our P&C Association provided a lovely morning tea for staff members and it was greatly appreciated. A number of parents took the opportunity on World Teachers Day to send the teachers of their children thank you notes and emails. It was great to see our community supporting and appreciating the valuable work our teachers do in shaping the lives of our students. Can you remember a special teacher you had at school who went that extra bit to make your learning and school experience just that little bit better? Amaroo School is certainly lucky to have a fabulous team of dedicated and hardworking teachers.

Return to School
On a personal level I would like to thank everyone who has so warmly welcomed me back from my leave. My wife and I enjoyed a great holiday and I had some minor surgery. It is great to be back at Amaroo School and I look forward to completing this fabulous learning year and playing a role in continuing to develop and enhance the learning at our school in 2015.

Student Achievements

Emma from Mr Chapman’s Year 5 class has been successful in being selected for the Capital Football Soccer Squad. These players have access to the same training and skills coaching as the Canberra United Woman’s Team and the Matildas. This is a fantastic sporting achievement for this talented young sportsperson.

Ajay from Ms Di Donna’s Year 4 class has received an award for a Top Debut at the ACT Junior Chess League weekend event. Ajay won 3 games in his first competition, an outstanding effort. Well done.

Anabelle from Ms Ross’ Year 3 class together with the help of her dad has produced an excellent First Aid video. She has covered all the important aspects of emergency first aid in an informative and humorous video. She has clearly understood the information she conveys to her audience. Great work Anabelle and special thanks to her father.

Lucy from Ms Di Donna’s Year 4 class has produced some excellent work in class. She has taken comprehensive notes on gravity and recorded an excellent experiment. It is great to see Lucy producing her best work.

Sebastian from Mr Gowen’s Year 2 class has produced some excellent work. He has completed an outstanding Character Self Portrait. Sebastian’s character Prince Swash Buckle sounds like a really exciting person. Well done.
We congratulate Luke S in Year 9 who has recently been ranked #18 in Australia for Tennis! Luke has been playing Tennis since age 4 and has been competing from age 10. He is currently on the Junior Tour for Tennis Australia and has won a wildcard award to play in Melbourne at the Australian Open on the 5 December. Well done Luke!

Edan and Lea from Ms Byron’s Year 7 class have completed some outstanding work. They have both crafted entertaining and engrossing tales based on themes from the ‘Arabian Nights’. The quality of their work left their teacher searching for superlatives to describe their work! Their story endings were particularly thoughtful and poignant. Excellent work.

Amelie, Tahnee, Ashleigh, Robbie, Arwen and Aislynn from Ms Coleman’s Year 5 class have composed songs to a specific melody and rhythm. Working with a classic old tune they have written songs about Toddlers and Ponies. The students really enjoyed this learning and celebrated their achievements by performing to an audience.

Piper from Ms Oldham’s Year 8 music class has completed an outstanding assignment. She compared two rock bands from different eras and presented her findings. Piper’s research is excellent and the two dioramas and descriptions she has produced clearly demonstrate she is taking great pride in producing her very best work.

**Class Visits**

In Ms Oldham’s Year 7 music class the students are learning how to write chords and major chords. Chords are important music building blocks and the students learnt today about how chords can be played together in different ways. They were shown that a triad is a group of three notes played together. The students completed their activities on paper first before progressing to play them on keyboards. It was great to see the students challenged by this learning and then feeling so good when they understood the concepts they were learning. It was a fabulous lesson seeing theory turned into practise.

**Parent Requests 2015**

If you have a particular request for your child’s class placement for 2015, we ask that you please put that request in writing and hand to the Administration Office. Alternatively, you can email your request to the appropriate sector Deputy Principal.

In a large school, class placements are a complex jigsaw and as such not all requests can be guaranteed but will certainly be considered. All requests are required to be received by the school no later than Friday 28 November. Requests after this date will not be accepted.

**Future Planning**

As part of our preparations for 2015, we would like to invite a small group of interested parents to provide feedback on our future directions plan for our school. This would require a small time commitment in Week 5 to work with the Senior Executive on refining our priorities.

If you are interested in being a part of this focus group, please register your name and contact details with Katrina on Ph 62058904.

**Family, Subject and Program Contributions**

Thank you to those families who have paid their contributions this year. These funds assist in the delivery of quality learning programs to the students at Amaroo School. To continue with the wonderful work being done by the staff at Amaroo School we urge you to pay your contributions as soon as possible. Please contact the school if you require a new invoice.

**Canteen**

The Amaroo All Stars Canteen has made some minor changes to our menu. We are no longer selling Hash Browns; and Tandoori Wraps and Chicken Schnitzel Burgers are now available by lunch order only. All wraps & burgers can be ordered; to ensure that you get your favourite item, you should place a lunch order either online at www.flexischools.com.au or in person at the canteen.

**Uniform Shop**

The P&C Uniform Shop will close after many years of service at the end of Term 4, primarily due to a shortage of volunteer staff. The Uniform Shop will hold a sale from Week 5 of Term 4 on all current stock; no new stock will be ordered, so you’ll need to get in quick to save. The P&C will still order the 2015 Year 10 Jerseys and a note with ordering details will be sent home shortly.
As always, please contact the Deputy Principals; Benjamin Hall, Gail Taylor, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School are committed to working with our community to ensure our students have the very best opportunities to learn.

Richard Powell
Principal
Amaroo School

Preschool
The preschoolers have had an exciting time with two trips to the big school. They have experienced investigations in the Kindergarten classes, and this week visited the canteen where they could purchase some popcorn or a muffin. Our thanks go to Jo in the canteen, for serving all of the children and making the visit possible.
Next week we are off to the Arboretum on Tuesday and Thursday for our term 4 excursion. The children will have the opportunity to play in the pod playground, visit the bonsai collection, roll down the hills, take a walk through the trees and enjoy morning tea with their friends.
Some of the classes are investigating silk worms at the moment. Do you have access to a mulberry tree? If so, we would love you to help us keep the feed up to these hungry little caterpillars!
Please help your child to the sunscreen in the preschool bathrooms. You are encouraged to apply before school and we can help reapply before the afternoon outdoor session.

Kindergarten
We have had a busy start to the term and look forward to some exciting events coming up. Kindergarten teachers have completed PIPs testing and reports will be sent out later this term. Last Friday, kindergarten enjoyed a visit from NRMA for a Science and Road Safety presentation, talking to us about how to stay safe on roads, when travelling in the car and how to fit a helmet correctly. We are all looking forward to an exciting show tomorrow performed by Gigalees Circus. This is sure to be a fun time enjoyed by all. A friendly reminder, that all students are required to wear a school sun smart hat for the remainder of the year. Please ensure these are clearly labelled with your child’s name. We look forward to the upcoming weeks of more learning together.

Year 1
Year 1 enjoyed the NRMA Science and Road Safety Day on Friday Week 3. They learnt how to appropriately fit a helmet and liked completing activities in their booklet. In Maths, we will begin to revise whole number looking at place value, MABs and number location. During Literacy, we have continued with our unit of work on Narratives. The students have all been excited to use their imagination to write their stories to entertain the reader. We have been working on expanding the complication to include more detail to engage the reader.
A homework reminder, spelling words are sent home each Thursday and homework tasks including Mathletics are due back Wednesday each week. We encourage Year One students to begin this journey of organisation of home tasks, as the process continues next year.
As the weather is warming, please ensure your child is appropriately dressed and has a labelled hat and water bottle every day.
GO BRUMBIES

YAY!
Diamond Terrace

Diamond Terrace is looking forward to the Giggles Circus incursion next week. We are also excited to be able to attend the excursion, 'Be The Best You Can Be Athletics Carnival' at the AIS Athletics Track on Thursday 13th November 2014 to showcase their talents in track.

Year 2

Year 2 have been working exceptionally hard on building their speaking and listening skills. They have been developing their own speeches and over the coming weeks will be presenting them to their class. During number groups, students are learning various concepts in solving division problems.

On Friday, students enjoyed a NRMA Science Show and Road Safety Day. Students were all shown how to correctly fit their helmets.

A reminder to all students that the weather is warming up and all students are required to wear hats outside.

Primary School

Spotlight on Year 3

3KBO have been contacted by Science Officer Atto the Alien, who has asked students to help him identify and provide information on living things here on Earth. Students are using their knowledge of how to write Information Reports to present a media presentation to Atto on their chosen living thing.

In 3NRO we have been learning about how to keep ourselves and others safe. We participated in first aid training and learnt how to stop a bleeding wound, use the recovery position and DRSABCD.

Currently we are learning how to be safe in our environment, as a passenger, pedestrian and on our bikes.
Spotlight on Year 4

In week 3, Year 4 headed to the National Film and Sound Archive for their Media excursion. During the excursion students were shown a variety of historical clips. These started with a recording of the Melbourne Cup which was over 100 years old and went right through to the popular 2012 social media clip of ‘Dumb Ways to Die’. Students also spent time in the Archive’s Gallery where they were able to see artefacts from Australian movies such as a dress from ‘The Sapphires’ and the costumes from ‘Picnic at Hanging Rock’. Students had a great day and came away with some new knowledge on Australia’s film history and how different aspects of the media work.

Spotlight on Year 5

Year 5 are enjoying their learning in the Technology unit. They have been practising collaborative work and learning how to build basic structures. In these photos students were asked to create a free standing structure that can hold its own weight for 10 seconds.
Year 6

It has been a busy start to the term. You should have received the Year 6 parent guide and assessment grid with all the exciting learning opportunities listed for Term 4.
A note outlining Middle School student’s timetable changes for 2015 was sent home in Week 2. If you have not received a copy please request one from your child’s teacher.
Two quick reminders; please re-stock student’s pencil cases and retrieve lost property from the Library.

Year 7

**English:** Students have continued their unit on Poetry. They have been listening to and analysing poems, as well as reading and writing their own poems. This week the students will continue to practise their poetry analysis and writing in preparation for their test on Thursday. The students will then start learning about different poetic forms.

**Maths:** In Maths students finished learning about different graph types and how to analyse them. They also spent time working on their assignments to develop their own surveys to collect the four different data types and produce appropriate graphs to represent the information gathered. Soon students will consolidate their knowledge of graphing and finish with an assessment task.

**Science:** In Science students are finalising their experiment reports and reflecting on their science experiment projects.

**History:** In History students have continued their unit on Ancient Rome. The students have been learning about the social and political structures of ancient Rome. They are now examining the legacy of Ancient Rome, such as architecture, sewers and aqueducts, roads and religion.

**PE:** The students have continued to compete in invasion games and fielding and striking games.

**Diamond Gallery**

The students in the Diamond Gallery have been working on their reading strategies. The students shared one of the strategies which are their thinking/writing strips with Mrs. Mahon. The topic they used was Reading. They wrote about and discussed a book they read and expressed why they liked the story.

Year 8

The term is flying past as students and teachers get busy with assignments and tests as well as begin some processes for transition to Senior School.

Over the next couple of weeks teachers from Senior School will be visiting our classrooms to get to know the students before the transition process begins later in the term. Students have completed the process of selecting and registering their electives choices for Senior School.

In English, students are continuing to read in class as well as participate in learning and discussion activities to share their understandings. Please ensure that your child has a novel to read in class and remind them to access the Amaroo Library to select books that interest them. In writing, the students are focusing on different forms of poetry and poetic devices that are used to entertain the audience.

In History, we are learning about the Spanish conquistadors and the Inca society. We have been watching documentaries that explain the discovery of the Americas and the Spanish conquest of the Incas while learning to takes notes of key points.

A reminder that students must wear full school uniform each day and as the weather gets warmer they must carry a drink bottle too. If you have any queries please contact your child’s teacher.
Three Year 9 students (Grace, Rachael and Dinky) and Year 2 and Year 5 students went to the Minister’s Student Congress to develop their leadership skills and to work with student leaders from other schools.

**Surf Camp**
By Chloe and Kristin

On Tuesday 21 October we woke up at a ridiculous time to leave the school at 7:30am. We didn’t even stop at Maccas on the way there but we did get to go to Braidwood Bakery and buy ourselves some yummy treats for morning tea.

We arrived at Broulee mid-morning for our first lesson on surfing. The weather was not fabulous but the wetsuits mostly did their job and kept us warm in the water. The advanced group had a great instructor whom refreshed our prior knowledge on surfing.

After our first lesson we were pretty much knackered and keen for a good healthy lunch. There were bottomless eskees of food more than we could eat, but we all had a great lunch and a good rest. We really cooled down after being out of the water, so it was not very easy to be convinced to get back in. Eventually though, we were back in the sea and enjoying ourselves. Some of us just sat out the back of the waves and hung out on the surfboards.

When we had finished our day of surfing we went and had lovely cold showers at the Surf Club and changed into dry clothes.

We were all pretty keen to get to the campsite and chill out. When we arrived there we had to sort out all the gear out and set up our tents.

We all had dinner and took turns on fire duty before we eventually got a good enough fire started to toast marshmallows over. After this typical and yummy camping activity we all headed to the beach to play spotlight in the dark. We probably took this more seriously than necessary but that made it more fun. After this we were all covered in sand from diving behind the dunes but we changed into our clean pyjamas and were ready for bed. The camping mats and tents were not luxurious, but after our long day they were just what we needed. The next day we dragged ourselves out of bed and found the weather was on the sunny side and a lot nicer than the day before. We had another surfing lesson in the morning in which we all learnt some new techniques and just had fun surfing now that we knew how to do it.

After our lunch break we had stand up paddle boarding (or supping) which we were all keen to learn. What we didn’t realise though was how heavy the boards were and how difficult it was to carry them down to the bay. Once we got there with numb fingers we were all keen to get in the water. The wind made it pretty difficult but we still got up, paddled around and participated in some fun races and activities.

We carried the big heavy boards back up the beach, taking longer than the first time. We got back and thanked our instructors for the great two days we had with them. We packed up the campsite and then got on the bus again for the ride back home. This time we got to stop at Maccas! Yay! The bus ride back was a lot quieter with many of us sleeping. We got back to the school in the afternoon and after putting all our gear back we were able to go home and have an amazing hot shower and wash all the sand out of our hair.

**Year 9 Jamberoo Excursion**
There are limited places left to secure your spot on our end of year Jamberoo excursion, please ensure permission notes and payment are in. We would love to see you there!

**Year 10 Graduation and Formal**
The Year 10 Graduation and Formal are shaping up to be wonderful events, with the Formal Committee working hard on the finishing touches. The final payment letter for the Year 10 Formal has been given to students. If students need another copy they can ask at the Fishbowl.

It is important to have these payments finalised by the due date so tickets and invitations for guests can be printed out and organised. Please be sure to nominate how many guests you would like to attend the Graduation Ceremony as this will assist in our planning for the event.

There will be further information regarding arrival protocols, times and so forth in the coming weeks.
MULTICULTURAL DAY
Yes, it is that time of year again to celebrate how multicultural we are here at Amaroo School!

**When:** Friday 21 November (Week 6)
**What time:** Languages Assembly and extended B1 (11.00am-11.45am)
**What to wear:** Multicultural costume (bring a gold coin donation on the day) - Please note that students must wear sun smart and appropriate costumes.
**Stalls:** There will be lots of fun stalls running at B1, so bring some money to spend

**Japanese**
**Year 4 Japanese:** Year 4 Japanese students have been practising their speaking skills with some in-class assessment and speaking games. They are a talkative and confident group of Japanese language learners.

**Year 5 Japanese:** Year 5 has started a writing task in which they introduce themselves and talk about the things they like and don’t like.

**Year 6 Japanese:** Students are learning about places in Japan and talking about where they live. Ask your child to say as much as they can about themselves or a friend.

**Year 7 Japanese:** In Year 7 we are have been doing speaking and listening tasks on our unit on pets. Ask your child to describe their pet to you all in Japanese!

**Year 8 Japanese:** Some classes are presenting short research projects on cultural topics. We are also doing speaking tasks, showcasing all of the Japanese we have learnt during our time in the Middle School.

**Year 9/10 Japanese:** Year 9/10 are learning about clock time in Japanese and how to use it in Japanese sentences. We have been practising this by creating short role-plays in class.

**French**
**Year 3 French:** In Year 3, we have begun working on an exciting portfolio piece! We are creating our very own French/Australian intercultural passport to incorporate our knowledge of the similarities and differences between French and Australian culture. We are also including lots of basic information about ourselves in French that we have learnt this semester.

**Year 5 French:** Our Year 5 students have finished their great portfolio pieces describing in French items in their bags, classrooms and pencil cases. The students have demonstrated an impressive understanding of the French grammatical rules about masculine/feminine and singular/plural objects and colours. We are now doing listening tests and the students are showing great understanding!

**Year 6 French:** Students have been working on a written portfolio task describing a superhero and we have seen some high quality work so far! We are looking forward to moving onto a mini unit about French special celebrations, days, months, seasons and telling the time.

**Year 7 French:** We are finishing off the unit on weather. All students should have presented their weather report to the class or submitted a recording prepared at home. For their portfolios, students have also worked on a ‘weather wheel’ that can help them talk about the day, the date and the weather. Our future topic will be learning how to describe our home and all the rooms in it.

**Year 8 French:** Many of the Year 8 students have risen to the challenge of writing a script and recording their presentation of what it is like to be a young Australian for the benefit of a French adolescent audience. This week we have been focusing on reading and listening assessment tasks. Once we have finished this unit, we are going to move onto an investigation of French artists of the Impressionist school.
Years 9/10 French: What are you going to be when you grow up? Practise using the future proche tense, the Year 9/10 class is learning to talk about future plans and professions. Their writing assignment, a scrapbook of their recent holidays, is due this week.

**Sport**

We have had a busy few weeks in sport. We had a successful Northside carnival for 13 years and over athletics last Tuesday. Congratulations to all of our athletes who competed. We especially acknowledge the following students who have qualified for ACT:

- Sarah H for the 13 Girls 200m, 400m, 800m, Discus and shot put
- Theresa W for the 15 Girls 3000m 1500m, 800m and 400m
- Slade L for the 13 Boys 100m, 200m and shot put
- Brendan T for the 16 Boys Triple Jump and Long Jump
- Ashleigh E for the 15 Girls Javelin
- Courtney F for the 14 Girls Long Jump
- Linda K for the 13 Girls 1500m
- Isabelle M for the 13 Girls 800m
- Mitchell M for the 15 Boys 400m
- Jaxon T for the 15 Boys Triple Jump
- Marcus O for the 13 Boys 3000m

Our School welcomed the Brumbies players on Wednesday when they delivered a clinic to our Year 2 students. The students had an amazing time and received some autographed posters from a few of the players.

A team of 20 students from the primary sector will be competing in the Orienteering Primary School Championships on 19 November. We wish them the best of luck.

**Amaroo School Bands**

**Amaroo Bands**

Year 6 IMP Band now have their tickets organised for Bandstravaganza which is in Week 6. It is held at the Canberra School of Music – one of the best stages in the Southern Hemisphere. They will have a rehearsal for this on Tuesday 18 November 2014 with the performance being held on Wednesday evening, 19 November 2014. We are working hard on our pieces and they are coming along nicely! I will give students their ordered tickets in Week 6 so they don’t go missing.

Our Year 5 IMP Band have their last combined practise for the year Tuesday 4 November 2014. They will perform a concert at 12pm and Amaroo parents always seem keen to come along and listen and support the group.

Concert Band have been working towards our Week 8 Summer Concert. Notes will come out about that in the near future – stay tuned!

**Chess**

The ACT under 12 Chess championship were held on Sunday 26 October 2014 and Amaroo was represented by several enthusiastic chess players! Well done to Ajay who was awarded the Top Debut trophy for excellent effort in his first chess event!

In our primary classes students are busy with assessment tasks-

- Year 4 are creating a mind map to demonstrate their chess knowledge and understanding.
- Year 5 are annotating matches and writing a review to demonstrate their knowledge and understanding.

This week is the last afternoon session for Chessperadoes. We have learnt so many new chess skills and strategies thanks to Mr Shaun Press who has so generously given his time to coach our chess enthusiasts! Chessperado students will be invited to attend a B2 later in the term to receive medallions and certificates.

The 3rd annual Amaroo Chess Championship will be held on Thursday 4 December in the school hall.
**Australian War Memorial Excursion**

Last Tuesday, Year 9 and 10 Defence students joined schools across the ACT on an excursion to the Australian War Memorial. The students participated in the strange but true educational tour in the morning. This was followed by a trek up Mt Ainslie and a treasure hunt on the way down. Overall the day was really fun and we got to learn a lot about some unusual objects on display as well as meet other Defence students from other schools across the ACT.

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**Amaroo Angels Session Cancelled TOMORROW**

On Wednesdays between 9am to around noon, parents and community members are welcome to join in our weekly session of “productive fun”. Volunteers assist the school in preparing resources while enjoying the lovely company and provided snacks and beverages. Volunteers are asked to first sign in at the front office as a visitor and then proceed to the Community Room of the Library.

However, **TOMORROW** during Week 4 on Wednesday 5 November 2014, Amaroo Angels will be **cancelled** as the members of the Pastoral Care team will be attending a professional learning course or are involved in running other programs.

**Postings**

Apart from families who have specifically informed the Defence Transition team, we have had students tell us of potential and definite postings. We appreciate any information in advance so we can adjust our program planning and ensure your child is included in farewell activities.
Action Steps
Finding things to be grateful for and expressing your gratitude will train your mind to begin looking for the positives in your life and can instantly improve your mood.
Here are 5 ways you can get started...
1. Keep a gratitude journal in which you list things for which you are thankful. You can make daily, weekly or monthly lists. Greater frequency may be better for creating a new habit, but just keeping that journal where you can see it will remind you to think in a grateful way.
2. Practice gratitude around the dinner table or make it part of your night time routine.
3. Make a game of finding the hidden blessing in a challenging situation.
4. When you feel like complaining, create a gratitude list instead. You may be amazed by how much better you feel.
5. Notice how gratitude is impacting your life. Then write about it. Or say thanks to someone you has helped you out. Or express your gratitude for your colleagues in a team meeting and enjoy the reactions! :)
What are you grateful for? Which practice will you choose to do this week?

Meg (meg.lewis@ed.act.edu.au 62053328) and Fiona (fiona.mckinnon@ed.act.edu.au 62058916) School Psychologists

Amaroo School Classes for 2015

We are currently looking at enrolment numbers for 2015. We ask all parents whose children may be attending a different school in 2015 to fill out the form below. This feedback is extremely important to us as we need accurate figures to plan effectively for next year. Please return this form to the Front Office.

PLANNING FOR 2015

To assist us plan classes and staff for 2015, please complete the slip below if your child/ren are NOT returning in 2015
Name:________________________ Class:____________
Name:________________________ Class:____________
Name:________________________ Class:____________
Will NOT be returning to Amaroo in 2015 (Please tick reason listed below)
Moving to another ACT Government school
Moving to another ACT Non-Government School
Moving Interstate
Moving Overseas
Other ________________________________
A ONCE IN A LIFETIME OPPORTUNITY TO BE AT GALLIPOLI NEXT ANZAC DAY

You can win a trip for two to Istanbul and Gallipoli in April 2015 by visiting the Australia in the Great War Facebook and just clicking to enter. Competition closes 11 November 2014 so hurry to enter.

Anzac day 2015 will be a special time as we commemorate 100 years since the Gallipoli landing and being there will be an amazing experience.

www.facebook.com/AustraliaGreatWar

Competition Closes 11 November 2014

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THE MARYMEAD FETE

Sat 8 November 9.00am–1.30pm

255 Goyder Street Narrabundah

Welcome to the Bears family.

The Bears are Canberra’s oldest baseball club formed in 1957 with a proud tradition of advancing the sport. The Bears have a long list of multiple family members, from grandparents to children and grandchildren all participating in the club over many years and all levels.

We aim to provide an enjoyable environment for all players to learn the skill of baseball and participate in a spirit of fair play. As part of the family we invite parents to get involved with canteen duty at our home ground at Majura, scoring your child’s game or assisting with coaching. No experience necessary, anyone can help out. Volunteering is what makes our club so special as it runs by collaboration so please make sure you can join in at least once per season.

For registration details and information

Contact Us

Postal Address: PO Box 618, Dickson ACT 2602
Email: ainsliebaseballclub@hotmail.com
Website: www.actbears.baseball.com.au
Phone: 0407 717 741
Fax: (02) 6295 2466
Mulligans Flat TRIVIA NIGHT

DATE: Friday, 21st November
TIME: 7pm - 10pm
PLACE: Gungahlin Lakes Golf Club
 TICKETS: $20 per person, includes a light supper, bring along some spare change for raffle tickets
 https://www.facebook.com/mulligansflatatinight

Come along for a fun night out with loads of trivia, games and prizes!

SPONSORS: Gungahlin Lakes Golf Club
Canberra Business Long Lunch

GET ACTIVE KIDS
AT THE GET ACTIVE EXPO

Saturday 15th November 2014
9am - 4pm
Budawang Pavilion, Exhibition Park Canberra
$10 Adults, Gold Coin 16 & under

Attractions, exhibitors & demos for the whole family

- Rock Climbing
- Packing Healthy Lunchboxes with the Healthy Eating Hub
- BMX Clinics and BMX Jump Demo’s with Backbone BMX
- Self-Defence Classes with GKR Karate
- Born to Move fun exercise classes with LeaMills
- Jumping castle, merry-go-round

Checkout what’s on at:
www.getactiveexpo.com
### 'Antoinette Karsten Art', Art classes and holiday workshops
Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. 
Ages 10-16.

Email or call Antoinette for more info.
antoinettekarsten@hotmail.com
Mob: 0422693546

### Calisthenics
Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10 years and under, 7 years and under.
As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on www.academycalisthenics.com.au, with enquiries to info@academycalisthenics.com.au or 62882858

### Gungahlin Dance Academy
Exceptional dance training for all ages
Fully equipped studios in Amaroo
Classical Ballet (RAD)  
Contemporary  
Jazz  
Tap  
Private Tuition  
Performance Team  
Ballet examinations  
Annual Performances  
2014 USA tour  
Ages 3 and up For further information and enrolment Details-  
Web: www.gdance.com.au  
Email: gdance@bigpond.net.au  
Phone: 6255 5204

### Lavender Art Studios Art Classes with Greg Devenny-Mackay.
Art Classes for Children
Choice of 9 Weekly Classes 5 – 19 years
Adult Art Classes
Sunday Afternoon and Tuesday Evenings

Do you want confidence, adventure and leadership skills? Scouting is education for life and helps builds confidence, friendships, responsibility and leadership. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.

Limited offer – 3 week FREE trial
Call 1800 SCOUTS or visit our website, www.scoutsact.com.au

### Do You Love Candles?  
Do You Love Home Decorating?  
Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!
For more information contact Annette Gleeson Independent Consultant with Partylite on 0418 261 444 or lovecandles.annette@gmail.com
www.annette.partylite.com.au

### LCF Fun Languages
FRENCH, ITALIAN, SPANISH MANDARIN, for Preschools, Primary, Teens and Adults.
Express Interests 2015! Contact Sarah Mak  Ph:0431252768  
E:sarah.mak@lcfclubs.com.au  
W:www.lcfclubs.com.au
<table>
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<th>Harrison School Annual Twilight Fair is on Saturday 15 November 2014-3-7pm</th>
<th>15 November 2014-3-7pm</th>
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<td>Nurturing Within Yoga offers Private class’s in your home to provide 1:1 INDIVIDUAL &amp; PERSONALISED program-Specializing in Anxiety &amp; supporting more ease in your life Please contact for further details</td>
<td>Please contact Michelle on (m) 0417288460 email <a href="mailto:michjono@bigpond.com">michjono@bigpond.com</a> or connect via the Nurturing Within Yoga FB page and PM</td>
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<tr>
<td>National Tae Kwon-do Our Children’s program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</td>
<td>Classes at Amaroo School. All enquiries Phone 0414 898 888 <a href="http://www.nationaltaekwondo.com.au">www.nationaltaekwondo.com.au</a></td>
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<td>Bollywood Dance Classes for adults &amp; kids by Canberra School of Bollywood Dancing. Free trial class at Amaroo – Sunday 3 Aug Registration essential to secure a spot. Email <a href="mailto:canberrabolylwood@bigpond.com">canberrabolylwood@bigpond.com</a> • Kids 3 –6 years - 3 to 4 pm • Adults &amp; Kids 7 + years - 4 to 5 pm Venue – Amaroo School dance studio.</td>
<td>For more details contact Krisha Jilson on: Phone: 0403-156833 Email: <a href="mailto:canberrabolylwood@bigpond.com">canberrabolylwood@bigpond.com</a> Website: <a href="http://www.canberrabolylwood.com.au">www.canberrabolylwood.com.au</a> Join us on face book: <a href="http://www.facebook.com/#!/pages/Canberra-School-of-Bollywood-Dancing-CSBD/242646885787711">www.facebook.com/#!/pages/Canberra-School-of-Bollywood-Dancing-CSBD/242646885787711</a></td>
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<td>Butterfly Wicks is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</td>
<td>For sales and orders please contact: Butterfly Wicks Shane Weise Mobile: 02 6241 9126 <a href="http://www.facebook.com/butterflywicks">www.facebook.com/butterflywicks</a> <a href="mailto:Butterflywicks@iinet.net.au">Butterflywicks@iinet.net.au</a></td>
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<td>Warehouse Circus Inc. Presents Refract 7 November 7.30pm 8 November 2.30pm and 7.30pm</td>
<td>Belconnen Community Theatre $18 Full/ $14 Conc./ $60 Family (2 Full, 2 Conc.) Tickets at <a href="http://www.warehousecircus.org.au">www.warehousecircus.org.au</a></td>
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<td>The Committee and participants of Academy Calisthenics invite students and families from Amaroo School, to attend, with free entry, on Sunday, 9 November, 2014, at Gungahlin College Theatre, the end of season 2014 ’Extravaganza Performance‘ being presented by members of Academy Calisthenic Dance Club from 1.45pm.</td>
<td>Calisthenics ACT Inc. affiliated member club in Gungahlin.</td>
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