Dear Parents and Carers,

The students have settled into their classes and learning patterns extremely well. It was great to see students and staff have returned motivated and ready for another highly successful learning year. Many students reported having fabulous breaks but being very excited about the new school year. Please encourage your child to drink lots of water during this hot dry start to our school year.

**Deputy Principals**

As many members of our school community would be aware Rebecca Turner is about to commence maternity leave and she will be replaced by Gail Taylor as our Deputy Principal Primary. We wish Rebecca all the best for the birth of her first child and her exciting times ahead. Gail is a highly experienced primary Executive Teacher and she has an enormous amount of skills and experience she brings to the position.

Ben Hall had a cycling accident in the holidays and will be absent from his duties as he recovers from a complex fracture of his arm. Whilst Ben is on sick leave Janine Gould will act as Deputy Principal Early Childhood. Ben is expected back in a couple of weeks and Janine, another very talented Executive Teacher, who also has a wealth of knowledge and skills, will act in the position.

**Student Achievements**

Kelsey and Anthony from Ms Ward’s Year 5 class have produced some outstanding work. They were challenged to design a bridge and their responses are very creative. It is great to see these students producing their best work.

**School Board Vacancies**

In 2014 the Amaroo School Board will have two parent representative vacancies, one staff vacancy and two student vacancies. Nominations for the parent representatives will be accepted from all parents and carers of students enrolled at Amaroo School and Amaroo Preschool. Appointment will be for a period of two years with the Board meeting on the third Monday of each month during school terms. If more than two people nominate, an election will be conducted after the close of nominations. Nominations will open on Monday 3 February 2014 and close on Monday 17 February 2014.

As always, please contact the Deputy Principals; Janine Gould (Acting DP), Gail Taylor, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School are committed to working with our community to ensure our students have the very best opportunities to learn.

Richard Powell
Principal
Early Childhood

Kindergarten
A big welcome to all our Kindergarten parents and carers! We have had a wonderful first week and look forward to a great year ahead.
A few admin bits and bobs to get out of the way...
Thank you to everyone that has brought in their child’s book packs. If you haven’t brought it in yet, please do so as soon as possible. To help us ensure jumpers, hats and lunchboxes etc. come home to you each day, please make sure you label everything clearly with your child’s name.
We have fruit break each day around 10.15am, so don’t forget to pack some fruit, vegetables or cheese in your child’s lunchbox.
If you have any boxes or construction materials laying around the house, we would love them for our craft areas. Any recycled plastic containers or cardboard boxes that you can donate would be greatly appreciated.
PIPS testing will be happening in weeks 3 and 4. This is a great opportunity for us to see where your child is at in their learning and help us to plan appropriate learning experiences for them. PIPS results will be sent home to parents at the end of the term.
Have a great week 2!

Year 1
Welcome to Year 1 for 2014. We have had an amazing start to the year. This year we welcome John Nash and Janet Hagan to the Year 1 team. We welcome back Kristina Vizadis (was Kristina Lemezina) Janice Farrer, Emily Ashcroft and Danielle Parker. Our focus for the first 2 weeks is to get to know each of our students and understand their academic strengths and areas for further development.
Students have quickly settled back into the routine of school. We will start to explore the structure of a ‘recount’ by writing about our weekend and Investigation sessions. We are currently assessing reading levels; magic 100/200 words and will begin sending home readers and sight words in Week 3. In numeracy we are focusing on revising our number names and counting forwards and backwards from twenty. You might like to practise this at home.
Students are welcome to celebrate their birthdays throughout the year with their class by bringing in cupcakes. Please speak to your class teacher about any food intolerances to be aware of.
We look forward to a very productive year ahead, supporting your children in their academic progress. Please contact your class teacher if you have questions or concerns.

Year 2
Wow Year 2’s! We have had such an amazing start to the year. It has been fantastic to see so many happy, smiling faces greeting the teachers each morning, all ready to knuckle down and work hard. It’s going to be a super year.
It is really important to remember to bring hats to school each day, not only to be sun conscious but also to allow students opportunities to play with their friends.
Homework will be sent home in week 3. Any questions that you may have regarding your child’s homework can be answered at the Parent Information Night on Tuesday 18 February 5:30pm/6:00pm. We look forward to seeing you there.
On behalf of the Year 2 team, we hope you have a fantastic week.

School Board
Board Chair: Trudie Wykes 0420 571 666
Parent Board Reps: Judiann Hohnke, Katherine Keenan
Staff Rep: Gail Taylor and Naomi Goode
Student reps: Kyle Plekker, Grace King.

P &C
President: Chris Blight
Vice President: Richard Pratt
Secretary: Natalie Roberts
Treasurer: Karyn Williams
Year 3

Welcome to year 3 at Amaroo School for 2014! We hope you had a relaxing break. Students and teachers are eager to begin and are ready to learn! We have a busy and fun filled term planned with our History unit ‘Celebrations’ that includes an excursion to the Australian War Memorial. A note will come home later in the term regarding this excursion. All classes will begin focusing on whole number and place value in Mathematics and writing narratives and expositions in literacy. We will also be focussing on ‘Friendly families and schools’ in our Health unit. Class library days are listed below. Students are required to have a suitable library bag to be able to borrow. If you have not returned your library books from 2013, please do so as soon as possible so your child can begin borrowing from the library again.
3GSO – Thursday, 3EPO – Thursday, 3NGO – Thursday, 3JRO – Monday, 3LMO – Thursday
Have a fantastic week!

Year 4

Welcome back to school! All of the teachers are so happy to be back and are so impressed by how quickly all the students have settled back into school.

Library borrowing will start next week, 4SDU, 4LMU, 4TRU, 4RPU will be visiting the library on Wednesday and 4FBU and 4CWU will be going on a Thursday.

A reminder that it is hot at the moment and a lot of students are coming back in from break time with red faces. Please make sure your child has a labelled hat and water bottle to bring to school every day.

This week we will be starting poetry. Throughout the term we will be looking at a variety of different poetry styles starting with Onomatopoeia. In mathematics we will begin looking at place value.

Have a happy week, from the year four team.

Year 5

Welcome to Year 5 at Amaroo School for 2014! We hope you had an enjoyable and relaxing break. Students and teachers are very excited to begin the year and are more than ready to learn!
We have a busy term ahead of us filled with fun learning experiences. Students will be working through their History unit ‘The Australian Colonies’ which gives students opportunities to explore Australia as a British Penal Colony and the Early Settlement and Exploration of Australia between 1788-1901. During Mathematics, students will begin their learning with mental computation focussing on subtraction and addition. These topics will be taught in number groups based on student needs. In classes, students will be focussing on Time, in particular converting 12 hour time to 24 hour time.
Narratives and Persuasive texts will be the focus for Literacy for the next 4 weeks. We will be looking at text structure and language features of these text types and comparing them to each other to identify similarities and differences. This term, Year 5 will be trialling digital homework. This will involve students completing and submitting homework tasks online through digital presentations and email. Homework will begin next week. If you have any questions, please speak to your child’s teacher.
Class library days are listed below. Students are required to have a suitable library bag to be able to borrow. If you have not returned your library books from 2013, please do so as soon as possible so your child can begin borrowing from the library again.
5TWA Monday 9.30am  5AKJ – Monday 12.30pm  SACA – Friday 10.30am  5MRJ – Wednesday 2:00pm
5AOJ – Friday 10:00am  SSCO – TBA
As the weather continues to heat up and cool down, can you please make sure all items of clothing and drink bottles are clearly labelled with your child’s name.
If you have any questions or concerns, please contact your child’s teacher.
Middle School

Year 6

The year 6 students have made a smooth transition into middle school and seem to be settling in well.
In Mathematics, students will be focusing on solving problems using the four basis operations as well as developing speed and accuracy on their times tables.
Marvellous micro-organisms is our Term 1 Science unit. Students will have opportunities to observe the growth of mould and yeast (in bread) in different conditions.
In History, students will be investigating the development of the Australian colonies and why and how Australia became a nation.
During the hot weather, please ensure your child has a water bottle.
Lastly, as of Monday, students will be able to borrow books from our library.
If you have any queries or concerns, please contact your child’s homeroom teacher.

Year 7

The students had a fantastic start to the year. They are settling in well to their new classes and learning.
In English the students have been sitting a variety of comprehension and writing pre-tests before starting their ‘Art of persuasion’ unit. In Geography the students have been learning about different features of maps.
In Maths the students started working on Roman numerals and will follow on to different aspects of numbers and the four operations. In Science we started the “What is Science?” unit where the students had a chance to brainstorm the idea. The students also had a chance to visit the lab and identify different science equipment.
In P.E. the classes are doing fitness testing including the beep test and abdominal core work. Swimming carnival is coming in Week 6, Friday 14 March 2014.

Year 8

Welcome back from the Year 8 team,

We hope you all had an enjoyable break. The team is looking forward to seeing/meeting parents at the Parent Information Night on Wednesday 19 February 2014.

Students have settled well into their respective Homerooms. Clubs will be starting this week.

In Mathematics, students are refreshing their basic number rules. In English, students have begun examining narrative through children’s stories. Science has students beginning a chemistry unit where they are defining matter and how it is classified by scientists. In History, students are examining life in Medieval times.

We are excited about promoting literacy and numeracy this year and seeing some improvements in each of our students.

Clubs for term 1 started this week. It is compulsory for all students in Year 6 – 8 to participate in a minimum of one club each term. Last week we were busy ensuring all students have enrolled in a club. This week we will open up clubs that have spaces available, to students who wish to enrol in a second club.

Just a reminder that we no longer have a Siblings Club, however, the library is open at 8.30am and younger brothers and sisters are welcome to go to there in the morning. There will be a supervising teacher on at this time.

If a club is cancelled, students will be required to go to the library and the roll will be taken by the teacher on duty.
If you have any questions please call Mrs Sam Beattie on 6205 3330.
Senior School Information Night: We’d love to see you at the Senior School Information Night on Wednesday 19 February at 6:30pm. You will be able to meet our teaching staff, hear about our programs and proposed changes to Assessment and Reporting for 2014.

Senior School Handbook: Every student in Years 9 and 10 has been given a copy of the Senior School Handbook. Please take the time to have a look through this with your child as it will provide you with information about the way in which the Senior School runs, details of expectations and information about additional programs.

Electives: Students who wish to change electives may have their requests considered up until the end of Week 2. Students should collect an Elective Change Request from the Fishbowl, discuss their requests with their parents/carers, and then return the form to Alex in the Fishbowl. We cannot guarantee that student’s electives will be changed as requested as this depends on a number of factors, but we will do the best to provide each child with a balanced range of courses.

New Timetable: Senior School staff and students are settling in well into the new timetable. As we progress through our first two week cycle we are smoothing out any last complications. It will be important for students to ensure they are organised for each day with the correct books and materials.

Year 10 Science: is starting a topic on genetics with a focus on the ethics of genetic testing and screening. Students have already discussed if it is fair for workplaces to discriminate based on genetic profiles and will continue to look at what makes us unique and what factors lead to cancers and other diseases.

Tiffany Mahon – Deputy Principal
Niels Hider – Executive Teacher – Years 9 & 10
Karen Moore – Executive Teacher – Years 9 & 10
Siobhan Lambert – Executive Teacher – Pastoral Care
Naomi Goode – Year 10 Coordinator.
Zoe Cole – Year 9 Coordinator.

Careers and Work Experience

Kids Assist Program (GRAPES)

The Ginninderra Region Apprenticeship Pre Employment Skills (GRAPES) program is a Master Builders Group training initiative. This program is aimed at students in Year 10 that are having difficulty, for any reason, achieving their Year 10 Certificate.

The program is 7 weeks long and works toward a Certificate II in Construction Pathways. It starts with the students doing workshop based training at the MBA skills centre in Fyshwick, and ending with the students working on site for a major ACT construction company for two weeks. The students are paid for their work and are provided with all their personal protective gear and clothing.

An information evening will be held on Wednesday 5th March at Melba Copland Secondary School. Please see Mrs Duncan if you require any further information.

Karen Duncan
Careers & WEX Coordinator

p) 62058921
e) karen.duncan@ed.act.edu.au
Languages at Amaroo

We welcome one new language staff member to Amaroo School. Ms Celeste Yang will be working full time and teaching French to Years 3, 5, 6 and 7.

Language Teachers for 2014

**Japanese:**
- Year 4: Mami Iwashita
- Year 5: Mami Iwashita and Greg Tozer
- Year 6: Mami Iwashita and Greg Tozer
- Year 7: Kiraly Middleton and Greg Tozer
- Year 8: Kiraly Middleton and Greg Tozer
- Year 9: Kiraly Middleton

**French:**
- Year 3: Celeste Yang
- Year 5: Celeste Yang
- Year 6: Celeste Yang and Veronique Canellas
- Year 7: Celeste Yang, Veronique Canellas and Siobhan Lambert
- Year 8: Veronique Canellas and Siobhan Lambert
- Year 9/10: Veronique Canellas

For students needing help in Japanese, there is Language Study Support on at B2 on Wednesdays in the Middle School Computer Lab.

**France/Belgium Trip 2014**

We are very excited about our trip this year! Please make sure your child is enrolled in the France/Belgium trip Club that will start this Friday in the Languages Room at 8.30am. We will also be having a *fundraising BBQ at Magnet Mart on Sunday 16 February from 8.30am-3.00pm.* We need parent/student support to run this. Please contact Ben Rigg if you could lend a hand at the BBQ on the day or help out with transporting and providing a BBQ.

**Japanese**

**Year 4 Japanese:** Konnichiwa! Welcome back to Japanese! (^^) Our Year 4 students have started the year discussing what a Japanese classroom needs to be like to make it fantastic! We also have shared what we already know about Japan and Japanese language, and what they would like to learn this year. We will be looking at the differences between Valentine’s Day in Japan and Australia. Your child might bring you a little present next week! Kotoshimo Dozo yoroshiku (nice to meet you).

**Year 5 Japanese:** Year five have started the year sharing what they already know about Japan and also what they would like to learn about. There were so many questions and ideas in our discussion that it was hard to keep up! It is great to see students so enthusiastic about Japanese.

**Year 6 Japanese:** In year 6 we have been getting to know each other and talking about the year ahead. It is great to see most students are ready with their “Hai” workbooks.

**Year 7 Japanese:** Welcome back to Nihongo 日本語 (Japanese!). Students have been revising their hiragana script this week.

**Year 8 Japanese:** Welcome back!! Students have settled back into Japanese classes and are revising their hiragana script this week. This may be particularly useful for our new students who have not learnt hiragana before but everyone is welcome to come along!
Year 9 Japanese: Middleton Sensei is very excited to be teaching Year 9 Japanese this year! It is great to see so many students taking Japanese as an elective! We are currently revising Katakana script and learning new verbs to add to our sentence structures.

French

Year 3 French: Bonjour et bienvenue! We are starting an exciting journey to learn French this semester, doing fun games and activities to help our lovely students to learn this language.

Year 5 French: In Year 5 we have begun the semester with great enthusiasm. We are getting to know each other and introductions.

Year 6 French: Year 6 French students have started the year and it is great to see so many students participating in class. We have been practising introductions and get to know you games as well as practising classroom instructions in French.

Year 7 French: We have been setting our classroom expectations and participating in activities to help us get to know one another. We welcome all new students who have joined us in Year 7 French. Everyone is looking forward to learning lots of French this year. We will be revising last year’s work before moving onto a unit of clothing and fashion.

Year 8 French: We have been setting our classroom expectations and participating in activities to help us revise our current knowledge of French. We will then begin an in-depth study of French verbs and verb conjugation.

Years 9/10 French: Students are excited about continuing their studies of French. We have set our classroom expectations and we are thrilled to have such a big and enthusiastic 9/10 class.

Workbook requirements for Language Classes in 2014:
Workbooks are available from Chalk Education and online from OfficeMax.

French
Year 3: Primary French Workbook 1
Year 5: Primary French Workbook 3
Year 6: Primary French Workbooks 2 & 3
Year 7: Continuing students do not need to purchase any new workbooks
New students should purchase Workbooks 1, 2 & 3
Year 8: No books required.
Year 9/10: No books required.

Japanese
Year 4: No book required
Year 5: No book required
Year 6: Hai Workbook 1
Year 7: Obento Deluxe Workbook (this will be used in Year 8 as well)
Year 8: New students only to purchase Obento Deluxe Workbook
Year 9: Obento Supreme Workbook (we don’t need this until late Term 2)

Chess

It's going to be another exciting year at Chess HQ!

Students in Years 4 and 5 have begun their weekly chess sessions and enthusiasm for this engaging and stimulating area of the curriculum remains very high.
Students in the Year 6 Chess Elective are set to have an exciting semester as they continue their chess studies with Mrs Percival.

During 2013 Amaroo was well represented at all interschool chess competitions and this will continue in 2014. Students who are interested in participating in chess competitions during 2014 are encouraged to come to chess club each Thursday at B2 and/or make contact with Mrs Robertson.

Checkmate!
Belinda Robertson
Book club

Issue 1 Book Club pamphlets have been sent home. Orders and payment are due back at school by Monday 17 February 2014.

PAYMENT DETAILS: Orders can be paid by cash, credit card or cheque. All cheques should be made payable to Scholastic Australia; Credit Card orders can be made by phone (1800 557 908) or online (www.scholastic.com.au/payment). Please keep a copy of your receipt number. Orders should be placed in an envelope marked with your child’s name, class and the amount enclosed.

If you have any questions please ring Michele in the library on 6205 2172.

Pastoral Care

Greetings from the Pastoral Care Team

We look forward to another busy and productive year in the Pastoral Care office. Siobhan Lambert will be the acting Pastoral Care Coordinator in semester 1, taking over from Karen Moore.

Welcome Morning Tea

Watch this space for information about an upcoming welcome morning tea, hosted by our Defence Transition Team.

Defence Groups

We look forward to getting our defence groups up and running shortly. These groups are a wonderful way to make friends and connections within Amaroo School. Activities include craft, board games and movies. Each child from a Defence family may bring one friend along with them.

Defence Positions

The DSTA and DTM positions will be advertised on www.jobs.act.gov.au shortly. If you are interested in filling any of these roles please submit your applications through ACT jobs by the advertised due date. Details of these positions are as follows.

The DSTA and DTM occupant will provide information and support and develop a range of activities for the young people of Australian Defence Force families to ease the uncertainty experienced during times of transition and parental absence due to service requirements.

The DSTA position is located in the junior school and the DTM caters for children from Year 7-10.

Please contact Siobhan Lambert -Ph 62053331

Newsletter 2014

Amaroo School’s Newsletter is available for Parents and Carers electronically through our Website or School App. This is inline with our School Board decision back in 2012 to reduce waste by no longer producing large quantities of the Newsletter in hard copy format. Should you wish to receive our newsletter by email please email our school’s info line (info@amaroos.act.edu.au) from your preferred address. Should your details change or you wish to no longer receive the Newsletter by email please advise the school. Hard copies will still be available from the Front Office if you do not have access to electronic versions.
How many trees are logged to supply our school with copy paper each year?

As a new member of staff I was asked this question yesterday by my homeroom students.

The research I have now done assumes only 14m high pine & hardwood plantation trees with a diameter of 200mm are logged.

- One tree produces 16 A4 reams of copy paper
- One tree satisfies the annual copy paper needs of 8 students
- Amaroo school requires 240 plantation-logged trees each year to satisfy our annual copy paper requirements
- Each tree takes 30+ years to grow to a suitable maturity
- If we planted, grew, logged and converted one tree before planting our next tree to grow, log and convert it would take 72 centuries to meet one year of our copy paper needs

Now you know the importance of plantation timbers.

I thought it was interesting anyway!

Cheers,
Geoffrey Bruce
Metal Workshop teacher
Your Guide to Summer Safety

Every year, many Australians suffer from heat-related stress and illness, which can range from mild to very serious. As summer temperatures climb, ACT Health urges people to prepare by taking some of the simple precautions discussed below to keep comfortable and safe in the hot weather.

For more detailed information on avoiding heat-related stress, please check our Fact Sheet from the ACT government Health Directorate as below – or go to http://health.act.gov.au/health-services/population-health/summer-safety/your-guide-to-summer-safety.

For 24 hour health advice, call healthdirect Australia on 1800 022 222, or seek advice from a health professional.

Keep fluids up
- Drink plenty of water (carry water with you when out and about)
- Avoid tea, coffee and alcohol (these can have a dehydrating effect)

Keep cool
- At home, use fans, coolers or air-conditioning
- Consider going to cooler public places like shopping centres, cinemas or libraries.
- Avoid unnecessary physical activity, especially in the middle of the day

Stay out of direct sun
- When outside wear a wide-brimmed hat, sunglasses and loose, comfortable clothing with long sleeves
- Remember to use SPF30+ sun-screen every two hours!
- Never leave anyone (particularly children or the elderly) in an unattended car (temperatures inside a car can rise to 50 degrees within a few minutes, leading to serious illness or death)

People at greater risk
- Heat can affect some people more than others. People at greater risk include:
  - Babies and children
  - Pregnant women
  - The frail and the elderly
  - People who are unwell or have disabilities

Watch out for friends and neighbours!
- During hot weather, be alert and watch out for neighbours, family members and friends who may be at risk of heat-related stress.
- Stay in touch and check they're OK - drop around or regularly phone vulnerable people.
### Community News

Amaroo School does not necessarily endorse the products or services advertised

<table>
<thead>
<tr>
<th><strong>Gungahlin Wildcats gridiron club.</strong></th>
<th>For more information, find us on facebook, or visit gungahlinwildcats.org</th>
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<tbody>
<tr>
<td>Do you want to play Gridiron? The Club is currently recruiting for our junior team if you are aged 14-17, come and give our junior team a go! The season is from August to November, with training starting in May.</td>
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<tr>
<th><strong>Art classes in Bonner</strong></th>
<th>Email or call Antoinette for more info. <a href="mailto:antoinettekarsten@hotmail.com">antoinettekarsten@hotmail.com</a> Mob: 0422693546</th>
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<tr>
<td>Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</td>
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<tr>
<th><strong>Aron Lyon</strong></th>
<th>Aron will be conducting half hourly lessons from Term 4 on either guitar and bass, please contact him if your child is interested. Aron Lyon - Ph 0401 242 974 <a href="mailto:aronlyon@hotmail.com">aronlyon@hotmail.com</a> <a href="http://www.aronlyon.com">www.aronlyon.com</a> <a href="http://www.facebook.com/aronlyon.guitar">www.facebook.com/aronlyon.guitar</a></th>
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<tr>
<td>is a previous faculty member of the ANU school of music. Teaching tertiary and pre-tertiary guitar for many years he has the experience and knowledge to help build anyone’s ability on either <strong>guitar or bass</strong>. He can work with students at any level of ability and help them reach their goals on their chosen instrument.</td>
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<tr>
<th><strong>Drumming and Trumpet Tuition –Shane Spellman.</strong></th>
<th>Please see my website for full details <a href="http://www.musicteacher.com.au/the-incredible-school-of-music/THE">www.musicteacher.com.au/the-incredible-school-of-music/THE</a> INCREDIBLE SCHOOL OF MUSIC - Music Teachers Online Shane Spellman Ph 04333 20 385 <a href="mailto:stspello@gmail.com">stspello@gmail.com</a></th>
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<tr>
<td>Offering professional tuition for both Drum kit and/or Trumpet playing to students of all ages and skill levels. 17 Years playing experience, 5 years of professional teaching experience and bachelor’s in music from the ANU.</td>
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<tr>
<th><strong>Fun Languages</strong></th>
<th>For enquiries, free trial and registration, Contact Sarah Mak Ph:0431252768 E:<a href="mailto:sarah.mak@lcfclubs.com.au">sarah.mak@lcfclubs.com.au</a> <a href="http://www.lcfclubs.com.au">www.lcfclubs.com.au</a></th>
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<tr>
<td>LCF Fun Languages offer FRENCH, GERMAN, ITALIAN, MANDARIN, SPANISH for Kids Clubs</td>
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<tr>
<th><strong>Nurturing Within Yoga</strong></th>
<th>Wednesday evening class classical Hatha Yoga general Amaroo School 7pm -8.30pm Amaroo School</th>
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<td>Adults Yoga ( existing program)</td>
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<tr>
<th><strong>Nurturing Within Yoga</strong></th>
<th>Kids Yoga Program - 4yrs-7yrs 4-5pm Tuesday Amaroo school</th>
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<td>Kids Yoga Program ( existing program)</td>
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<th><strong>NEW PROGRAM</strong></th>
<th>Tuesday 7- 12yrs or teens 13yrs &amp; up. 5.15-6.15pm Amaroo school Especially designed to meet the sometimes challenging transition time in the tweens/teens development.</th>
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<td>Seeking expressions of interest</td>
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<th><strong>NEW PROGRAM</strong></th>
<th>Sunday 8am-9am Amaroo school Nurturing the mind/body into the new week.</th>
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<tr>
<td>Seeking expressions of interest</td>
<td>Please contact Michelle on (m) 0417288460 email <a href="mailto:michjono@bigpond.com">michjono@bigpond.com</a> or connect via the Nurturing Within Yoga FB page and PM</td>
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| **Nurturing Within Yoga** | |
|--------------------------| |
| NEW PROGRAM | |
| Seeking expressions of interest | |

| **Nurturing Within Yoga** | |
|--------------------------| |
| NEW PROGRAM | |
| Seeking expressions of interest | |
“Dance sport **Calisthenics** combines gymnastics, ballet, exercises, acting, performances, music, costumes but most importantly FUN!! Saturday morning classes are being held at Amaroo School for girls and boys 6 years and under.

Come, see and experience with Academy what CALISTHENICS can offer. Call 0407485625 for additional information.

Life skills, leadership, fun and Adventure **Scouting** is a worldwide movement that has shaped the development of youth and adults for over 100 years. The aim of Scouting is to encourage the physical, intellectual, emotional, social, and spiritual development of young people so they may play a constructive role in society as responsible citizens and as members of their local and international communities.

This aim is achieved through a strong and active program that inspires young people to do their best and to always be prepared. **Scouts ACT would like to invite you to a free 3 week trial of scouting.** For more information, Call 1800 SCOUTS or visit our website, www.scoutsact.com.au

**Gungahlin Dance Academy**
Exceptional dance training for all ages
Fully equipped studios in Amaroo

Classical Ballet (RAD)
Contemporary
Jazz
Tap
Private Tuition

**Performance Team**
Ballet examinations
Annual Performances
2014 USA tour

Ages 3 and up For further information and enrolment
Details- Web: www.gdance.com.au
Email: gdance@bigpond.net.au
Phone: 6255 5204

National Tae Kwon-do
Our Children’s program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.

Classes at Amaroo School.
All enquiries
Phone 0414 898 888
www.nationaltaekwondo.com.au

**26th CANBERRA MODEL TRAIN EXPO**
SAT 29 March 2014 9am-5pm & SUN 30 March 2014 .
Time: 9am-4pm
- 25 Scale Model Railways
- Large Lego Railway
- Displays & Clinics
- Children’s U –drive
- Plus Trade stands

ADMISSION
Adults $10.00, Children / Seniors $5.00
Family Ticket $20.00
University of Canberra High School
104 Baldwin Dr Kaleen
Presented by the Canberra Model Railway Club
www.canberra-model-railway-club.webs.com

**FUN, FITNESS, FRIENDS**
Looking for a winter sport - come and play **rugby union**
where you can learn new skills, make new friends and have lots of fun!
We have teams for age groups 5 -18 years and provide a supportive environment for all abilities.

For more information please email juniors@eaglesrugby.com.au or visit our website at www.eaglesrugby.com.au

**CANBERRA TOY & HOBBY FAIR**
A show the whole family can enjoy
6th April 2014
Kaleen High School,104 Baldwin Drive, Kaleen,9am - 3pm.
Admission: Adults - $4 Seniors - $2
Accompanied children - FREE
Australiana
- Lego mini figures
- Die-Cast vehicles
- Plastic kits
- Model railways
- Pop culture items

• Model railways
• Coca Cola
• Magazines, Paper ephemera
• Trading cards + lots more
visit - www.ashow.com.au
New to Canberra? Update Your Address with Medicare for a Chance to Win $10,000!

If you’ve recently moved to Canberra, welcome to the neighbourhood! Now that you’ve settled in and the school term has begun, you should update your address with Medicare for a chance to win $10,000, thanks to SERVICE ONE Members Banking.

Not only could you win the $10,000 cash, but by updating your address you will be supporting the local community you live in.

The Australian Bureau of Statistics (ABS) uses Medicare data to calculate population figures, and this information is then used by the Commonwealth Government to allocate GST funding to each state and territory.

For every year that an ACT resident is not counted in the data, the ACT Government forgoes over $2,500 in GST funding.

So updating your address with Medicare will ensure we receive our fair share of funding to enable the ACT Government to provide new and improved services for the local community.

From 25 January to 2 March 2014, anyone who updates their address after moving to Canberra from interstate will be eligible to enter the competition to win $10,000!

To update your address visit www.humanservices.gov.au/medicare and then enter the competition at www.updateyouraddress.com.au