



# Amaroo School Newsletter

Week 2, Term 2, 2015  
6 May 2015



Education and Training

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Dear Parents and Carers,

We have made a terrific start to the term and our very successful Junior Athletics Carnival was a great first week event. The weather was beautiful and the students and staff enjoyed this valuable learning experience, many mentioned the smooth running of the carnival and the high level of support they enjoyed. The positive school spirit that was evident at the ovals throughout the day is to be commended. We also received comments from parents about the positive behaviour and interactions from students and the dedication that our teachers showed towards the success of our students. Thank you to everyone for your support for the event, special thanks to the main organiser Kerry Bryant who did a fabulous job.

Our ANZAC Day assembly was also an outstanding success. The preparations were excellent and extremely well planned. The new plaque that has been installed is a great addition to our school and captures a special message. The ceremony was treated with appropriate respect by our students and it was great to see some of our students sharing their links with the forces and the ways war has shaped our lives. There are a large number of families in our community with links to the different armed forces and our ceremony and plaque were a very appropriate acknowledgment of the ongoing role of the spirit of ANZAC in our community. I would like to express our thanks to Jo Farmer and Michelle Nazzari for organising the event.

### Parent concerns and complaints

Parents and carers are encouraged to raise any issues or concerns about our school with their child's teacher, the principal or any staff member. If you would like further assistance you may also contact the Education and Training Directorate's Liaison Unit by phone on 6205 5429 or via their online contact form: [www.det.act.gov.au/contact\\_us](http://www.det.act.gov.au/contact_us)

### Staff Change

Ben Hall our Deputy Principal Early Childhood has been seconded to work at Palmerston PS for the remainder of this term. Ben is kindly filling a short term vacancy and will return to Amaroo School in Term 3. In his absence Gail Taylor will act in the role. Gail Taylor brings a broad range of skills and experiences and will do a terrific job in Ben's absence.

## Calendar Dates

<b>Wednesday 6 May 2015</b>	Amaroo Angels 9am-12 noon in the Community Room: Parents & Adults most welcome (and their pre school children). Diamond gallery-Razzmatazz Magic Show at Queanbeyan Bicentennial Hall. Volleyball practice :Wednesday mornings at 8.15am - until week 2 Term 2. Year 6-10 Cross country at Mt Stromlo.
<b>Thursday 7 May 2015</b>	Duke of Edinburgh Wakakirri Practice: Thursdays 3:00 – 4:30 in the Gym. Swimming-ACT 12 Years and Under Swimming Champs (AIS).
<b>Friday 8 May 2015</b>	Friday mornings Breakfast Club: 8:15am - 9:00 am Sapphire Terrace Wet Area- all students welcome, all ages. Diamond Terrace and Diamond Gallery "Lord's Taverner Multisports Day" excursion: Diamond Terrace (9-12) and the Diamond Gallery (12-2:30). Duke of Edinburgh. Defence Group at B1 6-10 in the Community Room. Swimming-ACT 13 Years and Over Swimming Champs (AIS). Whole School assembly, Gym, All welcome 9:15-10am
<b>Monday 11 May 2015</b>	
<b>Tuesday 12 May 2015</b>	NAPLAN Student Defence program Tuesdays B1 Defence Group K-2 in the Community Room. Student Defence Program Tuesdays B2 Defence Group 3-5 in the Community Room.

## Student Achievements

Brooklyn and Hannah from Ms Hall's Kindergarten class have produced some outstanding writing. They have recounted what they did in the holidays. It is terrific to see these young learners expanding their writing skills so quickly.

Ebony from Ms Pummeroy's Year 4 class has been doing some excellent reading. Having worked hard in class on a range of strategies to improve her reading skills it was terrific to hear her read so well. Congratulations on working hard to improve your reading Ebony.

The students in Diamond Gallery visited also to share their terrific writing work. They each read out their paragraphs and discussed what they had written about. It is great to see them all working hard to produce their best work.

## Canteen Menu

The new canteen menu is now available from our All Stars Canteen. The menu has been added at the end of the newsletter if you would like to print for your reference. You can also collect them from the canteen.

## School Photos

We have been notified by MSP Photography that their Lab is currently experiencing serious issues with equipment. Due to this the school photos will be a little delayed. They apologise for this delay and any inconvenience it causes and thank you for your patience.

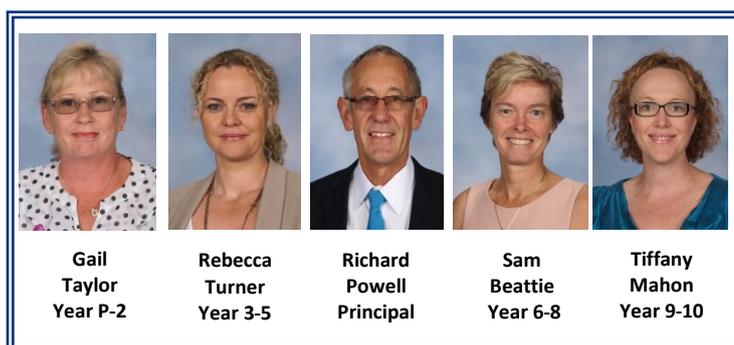
As always, please contact the Deputy Principals; Gail Taylor, Rebecca Turner, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School is committed to working with our community to ensure our students have the very best opportunities to learn.



Richard Powell

Principal

Amaroo School



### School Board

**Board Chair:** Trudie Wykes 0420 571 666

**Parent Board Reps:** Glen Storrar, Sonya Carson

**Staff Rep:** Felicity Boate and Sara Jayn Middleton

**Student reps:** Laeken Storey; Savannah Sithideth

### P & C

**President:** Linda Holland

**Vice President:** Graham Roberts

**Secretary:**

**Treasurer:** Karyn Williams

# Early Childhood

## Preschool

This term promises to be another busy and productive one. We remind all parents and carers about the play and stay opportunities being offered in the Preschool. Please speak to your teacher about times and dates.

As well, we have another busy term in the way of planned events and excursions. Please regularly check your child's preschool pockets for notes concerning these important events and return permission notes as soon as possible.

With the cold weather settling in, please ensure jackets and coats are included in everyday wear as our outside program is an important part of the preschool learning environment.

Developing independence and confidence in preschool children is important in many areas. One area that can leave children feeling frustrated or upset is when they have difficulties opening their snack and lunch boxes. We encourage all parents to spend some time at home with their child practicing opening and closing these items.

## Kindergarten

It has been wonderful to see so many smiling faces return to school and we are looking forward to another great term together. We started the term off by welcoming Kenny Koala to Kindergarten. He talked to us about being safe around the road and we practised some important skills, such as putting on our helmet properly and correctly fastening our seatbelt. Home reading is now up and running and we are excited to see our students continue developing their reading skills. Please remember to read your child's home reader with them each afternoon and return it to school each morning so they can receive a new book. Thank you to everyone who has signed up to help change the home readers at school. This program is really valuable and we appreciate your support. Some classes are still a little light on with helpers, so if you have any spare time no matter how little it would be very much appreciated and supports all of our new young readers. Please write your name on the signup sheet near your child's classroom.

Class Blogs are starting up soon so keep an eye out for the notes regarding this. Keep an eye out for the Term Guide coming home soon, as it provides an overview of the learning that will be covered this term and lets you know about important events coming up.

## Year 1

Year 1 have had a fabulous start to term 2 and are really looking forward to all the exciting learning that is going to happen. We all enjoyed our visit from Constable Kenny Koala who taught us about road safety. This term we will continue our text type on procedures and we are all looking forward to following a procedure to make some delicious treats. During mathematics groups we are learning about using a range of strategies for addition. You may notice an increase in your child's spelling homework beginning this week. We have noticed that the year one students are needing extra practise with spelling their sight words. You will see an additional five words included in their home learning task which need to be practised each week. As the weather is becoming cooler, please send your child to school with labelled warm clothing.

## Year 2

Thank you to all the parents and teachers who supported and cheered on our students during the Athletics carnival last week. It was a day full of many triumphs and personal bests.

Week 2 has seen the students explore in rich detail the importance of explanation texts and where to seek factual information from a range of references which they use to build on their prior knowledge of a concept. In number groups we have been investigating how to use the vertical trading and split strategies in a flexible manner with numbers up to 100. Both teacher and students are seeing positive and promising outcomes being met through the students' keen and passionate approaches during our number group time. Keep up the great work Year 2.

As the weather has taken a colder turn lately this is a gentle reminder to parents that you ensure your child brings with them a jumper with their name on it for those colder days.

A huge thank you to all those parents for returning to Term 2 with enthusiasm to engage in guided reading time and to assist in changing home readers. Your presence at school in promoting a love of reading encourages our students to engage more with texts when at home and for this we thank you!

# Primary

## Year 3

In 3AGO we have been learning about changing states of matter. Students have been working together to complete and write a variety of experiments, including a range of materials and aims.

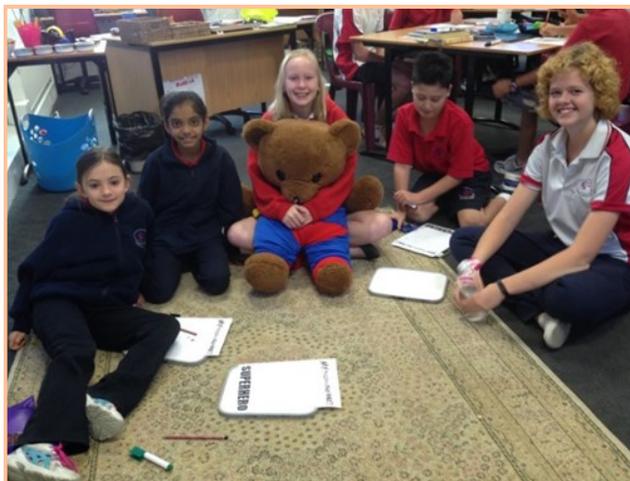


In 3ADO we have been busy learning how to navigate our class blogger page. Each week Mrs Dezman will be posting reflective questions, photos or handy links to support learning in our classroom. Why not ask your child about blogger and what types of reflective comments they have been writing?



## Year 4

In Year 4 we have been learning about how to maintain healthy relationships. We recently explored the concept of 'paying it forward' – this is like a random act of kindness without expecting anything in return. The children looked at ways that their actions can make others happy and the idea of completing a 'random act of kindness' for others without expecting anything in return. We also recently had buddies with our Year 9/10 friends. The focus discussion was on bullying and students worked with their buddies to create an anti-bullying super hero poster.



## Year 5

Year 5 have had a busy start to term 2! We enjoyed beautiful day at the athletics carnival, with many student demonstrating their skills across the wide range of activities including shot put, discus, 100 and 200 m sprint, long jump, relays, and some athletics games. We have also been completing NAPLAN practice tests to ease us into the process for week 3, and practice our responses to questions under test conditions. Year 5 students chose two artists to inspire their final artwork piece for their Visual Arts unit in the final weeks of term 1 and early term 2, producing some creative and dazzling results. Year 5 students are continuing to access their class Blog and making great comments to the questions that are regularly being posted, keep it up and remember to check it often year 5. Well done Year 5!



### Anti-Bullying Survey-Year 5-10

Our school has volunteered to be part of a national study to discover what schools are doing to tackle bullying. Schools from across Australia will tell of their anti-bullying approaches and what is working well. Information will be collected from students, parents and teachers.

In week 4 & 5 of term two, students from our school who are in years five to ten will be invited to complete an on-line survey during school time. Students may only participate if they return the consent form signed by their parents. These forms were handed out at the end of last term and we would really like all students to be able to participate. Consent forms can be returned until the end of week 2.

Parents will be able to give their opinions about student-to-student bullying in schools by going to <http://tinyurl.com/RigbyPS2015>

We think this is important research and we are pleased that our school will contribute to a better understanding of what Australian schools are doing to tackle bullying.

Please contact Sam Beattie on 62052808 if you would like further information.

## Senior School

### **Gungahlin College enrolments are now open for 2016.**

The online enrolment application can be accessed from the ETD website at Application to Enrol/Transfer in an ACT public school

[http://www.det.act.gov.au/school\\_education/enrolling\\_in\\_an\\_act\\_public\\_school](http://www.det.act.gov.au/school_education/enrolling_in_an_act_public_school)

Enrolments close Friday 5<sup>th</sup> June 2015.

### **Student Led Conferences**

Student Led Conferences are occurring during Week 2. These are important opportunities for students to reflect on their learning and prepare for their future. If you have not made a booking with your child's Study Coach we urge you to email them to check their availability.

The booking website is, <https://schoolamaroo1.youcanbookme/>

Excerpt from the Senior School Handbook about Student Led Conferences:

#### Student Led Conferences

The purpose of Student Led Conferences is for students to meet with their parents and their Study Coach and discuss their learning at Amaroo School. The focus of these conferences is to discuss student's strengths and areas for improvement, and to plan for their future learning. Student Led Conferences replace the traditional Parent/Teacher interviews in first semester.

### **Careers and Work Experience**

A huge thank you to past students, community organisations, registered training organisations, businesses and Amaroo School parents who volunteered their time to represent their occupations and professions to Year 9 and 10 students at the end of last term during the Careers presentations morning. The presentations were highly informative and very engaging, with many students inspired to undertake work experience placements and source relevant careers information as a result of the presentations.

Special thanks and much gratitude to:

Academy of Interactive Entertainment

Master Builders Association

Canberra Makeup Academy

Amaroo School Early Childhood Staff – Matt Gowen and Danielle Parker

ACT Ambulance

Air Services Industry

Dane Davies

Craig Simmons

Jarrold Cornish

Daniel Carr and ADFA students

## Languages

Language Perfect Years 6-10: We are still waiting for some payments for this year's subscription. All students have been provided access to Language Perfect and are actively using this resource in class. Your child's subscription for this year costs \$30.00 and includes entry into all competitions and events. Please return the note with payment to the Fish Bowl ASAP. The Language Perfect World Championships is from May 18 (from 5.00pm) – May 28 (until 5.00pm) - Weeks 4 and 5. Students' scores compete with others worldwide. We encourage parents to allow students extra Language Perfect time at home for these weeks. Get ready Amaroo School! Can we hold onto our number 1 place in the ACT?!

Staff changes: We are very pleased to welcome Megumi Noble to the Languages Team. Megumi will take over from Anton Harper in French. On Fridays we also welcome Michelle Nazzari who will be teaching French. We have a Japanese Teaching Assistant, Hiroaki Kyuuba for 2.5 weeks this term.

Continued next page

## Japanese

**Year 3 Japanese:** Our Year 3 students have mastered colour names in Japanese, and how to say their favourite colours. Now they are learning animal names in Japanese through games and activities. They have also learnt about Children's Day celebration in Japan.

**Year 5 Japanese:** Students are revising Term 1 content to enable them to write and perform a shopping skit for assessment purposes. Students will work from a template written by their teacher.

**Year 6 Japanese:** Year 6 students have finished their second unit of work in the Hai workbook. Some students still need to buy this from Chalk Education in Phillip (Hai 1 Workbook (Nice to meet you) ISBN 978-1-876209-85-8.). We are continuing to work on self-introductions. See if your child can introduce themselves in Japanese.

**Year 7 Japanese:** Year 7 are learning self-introductions and phone numbers, using Obento Unit 2. There will be several in class assessment tasks in a coming weeks.

**Year 8 Japanese:** Year 8 have started a new unit learning how to talk about days and dates in Japanese. They are learning the names for the days of the week and the kanji meanings for these.

**Year 9 Japanese:** Year 9 are continuing to develop their ability to talk about simple things in the past tense including saying what they did and what it was like. They did a great job reporting on their holidays. We will be starting a writing task shortly.

**Year 10 Japanese:** Year 10 students have presented their assignment on their home and family. It was fabulous to see how much they can now say in Japanese! We are moving onto a new unit of work on school.

## French

**Year 4 French:** Students are learning new vocabulary about the classroom. They have reviewed body parts and colour and are starting to introduce themselves in French. They are learning the song "Une souris verte" (Green mouse).

**Year 5 French:** Students have reviewed how to introduce themselves, ask and answer questions on where they live for the first week. They are learning vocabulary for animals and the use of the verb 'avoir', such as "I have a cat" They are learning the song "Une souris verte" (Green mouse).

**Year 6 French:** Year 6 students are learning how to ask the time and answer the question "What time is it?". They are also reviewing numbers from 1-50.

**Year 7 French:** Students worked on introducing themselves, including how to ask and answer questions such as "What is your name?", "How old are you?", "Where do you live?", and "I have a sister and a brother". And some students have learnt how to say negative sentences.

**Year 8 French:** Students have worked on self-introduction and nationality as well as reviewing how to ask and answer the time.

**Year 9/10 French:** Year 9 students are learning verb conjugations and the past tense (passé compose) with the textbook "Tapis Volant". They are continuing to work on Language Perfect. Year 10 are writing about their last holiday using the past tense (passé compose). They are learning the conjugation of past tense verbs.

## Sport & PE

What a great start to Term 2 we have had in PE and Health across our school! A huge congratulations to all the students who participated enthusiastically in the Year 2-6 Athletics Carnival and the Early Childhood Activities last week. After a washed out carnival last term, the weather was perfect and all students seemed to enjoy themselves during the day. A big thank you to all the organising teachers on the day and the Senior School students and parents helpers on the day.

Congratulations to students selected in the 12yrs and under PSSA Rugby League team: - Braedon B, Daniel H, Jacob W, Jordan E and Ethan C. Congratulations to students selected in the 12yrs and under PSSA AFL team: - James W, Matthew R, Magnus P, Daniel H, Harrison C, Jordi S and Blake H.

During the holidays, Michaela S and Sophie T, competed in the State Championships for Gymnastics over a 2 day weekend (11th & 12th April). Michaela placed 1st overall in ACT, placing 1st on Bars, 2nd on Beam, 3rd on Floor and 10th Vault. Michaela also made the ACT Team which will be travelling to Caloundra and competing on 27-30th June this year. Sophie placed 10th overall in the ACT, placing 6th on Bars, 7th on Vault, 8th Floor, 12th on Beam. Both girls performed exceptionally well - great work!

Good luck to all the students participating in our Cross Country this week. School spirit and values were displayed on Monday during the Early Childhood and Primary Carnival. The Middle School and Senior School carnival will be run on Wednesday this week and we are sure all students attending will have an enjoyable day. Results for these carnivals should be available in the coming weeks.

Good luck also to our Amaroo students representing ACT in the ACT Swimming Championships. We wish you luck during these competitions and look forward to hearing about your results.

There are a number of sporting events being offered at the moment. If you are interested in any of these trials, please see Mrs. Bryant if you are in Primary School or Miss. Watt if you are in Middle or Senior School. If you are interested in any of the Amaroo teams, please see the teacher in charge of the team mentioned below.

Girls 12Y & Under – Netball – PSSA Trials: 11 and 12 May Girls 12Y & Under – Basketball – PSSA Trials: 20 and 27 May Girls 12Y & Under – Hockey – PSSA Trials: 4 May

Boys 12Y & Under – Basketball – PSSA Trials: 27 May and 3 June Boys 12Y & Under – Touch Football – PSSA Trials: 4 May and 6 May Boys 12Y & Under – Rugby Union – PSSA Trials: 11 May and 12 May

Boys 15Y & Under – AFL – School Sports Australia Trials: 5 May and 12 May

Girls 16Y & Under – Hockey – School Sports Australia Trials: 12 May and 19 May Girls 16Y & Under – AFL – School Sports Australia Trials: 1 May and 8 May

Girls 9Y - 17Y - Oztag – ACT Trials for Junior Nationals Competition: 13 June and 20 June Boys 9Y - 17Y - Oztag – ACT Trials for Junior Nationals Competition: 13 June and 20 June 2015.

Gungahlin Lakes Golf Club is excited to announce a fantastic offer for local students between the ages of 12 - 15 years! We are running a Scholarship program that would offer up to 10 scholarships for eligible students, with opportunity to receive 8 weeks of FREE golf lessons, and upon completion awarded 2 years of free membership to the golf club! This is valued at over \$1500 and a great opportunity for young students to get interested in the sport of golf and become a member of a friendly club (for free!). If you think you might be interested in this, please see Ms Watt or Mrs. Bryant

Congratulations to Daniel A in 8GPG who won 3 medals at the Tri State Fencing Competition. Daniel won a bronze in the u13 Épée, silver in u13 Sabre and Gold in u13 Italian Relay. Daniel has been fencing since he was 4 and is the current u15 and u13 foil champion and the u13 Sabre in the ACT. We wish Daniel all the best with his progression to International competitions and look forward to following his achievements.

## Library

**Scholastic Book Fair is coming to Amaroo School Library in Week 4.** It is an annual school fundraiser and targeted at preschool to Year 6 students.

Book Sales: Wednesday 20 May 3:00-3:45, Thursday 21 May and Friday 22 May 8:30-9:00; 3:00-3:30. Primary and Middle year students are welcome to come at B1 and B2. Payment can be by cash, EFTPOS or completed online on the back of the student wish list form.

Students from K-4 will have an opportunity to view the Book Fair before the sales. Scholastic sends a selection of books that can be re-ordered if sold out. Novelty items and posters cannot be re-ordered. Funds raised support the pre-school and main school library and charities we support, including Clea's Library in Lalomanu, Samoa; Indigenous Literacy Association, MaryMead and the Nepal and Vanuatu appeals.

**Chief Minister's Reading Challenge** continues till the end of Term 3. Chief Minister Barr is encouraging students from Preschool to Year 8 to read 12 books of their choosing, not from the specified lists as in previous years.

Preschool to Year 4 students are all registered and use their library story time and in-class reading time to complete the challenge. Year 5-8 students complete individual reading logs which are available from the library or homeroom class teacher.

**ANZAC display:** Many thanks to our Defence families for the loan of items for our library display. Don't forget to pop in and have a look during May.

**World Book Online: Amaroo School has a subscription to World Book Online.** Your child can access this interactive encyclopaedia and eBooks from your home computer and for the younger students Early Years of Learning using the following login: Username: amaroos and Password: amaroos  
Students unable to access the internet from home can use the library computers for school work and educational games at break times with a note from their teacher.  
Happy reading! Library Staff



## BOOK CLUB

Issue 3 Book Club pamphlets have been sent home. Orders and payment are due back at school by Thursday 14<sup>th</sup> May 2015.

**PAYMENT DETAILS:** Orders can be paid by cash, credit card or cheque. All cheques should be made payable to Scholastic Australia; Credit Card orders can be made by phone (1800 557 908) or online ([www.scholastic.com.au/payment](http://www.scholastic.com.au/payment)). Please keep a copy of your receipt number. Orders should be placed in an envelope marked with your child's name, class and the amount enclosed.

If you have any questions please ring Michele in the library on 6205 2172.

Book Club Co-ordinator.

## Band @ Amaroo

Concert Band resumed on Wednesday Week 1. We have been learning several new pieces and revisited some older pieces over the past few weeks. Hopefully students are practising their parts at home as this is the only way we can continue improving. When we play a piece with confidence, we are sounding really great!

Beginner Band will resume on Monday Week 2 and I am looking forward to the progress students have made. Home practise should consist of a warm up (like a scale or two), pieces or parts of pieces that need work, and always finish with something fun.

Music for specific instruments can be purchased from lots of places. Here in the ACT, we have Better Music (in Phillip) and Pro Audio or Davis Wheeler Music (both in Fyshwick). There are also on-line stores like Sheet Music Direct where you can buy music and print it out at home.

Happy playing!

Tina Oldham

# ANZAC Day Assembly Ceremony

## ANZAC Day Assembly

Amaroo School commemorated the ANZAC centenary on Friday 1 May 2015 in a special assembly which was very well attended and received. Many staff members, students, parents and special guests worked tirelessly to make the event successful and poignant. We thank you for your enthusiastic input and dedication. The assembly featured our Principal Richard Powell, special school community members (the McNair and Hohnke families who shared their ancestor's service history), parent and student representatives for each military service and other Defence families who laid wreaths or flowers), student speakers, the Federation Guard as the Catafalque party featuring many Amaroo School parents, Mostyn Gale on the bagpipes and our bugler Kaylee S. At the back of the stage, a wall of 8709 individually crafted poppies was displayed to represent the number of lives lost and families affected during the battle of Gallipoli. We thank the Amaroo School community who helped with the poppy display. The special plaque which sits on the wall in the middle promenade was officially unveiled after the assembly. We thank the P&C committee for their contribution. Guests and Defence families enjoyed a special morning tea run in the Community Room. We also acknowledge the hard work put in by Ian Thomson (Pastoral Care co-ordinator), Sarah Hewat and her SPARCS team, Allan and Dan (BSOs) who mounted the plaque and stage displays, our student cadets, Louise McMullen for the ANZAC display in the library, our teachers who prepared the students to be so respectful for such an important event and the parent volunteers who went above and beyond to ensure our school commemoration was memorable. Many thanks from Michelle Nazzari and Jo Farmer.





**Drinks**

Water 600ml	\$1.00
Fruit Juice 200ml	\$1.50
Plain Milk 300ml	\$1.50
Coconut Water	\$3.00
Flavoured Milk	\$2.50
Flavoured Water	\$2.50
Iced Coffee	\$2.50
Vanilla Malt	\$2.50
Hot Chocolate	\$2.50

**Frozen Treats**

Fruit Stick	.50c
Frozen Fruit Cup	\$1.00
Paddle Pop	\$1.50
Slushie	\$2.00
Frozen Yoghurt	\$2.50
Ice Cream Tubs	\$1.50

**Snacks**

Fruit Nuggets	.50c	Potato Pie	\$4.50
Choc Chip Cookie	.50c	Hot Dog	\$3.00
SMALL Muffin	\$1.00	Puppy Dog	\$1.50
LARGE Muffin	\$2.00	Noodles	\$2.00
Brownie	\$1.00	Apple Pie	\$2.50
Jam Donut	\$1.00	Pizza Ham Cheese Pineapple	\$3.00
Slice of Fruit	.20c	Dinosnacks	\$3.00
Piece of Fruit	\$1.00	Sausage Roll	\$3.00
Popcorn	\$1.00	Halal available	
Rice Wheels	\$1.00	Spinach & Ricotta Roll	\$3.50
Grain Waves	\$1.50	Wedges	\$4.00
Red Rock Chips	\$1.50	Hot Potato	\$3.50
Piranha Chips	\$1.50	Ham n Cheese Toasted	\$3.00
Tomato Sauce	.20c	Fish n Wedges with Side Salad	\$4.50
<b><u>Hot Food</u></b>		Garlic Bread	\$1.00
Cheese Pizza	.20c	<b><u>SUBS</u></b>	
Party Pie	\$1.00	Meatballs, melted cheese	\$4.00
Meat Pie	\$4.00	Chicken Carbonara	\$4.00
Halal available		Chicken Teriyaki	\$4.00

<b><u>Hot Burgers &amp; Wraps</u></b>		<b><u>Salads</u></b>		<b>More than 3</b>	
Egg & Bacon Burger	\$3.00	Side Salad	\$2.00	Roll extra	\$4.50
Beef & Cheese Burger	\$4.00	Garden Salad	\$3.00	Cheese	.50
Super Burger	\$4.50	Chicken Salad	\$4.00	Tomato	
Grilled Chicken Burger	\$4.00	Caesar Salad	\$4.00	Lettuce	
Chicken Schnitzel Burger	\$4.00	Chicken Caesar	\$4.50	Carrot	
Chicken Schnitzel Super Burger	\$4.50	Ham Salad	\$4.00	Cucumber	
Tandoori Chicken Burger	\$4.50	Thai Noodle Salad	\$4.00	Celery	
Beef Burger w side salad	\$5.00	Small Thai Noodle	\$2.50	Red onion	
Veggie Burger	\$4.00	Pasta Salad	\$4.00	Beetroot	
Sweet Chilli Chicken Wrap	\$4.00	<b><u>Dressings &amp; Sauces</u></b>			
Chicken Schnitzel Wrap	\$4.00	French, Italian, Caesar, Tartare, Mayo (Gluten free), Balsamic Glaze, Sweet Chilli, BBQ.		Mixed lettuce	
Tandoori Wrap	\$4.00	<b><u>Cold Sandwiches, Rolls &amp; Wraps</u></b>			
Veggie Wrap	\$4.00	Bread : Wholegrain, Gluten free Wholegrain		Fresh Chicken Breast oven baked (Halal)	
Allstars Canteen Manager 62538373		1 filling	\$1.50	Ham	
Order online <a href="http://www.flexischools.com.au">www.flexischools.com.au</a>		2 fillings	\$2.50	Roast Beef	
Or at the canteen ..... bag 10cents		3 fillings	\$3.50		
Write order on bag with child's name and class and whether B1 or B2					



Amaroo School in support of the year 10 Formal will once again be selling the Entertainment Book and Digital memberships.

Attached is the link to order your 2015 preferred option.

Books will be ready for collection or delivery to your child's classroom, early May 2015

<https://www.entertainmentbook.com.au/orderbooks/2327x2>



**gungahlin**  
COLLEGE  
connect learn achieve

**OPENNIGHT**

**Thursday 21 May 2015**

6:00pm Principal's Address (Gymnasium)

6:45pm Year 10 SMART Program (Main Theatre)

7:30pm Year 11 and 12 Gifted, Talented and  
Enrichment Programs (Main Theatre)



Thank you for taking the time to look over our new programs which will be available to schools within Gungahlin at Amaroo Oval.

Potential Energy is a youth sports development group that uses specialist coaches to develop the skills required for a given sport. As specialists in youth development we ensure our programs look to manage the needs of each child as they develop to avoid medium to long term injuries. Your child will be placed in a group that best suits their ability and sporting talents.

Children under the age of 14 are injured during sports related activities and overuse injuries are responsible for half of all youth sports injuries. In addition they are the second leading cause of emergency room visits for both children and adolescents.

Children of all ages participate in sports with the goal of having fun while parents hope their child will reap the benefits of building self-esteem, peer socialisation and overall fitness for health. The reasons for injury include specialisation in a sport at an early age, an imbalance of strength, improper equipment or environment, intense and repetitive practices without proper rest and doing too much too soon particularly during growth spurts. With sports like soccer, otag and basketball being available to play all year long there is not enough time for rest. Then add a lack of education about the right equipment and training requirements, the chance of injury sky rockets.

By taking a proactive role in understanding the stages of development and building a positive relationship with a child, our coaches are able to identify those children who may be at a greater risk of injury. Our coaches encourage Positive reinforcement and goal setting as a way of ensuring all enjoy and cope with situations in their sport better, which can also reflect positively on other areas in their life.

All our programs are 10 weeks in duration. You can choose to do 1-3 sessions per day (max 2hrs per day). Each session is specific to a different area of development and will be rotated accordingly. These include;

1. **Speed & Agility** (*Agility* requires a combination of balance, *speed*, strength and coordination. *Speed and agility* are very important qualities of a good athlete. Some *sports* can rely solely on *speed and agility*)
2. **Speed Endurance** (*High Intensity workouts- 1 session per week this forms the later part of pre-season training and in-season training*)
3. **Strength & Conditioning** (*helps athletes to become faster, stronger and more flexible and to build their muscular endurance so they perform better and remain injury free.*)
4. **Skills based games** (*all aspects of the sport, from the basic skills to more technical moves and strategies, are taught in the context of fun, yet instructive games.*)
5. **Fitness** (ie: circuits, boot camps, team challenges etc)
6. **Sprints Training** (*the ability to run fast is an important weapon in an athlete's armoury for many sports*)
7. **Power** (*the ability to exert maximum force as quickly as possible, as in jumping, accelerating and throwing*)

Yours in Sport

Debra Moran

Program Manager

*Registered coaches - working with vulnerable people certified and sports first aid*



## School Sport ACT Orienteering Trials 2015

All ACT school students (born 2003 or earlier) are invited to nominate and participate in trials for selection in the ACT Schools Orienteering Team which will tour and compete in the [Australian Orienteering Championships Carnival](#) from 25 September – 4 October 2015 near Ballarat, VIC.

The team will consist of up to 20 athletes in the following categories:

- Junior Girls (15 years (2000) and under) – moderate navigation
- Junior Boys (15 years (2000) and under) – moderate navigation
- Senior Girls (16 years (1999) and over) – hard navigation
- Senior Boys (16 years (1999) and over) – hard navigation

Trials are as follows with allocated start times from (approx.) 10 am:

Date	Location
Saturday 23 May	Sandhills, 15 km east of Bungendore (ACT Middle Distance Championships – pre entry required in your normal age class) <a href="#">Further event and entry information</a>
Sunday 24 May	Sandhills, 15 km east of Bungendore (ACT Long Distance Championships – pre entry required in your normal age class) <a href="#">Further event and entry information</a>
Saturday 13 June	Remembrance Park, Campbell <a href="#">Event information</a>
Saturday 20 June	ANU (sprint format) <a href="#">Event information</a>

Athletes are encouraged to attend all trials.

Nominations via email to the ACT Schools Team Manager ([azhyslop@gmail.com](mailto:azhyslop@gmail.com)) containing athlete's name, DOB, school and contact details are to be submitted no later than Sunday 17 May.

If you require any further information, please contact:

Anna Hyslop - Manager ACT Schools Team (E: [azhyslop@gmail.com](mailto:azhyslop@gmail.com) T: 62811939)

Rohan Hyslop - Coach ACT Schools Team (E: [rohan.hyslop@bigpond.com](mailto:rohan.hyslop@bigpond.com) M: 0407904012)



### SCHOOL SPORT ACT

School Sport Centre, Fullagar Crescent, Higgins  
PO Box 4743 Higgins ACT 2615  
PHONE: (02) 6205 9174 FAX: (02) 6205 7799  
EMAIL: [sact@bigpond.com](mailto:sact@bigpond.com)  
WEB: [www.schoolsportact.asn.au](http://www.schoolsportact.asn.au)  
ABN: 95 825 767 889

**Spikezone** is a modified volleyball program aimed at 8-12 year olds with smaller courts, lower nets, a softer and lighter ball, fewer players on court and modified rules.

**VACTS VOLLEYBALL**

For more information  
Call Tim  
Ph: 0402 640 621  
E-mail: [actdragons@gmail.com](mailto:actdragons@gmail.com)

*Join the fun!*

**When:** Friday afternoons, weeks 2-9 term 2,3, and 4 4pm – 5pm  
**Where:** Amaroo High School Gym  
Katherine Ave  
**Registration Fee:** \$50.  
Includes water bottle and T-shirt

## The Gungahlin Child and Family Centre is offering a free program 'Cool Little Kids' to parents in Term 2.

The 'Cool Little Kids' prevention program is designed for parents of young children aged 3-8 years. The program focuses on teaching young children, through their parents, to build confidence and develop skills to manage anxiety and other negative emotions as they grow. The program is aimed at young children who are shy, withdrawn or inhibited.

The 'Cool Little Kids' program will run for six (6) sessions during Term 2.

<b>Parent Sessions</b> <b>10am – 11:30am</b>	Wk 2	Session 1 – Friday 8 <sup>th</sup> May
	Wk 3	Session 2 – Friday 15 <sup>th</sup> May
	Wk 4	Session 3 – Friday 22 <sup>nd</sup> May
	Wk 5	Session 4 – Friday 29 <sup>th</sup> May
	Wk 6	<b>Break</b>
	Wk 7	<b>Break</b>
	Wk 8	Session 5 – Friday 19 <sup>th</sup> June
	Wk 9	Session 6 – Friday 26 <sup>th</sup> June

Please contact Gungahlin Child and Family Centre Intake to register your interest on **6207 0120**.

To support ACT public schools in their implementation of the Gifted and Talented Students policy, the ACT Education and Training Directorate has commissioned Gateways Education to develop a series of six articles over the next three years to provide information to parents and the community about gifted and talented children. The following article is the second in the series.

This article and further information about the education of gifted and talented learners, including Gifted and Talented Fact Sheets for parents, can be found on the ACT Education and Training Directorate website.

## **Understanding the different curriculum needs of gifted learners**

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In educational systems across the world, educators are tasked with the responsibility of meeting the needs of all learners in their classrooms through the curriculum and program options they construct and deliver. Every classroom is a community of diversity, which includes students of different ability levels and learning styles, prior understandings and skills, different cultural experiences and language backgrounds, as well as a variety of affective differences and learning difficulties. Each learner has specific needs and, whilst the curriculum is designed to reach most learners in these classrooms, additional strategies are often needed for students such as gifted learners, whose needs are different to mainstream learners.

Differentiation is about modifying learning experiences so that all students have the opportunity to engage in the learning process at their optimum level. In the case of gifted students, it should be as qualitatively different as their level of ability requires. Differentiation has become the global approach to addressing the needs of a wide variety of learners, as it promotes equity in the mixed ability classroom and focuses on best practice instruction (Tomlinson, 1999, 2001; UNESCO, 2004)

Gifted students differ markedly from each other in the curriculum adjustments they require because their characteristics and needs are so personal and unique. VanTassel-Baska's longitudinal research published in 2008, found that the three key characteristics of gifted learners, which should guide curriculum planning were those of precocity, intensity and complexity. They need time for in-depth exploration, to manipulate ideas and draw generalisations about seemingly unconnected concepts, and opportunities to ask provocative questions.

So how does appropriately differentiated curriculum meet the different needs of gifted learners? There has been substantial agreement over the last three decades (Kim, VanTassel-Baska, Bracken, Feng & Stambaugh, 2014; Passow, 1982; Reis & Renzulli, 2010; Rogers, 2007; VanTassel-Baska, 1986, 2005, 2008, 2012, 2013; VanTassel-Baska & Brown, 2007; VanTassel-Baska & Little, 2011), on a number of key points related to this question. The following points provide a summary of these:

The content of curriculum presented to gifted students should be more advanced than the regular curriculum and be organised to include more elaborate, complex, and in-depth study of major concepts, problems, and ideas that integrate knowledge within and across systems of thought (Maker, 1986). The pace at which this content is presented should be reflective of the different learning rates of gifted learners.

Curriculum differentiation should allow for the development and application of productive thinking skills to enable gifted students to reconceptualise existing knowledge and/or generate new knowledge. Inquiry-based and problem based learning using higher order thinking and creative thinking skills such as those developed through the use of Bloom's Taxonomy (1956), the Williams Model (1970), the Maker Model (1982) and Paul's Elements of Reasoning Model (1992) should underpin curriculum implementation and pedagogy.

The learning environment in the differentiated classroom should be open and supportive of diverse learning styles and enable gifted students to explore constantly changing knowledge and information in order to develop the attitude that knowledge is worth pursuing in an open world. Personal bests rather than comparisons to other students should be encouraged too, as research shows this results in an increasing level of academic achievement for all students, particularly the gifted (Rogers, 2002). Gifted students require daily challenge in their learning in order to prevent underachievement, anxiety and stress and thus may benefit from being grouped with like-minded peers to facilitate this (Rogers, 2007) and to avoid repetition of already mastered materials.

Curriculum adjustments for gifted students should promote self-initiated and self-directed learning and growth, and support the development of self-understanding and connection to the world.

The research in the field of gifted education strongly suggests that curriculum differentiation is effective in promoting learning within this population (VanTassel-Baska, 2008). It is also important to recognise that differentiation for gifted learners in heterogeneous settings requires great skill on the part of teachers and the support of principals and educational authorities (VanTassel-Baska, 2004) through ongoing access to professional learning. Finally, Rogers (2007) warns that there is no single practice or panacea that will work in every school setting and with every gifted learner and therefore, good practice will reflect multiple research-based strategies and pedagogical structures, which align with a school's own philosophy, staff and community.

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Working together  
Developing Potential

## The following Programs are happening in Canberra in the next couple of months

### Friday night 'Gifted Teen Hang Out'

An opportunity for gifted students who are in Years 7-12 to hang out and be with others of like mind. There will be board games available (see who is better at Settlers of Catan, Boss Monster, or the ever popular Chess), see who can conquer the 'Challenge of the Night', or just hang out and meet others. Feel free to bring along your own supper.

**COST:** Family donation of \$20 per student – please pay at the door

**Venues** alternate between north and south Canberra, but all students are welcome at both.

**TO BOOK:** Please follow the URL provided under the event

### Sunday Games Group

Gifted families with children 5-12yo. Board games, challenges, craft, activities...

**COST:** Family donation of \$20 per family – please pay at the door

**Venues** alternate between north and south Canberra, but all families are welcome at both.

**TO BOOK:** Please follow the URL provided under the event

### Coming Up....

Keep an eye out for our Camp in October and more social and study skills courses in the coming months

**Facilitator: Lyndal Reid**

#### Friday night 'Gifted Teen Hang Out'

**DATE:** Friday 1 May  
**TIME:** 7.30pm – 9.30pm  
**VENUE:** Downer Community Centre,  
Frencham Place, Downer  
<https://teen-hang-out-1st-may-2015.eventbrite.com>

**DATE:** Friday 15 May  
**TIME:** 7.30pm – 9.30pm  
**VENUE:** North Kambah Arts Centre,  
Kett St, Kambah  
<https://act-teen-hang-out-south-15th.eventbrite.com>

**DATE:** Friday 29 May  
**TIME:** 7.30pm – 9.30pm  
**VENUE:** Downer Community Centre,  
Frencham Place, Downer  
<https://act-teen-hang-out-north-29-may.eventbrite.com>

**DATE:** Friday 12 June  
**TIME:** 7.30pm – 9.30pm  
**VENUE:** North Kambah Arts Centre,  
Kett St, Kambah  
<https://act-teen-hang-out-south-12th-june.eventbrite.com>

#### Sunday Games Group

**DATE:** Sunday 3 May  
**TIME:** 3.30pm – 5.30pm  
**VENUE:** Meeting Room 2, BCS  
Chandler St, Belconnen  
<https://sunday-family-fun-north-act-3rd-may.eventbrite.com>

**DATE:** Sunday 17 May  
**TIME:** 3.30pm – 5.30pm  
**VENUE:** Kambah Scout Hall  
Springbett st, Kambah  
<https://act-sunday-family-fun-south-17th-may.eventbrite.com>

**DATE:** Sunday 31 May  
**TIME:** 3.30pm – 5.30pm  
**VENUE:** Meeting Room 2, BCS  
Chandler St, Belconnen  
<https://act-sunday-family-fun-north-31st-may.eventbrite.com>

**DATE:** Sunday 14 June  
**TIME:** 3.30pm – 5.30pm  
**VENUE:** Kambah Scout Hall  
Springbett st, Kambah  
<https://act-sunday-family-fun-south-14th-june.eventbrite.com>

If you would like to attend any of these events, wish to have your name added to our email database to be informed of all events coming up, or just want more information, please email [agscact@gmail.com](mailto:agscact@gmail.com) or ring or text

Lyndal Reid on 0408 436 182

<http://australiangiftedsupport.com>

## Community News

Amaroo School does not necessarily endorse the products or services advertised.

**Please see more after school services for students and families and other items of interest in our Parents biz Directory through our Amaroo School App through your App Store on your mobile device**

<p><b>'Antoinette Karsten Art', Art classes and holiday workshops</b> Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</p>	<p>Email or call Antoinette for more info. antoinettekarsten@hotmail.com Mob: 0422693546</p>
<p>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10years and under, 7 years and under.</p>	<p>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on <a href="http://www.academycalisthenics.com.au">www.academycalisthenics.com.au</a>, with enquiries to <a href="mailto:info@academycalisthenics.com.au">info@academycalisthenics.com.au</a> or 62882858</p>
<p style="text-align: center;"><b>Gungahlin Dance Academy</b> <b>Exceptional dance training for all ages</b> <b>Fully equipped studios in Amaroo</b></p> <p>Classical Ballet (RAD) Contemporary Jazz Tap Private Tuition</p>	<p>Performance Team Ballet examinations Annual Performances 2014 USA tour Ages 3 and up For further information and enrolment Details- Web: <a href="http://www.gdance.com.au">www.gdance.com.au</a> Email: <a href="mailto:gdance@bigpond.net.au">gdance@bigpond.net.au</a> Phone: 6255 5204</p>
<p><b>SCOUTS = Adventure + Life Skills</b> Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</p>	<p>Come and try Scouts today and take advantage of our 3 week FREE trial. Visit <a href="http://scoutsact.com.au">scoutsact.com.au</a> to find your closest Scout Group or call 1800 SCOUTS</p>
<p><b>Bollybody Yoga Classes</b> Are you looking for building up your bonding with your children, giving your children a lifelong technique of developing discipline, responsibility, self-health, relaxation, self-esteem, stress management, calmness, concentration and assisting them to excel in whatever they are doing? Testimonials can be seen on website: <a href="http://www.bollybody.com.au">www.bollybody.com.au</a></p>	<p>Come and experience the free first yoga class with your children on Saturday 7 February 2015 at Amaroo High School (Katherine Ave, School Library right side room) between 10:20 am to 11:30 am. More details Contact Nancy Williams on 0432 683 699 or <a href="mailto:mailto:bollybody@gmail.com">mailto:bollybody@gmail.com</a></p>
<p style="text-align: center;"><b>Do You Love Candles?</b> <b>Do You Love Home Decorating?</b> Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</p>	<p>For more information contact Annette Gleeson Independent Consultant with <b>Partylite</b> on 0418 261 444 or <a href="mailto:lovecandles.annette@gmail.com">lovecandles.annette@gmail.com</a>  <a href="http://www.annettepartylite.com.au">www.annettepartylite.com.au</a></p>

<p><b>Action Tae Kwon-Do</b> Action Tae Kwon-Do has children only classes so that your children are taught relevant skills in a safe environment. These children classes are for children aged 5 -12 years of age.</p>	<p>After progressing through our children’s program the children will have the required skills to join our adults program.</p> <p>Classes at Amaroo School Call Paul for information 0414 898 888</p>
<p><b>Bollywood Dance Classes for adults &amp; kids by Canberra School of Bollywood Dancing</b> A fun way to keep fit and Active! Free trial class at Amaroo School – Monday 9 Feb Adults &amp; Kids 7 + years - 6.30 to 7.30 pm Venue – Amaroo School dance studio (downstairs)</p>	<p>Special 6 week fee \$65 for a term Please email <a href="mailto:canberrabollywood@bigpond.com">canberrabollywood@bigpond.com</a> to secure your spot. More details on our website <a href="http://www.canberrabollywood.com.au">www.canberrabollywood.com.au</a> Find us on Face book – Canberra School of Bollywood</p>
<p><b>National Tae Kwon-do</b> Our Children’s program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</p>	<p>Classes at Amaroo School. All enquiries Phone 0414 898 888 <a href="http://www.nationaltaekwondo.com.au">www.nationaltaekwondo.com.au</a></p>
<p><b>Butterfly Wicks</b> is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</p>	<p>For sales and orders please contact: <i>Butterfly Wicks</i> <i>Shane Weise</i> Mobile: 02 6241 9126 <a href="http://www.facebook.com/butterflywicks">www.facebook.com/butterflywicks</a> <a href="mailto:Butterflywicks@inet.net.au">Butterflywicks@inet.net.au</a></p> 



TAKE YOUR MARK

Come and see the Australian Dolphins Swim Team race alongside Japan at the 2015 Canberra Grand Prix. Don't miss this amazing opportunity to see some of the world's fastest swimmers in action before they take on the world in Russia later this year.




FREE ENTRY

**AIS AQUATIC CENTRE - CANBERRA, ACT**

**FRIDAY 15 MAY**  
10.00am - 11.30am **Session 1**  
5.00pm - 6.30pm **Session 2**

**SATURDAY 16 MAY**  
10.00am - 11.30am **Session 1**  
5.00pm - 6.30pm **Session 2**



GRAND PRIX

CANBERRA, MAY 15-16

