Dear Parents and Carers

It was great to see the students make a very positive start to the school learning year. The students have returned to school very ready for learning and the levels of motivation and engagement of students across the school has been outstanding. The Kindergarten students really enjoyed their different coloured balloons and the Preschool students have all settled well into their classes. We look forward to maximising the student learning, growth and development in 2015.

Our School Canteen is up and operating again and parents are reminded that the online ordering service is available. The Canteen staff work hard to produce quality healthy food that meets the needs of our students growing bodies. This fantastic service provided by our P&C is making a huge difference to the smooth operation of our school.

Parent Information Evenings

We will be holding our Parent Information Evenings in week three this term. The Parent Information sessions are designed to provide parents with general information about what their child will be learning and the chance to meet their teachers.

Early Childhood: Tuesday 17 February 5:30pm - 6:00pm and 6:15pm-6:45pm -classrooms.

Primary: Tuesday 17 February 5:30pm - 6:00pm and 6:15pm-6:45pm -classrooms.

Middle School: Wednesday 18 February 5:30pm-6:00pm—Classrooms
Middle G & T: Wednesday 18 February 6:15pm-6:45pm—Classrooms

Senior: Wednesday 18 February 6:15pm-6:45pm —Unakite
Senior G & T: Wednesday 18 February 5:30pm-6:00pm —Unakite

School Board Vacancies

In 2015 the Amaroo School Board will have one parent representative vacancy, one staff vacancy and two student vacancies. Nominations for the parent representative will be accepted from all parents and carers of students enrolled at Amaroo School and Amaroo Preschool. Appointment will be for a period of two years with the Board meeting on the third Monday of each month during the school terms. If more than two people nominate, an election will be conducted after the close of nominations. Nomination forms are available and may be lodged at the Amaroo School Front Office. Nominations will open at 11:00 am on Monday 2 February 2015 and close at 11:00 am on Monday 16 February 2015.


The P&C AGM will be held on Monday 23rd February 2015 in the School’s Boardroom commencing at 7.00pm. A general P&C meeting will immediately follow the AGM.
Student Achievements

Owais, Harpriya and Dylan from Ms DiDonna’s Year 4 class have completed excellent graphs. The students were challenged to complete a survey and then graph their results. They have each produced their very best work.

As always, please contact the Deputy Principals; Benjamin Hall, Rebecca Turner, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you. The whole school team at Amaroo School are committed to working with our community to ensure our students have the very best opportunities to learn.

Richard Powell
Principal
Amaroo School

Early Childhood

Preschool

Welcome to Preschool for 2015! What a fabulous start to the Preschool year! It has been wonderful to see such enthusiasm and excitement from the children. They are going to have a wonderful year, filled with loads of fun, rich and purposeful learning experiences.

The educators in the Preschool team this year are Kerry Glover, Kathleen Chambers, Eddy Bright, Kelly Gallagher, Julianne Hancock, Mallika Kangket, Nat Munoz and Inge Ballingall. We also welcome Ben Hall, Janine Gould, Emma Bartlett, and Arilia King as part of the Preschool release team. We too are very excited of what the year ahead will bring.

The first week of Preschool has been a very smooth one, and we thank you for preparing your child by going through the ‘Starting Preschool’ booklet which was handed out at the ‘Play and Chat’ afternoon. You are welcome to stay with your child and participate in a morning activity when you drop them off at Preschool if it means they will feel more comfortable and settled for the day. We are still waiting on a number of ‘Child Information Sheets’, which were in the Preschool pack you received at enrolment. Please send them in to your child’s teacher as soon as possible. This provides us with important information to assist with general knowledge about your child, and also information we can use to assist us with our programming.

There will be a Preschool Information Session on Tuesday 17 February, Week 3. You have the choice of attending one of two sessions; either 5:30-6pm or 6:15-6:45pm. These information sessions will be held in the Preschool main building. During these sessions we will be going through our Preschool day and Preschool curriculum. These sessions are great to help answer any questions you may have about what happens during a ‘typical’ Preschool day.

We will also be having a ‘Get To Know You’ parent morning tea during Week 4 from 9 -10:30am. This is a great way to meet parents of children in the same class, and spend time with your child at Preschool. We ask that each family please bring a plate to share.

Just a couple of reminders…..

Please ensure that your child washes their hands on arrival into the Preschool room. This is a requirement of our National Quality Framework.

We also ask that you please apply sunscreen to your child at the beginning of each day. You are welcome to use the sunscreen provided by us, and we will ensure the children reapply throughout the day.

Please ensure your child has a full change of clothes in their bag. The weather has been crazy for this time of year, so we do ask that your child bring along a jumper as well.

If you have any other questions or concerns, please feel free to chat to us any time. We look forward to getting to know you more as the weeks go on.

School Board
Board Chair: Trudie Wykes 0420 571 666
Parent Board Reps: Katherine Keenan, Glen Storrar.
Staff Rep: Felicity Boate and Naomi Goode
Student reps: Lachlan Storrar, Tessa Blight

P &C
President: Chris Blight
Vice President: Glen Storrar
Secretary: Natalie Roberts
Treasurer: Karyn Williams
Kindergarten

Welcome to Kindergarten!
We have had a wonderful first week and look forward to a great year ahead.
Firstly, we would like to thank all the parents who have brought in book packs. If you haven’t brought them in yet, or have items missing, please bring them in as soon as possible.
Our Parent Information Night will be on Tuesday 17 February. There will be two sessions to cater for parents with more than one child at the school. The first session will be from 5.30pm to 6pm and the second 6.15pm to 6.45pm.
To help us ensure clothes, hats, bags, drink bottles and lunchboxes come home to you each day, please make sure you label everything clearly.
We have fruit break each day around 10am during Investigations, so don’t forget to pack some fruit, vegetables or cheese in your child’s lunchbox.
If you have any recycled plastic containers or cardboard boxes at home that we could use for our construction area, we would greatly appreciate them in the next few weeks.
PIPS testing will be happening in weeks 3 and 4 of Term 1. PIPS is a national computer based assessment of literacy and numeracy skills and conducted in Kindergarten at the beginning and end of the Kindergarten year. This is a great opportunity for us to see where your child is at in their learning and help us to plan appropriate learning experiences for them during the year.
Please contact us if you have any questions about your child’s learning.
Have a great week.

Year 1

Welcome to Year 1 for 2015. We have had an amazing start to the year. This year we welcome Matthew Gowen to the Year 1 team. We welcome back Kristina Vizadis, Janet Hagan, Emily Ashcroft, Katarina Azdajic and Danielle Parker. Our focus for the first 2 weeks is to get to know each of our students and understand their academic strengths and areas for further development.
Students have quickly settled back into the routine of school. We will start to explore the structure of a ‘recount’ by writing about our weekend and Investigation sessions. We are currently assessing reading levels; magic 100/200 words and will begin sending home readers and sight words in week 3. In numeracy we are focusing on number names and counting forwards and backwards from twenty. You might like to practise this at home.
Students are welcome to celebrate their birthdays throughout the year with their class. If you wish to bring cake to share with the class, cupcakes would be preferred as they are quick and easy to distribute at break times . Please speak to your class teacher about any food intolerances to be aware of.
Thank you to all the families who have brought in book packs so far. The Year 1 team would appreciate all students bringing in their complete packs as soon as possible so that teachers can organise resources.
We look forward to seeing you all at the Parent Information Session next week and to continue supporting your children in their academic progress. Please contact your class teacher if you have questions or concerns.

Year 2

Wow Year 2’s! We have had such an amazing start to the year. It has been fantastic to see so many happy, smiling faces greeting the teachers each morning, all ready to knuckle down and work hard. It’s going to be a super year.
It is really important to remember to bring hats to school each day, not only to be sun conscious but also to allow students opportunities to play with their friends.
Homework will be sent home in week 3. Any questions that you may have regarding your child’s homework can be answered at the Parent Information Night on Tuesday 17 February 5:30pm-6:00pm or 6:15pm-6:45pm. We look forward to seeing you there.
On behalf of the Year 2 team, we hope you have a fantastic week.
Year 3

Year 3 are so excited to be back and are looking forward to the year ahead. In all of our classes we have been very busy setting new learning goals for the year and discussing how we can work to achieve them. Students in 3NRO and 3EPO have created artworks to display their goals. Perhaps you could ask your child about their learning goals and start working together on them at home.

If you are looking for any of our wonderful Year 3 teachers, Amanda Dezman and Ali Gattuso are in the portables next door to Preschool, Jo Ross and Rowena Ianna/Lorah Medley are in the new portables on the far side of the lawns and Elisha Priddle and Nell Reinhart are in the new portables, closest to the playground. We all hope to see you at our Parent Information Night on Tuesday 17 February, where we will be meeting in our classrooms.

Year 4

Year 4 have had a great start to the year! We have all settled in well and the learning has begun. We have started learning about graphing, values and poetry. We all love reading every day and are looking forward to becoming better readers.

Year 5

In 5CMJ this week we have been drawing self-portraits and including some activities we enjoy doing. This is helping everyone in 5CMJ get to know each other and the things they like, a great start to the 2015 school year!
SSCA have been establishing their classroom ‘norms’ or expectations. These are the behavioural expectations the class has of their peers and Mr Clarke in order to maintain a happy learning environment. Here are two examples.

**Middle School**

**Year 6**

Welcome back to a new school year. The Year 6 team are impressed with the way our students are settling in and getting accustomed to their new routines. Almost all students have come well organised and equipped which allows us to devote more time to learning.

You will be receiving the Term 1 Parent Guide by the end of this week and you are reminded that the Parent Information Night for Middle School is Wednesday, 18 February at 5.30 to 6pm in your student’s classroom.

The swimming carnival is on this Wednesday and notes and money should already have been returned to the Fishbowl, which is the administration office in the middle school building.

Please feel free to contact us if you have any concerns.

**Year 7**

The students had a fantastic start to the year. They are settling in well to their new classes and learning.

In English the students have been sitting a variety of comprehension and writing pre-tests before starting their ‘Art of Persuasion’ unit. In Geography the students have been learning about different features of maps.

In Maths the students started working on place value and will follow on to different aspects of numbers and the four operations. In Science we started the “What is Science?” unit where the students had a chance to brainstorm the idea and create their own idea of what a scientist looks like. In P.E. the classes are doing fitness testing including the beep test and abdominal core work. Don’t forget to bring a water bottle and hat each day!

**Year 8**

The Year 8 students and teachers have settled in well to their classes and have commenced their learning with great enthusiasm. We are all very excited about the upcoming year ahead.

We are looking forward to meeting parents and caregivers next Wednesday 18 February for the Parent Information Night. We will be meeting from 5.30pm to 6pm in your student’s classroom.

In Maths the students have started learning about directed numbers and indices. Students will receive their Mathletics log-ons this week and are encouraged to utilise Mathletics at home, as part of their home learning.

In Science the students have commenced a unit on the properties of matter and chemical changes.

In English this week students have started reading a novel on Joan of Arc. This novel ties in with our History unit on Medieval Europe. In History, students are learning about how society was organised during the medieval period.

Please remind your child to bring their hat, water bottle, and change of clothes for PE.

If you have any questions or concerns, please contact us.
My name is Ian Thomson, and I am the new Executive Teacher for ICT and Pastoral Care here at Amaroo School. I have come from a role in ‘Student Engagement’ in the departments head office, and have recently completed a Masters in the use of ICT in Education. I am passionate about helping all students engage with their own learning through the use of technology as a tool, and empowering them to be ‘digital citizens’ in their worlds. I am looking forward to meeting as many of you as possible at the Parent Information Sessions in Week 3, and please feel free to contact me with any questions or comments, particularly around the senior BYOD program, here at the school.

We have had a wonderful start to the year in Senior School; it has been great catching up with our returning Year 10 students and our Year 9 students who have just joined us from Middle School. We are looking forward to implementing our BYOD initiative where teaching and learning will become more streamlined and interactive for teachers and students. For Maths classes, students will still need to bring pens, pencils and books for the duration of the year; they will be using these as well as their devices. We look forward to a wonderful year in 2015!

Welcome back to 2015! We have a huge year planned for languages at Amaroo School!

**New Staff:** We would like to welcome our new staff Kassem Saikal (French), Anton Harper (French) and Jo Brown (Japanese).

**Language Perfect Years 6-10:** Your child will bring home a note about their Language Perfect subscription for 2015. We are using Language Perfect as part of our program this year, to help students learn vocabulary in both French and Japanese. We will also be setting homework via this program. Your child’s subscription for this year costs $30.00 and includes entry into all competitions and events. Please return the note with payment to the Fish bowl ASAP.

**Workbook requirement for languages:**

**Japanese:**
Year 6: Hai 1 Workbook (Nice to meet you) ISBN 978-1-876209-85-8  
Year 7: Obento Deluxe Workbook ISBN 978-0170181396  
Year 8: Students should already have the Obento Deluxe Workbook above – new students will need to purchase it.  
Year 9: For Term 2: Obento Supreme Workbook ISBN 978-0170181389  
Year 10: Should already have Obento Supreme Workbook

**French:**
Year 4 French- Primary French Workbook 2 ISBN 1-876028-24-6  
(all students should have already bought Workbook 1)  
Year 5 French- Primary French Workbook 1 ISBN 978-1-876028-23-7  
Year 6 French- all students should have already bought Primary French Workbooks 1, 2, and 3 - ISBN 978-1-876028-25-1  
Year 7 French- all students should have already bought Primary French Workbooks 1, 2, and 3  
Year 8 French- all students should have already bought Primary French Workbooks 1, 2, and 3  
Year 9/10 French- nothing required

**Japan Trip 2015:** We are so excited about our Japan Trip this year. We have 15 students in Years 8-10 participating in this overseas excursion. Our next Information Evening is on **Wednesday 25 February at 6.00pm** in the Languages Room.
In PE news, we have been straight into business, with our Swimming Carnival this week for both Primary and Middle/Senior School students. We are excited to be using the new Gungahlin Leisure Centre for our carnivals! Good luck to all competitors, we hope it is a fantastic day.

As a reminder, don’t forget to always bring your hat and water bottle to school, it is important to continue to be sun safe and keep up your fluids each day, even if the sun isn’t shining!

In Sports news, we have the ACT 12y/under Boys Cricket Trials at Amaroo Ovals on 24 and 25 March, please see Mrs Rowena Ianna for all the details. If you are interested in participating in the Northside Basketball Competition (Year 7-10), please give your name to Ms. Ward in the Year 7/PE staffroom. The Clyde/Rauter Rugby League Shield (Years 7-10) is fast approaching, if you are interested in participating, please give your name to Ms. Ward in the Year 7/PE staffroom.

If you have any questions about any sporting events, please see the PE staff in the Year 7/PE staffroom.

If your child or teen has difficulties with anxiety or just seems to have too many worries, we would like to introduce you to BRAVE Self-Help – an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. It was developed by a group of researchers from the University of Queensland and now, with the support of Beyondblue, this program is now freely available to all young people aged 8-17 years old who are living in Australia. BRAVE Self-Help provides strategies for children and teenagers to better cope with their worries. There are 4 programs available, one for children aged 8-12 years, one for teenagers aged 12-17 years and one for parents of children at these ages respectively. The program can be accessed as often as you like, from the comfort of your own home. For more information, or to register for the program, please visit www.brave4you.psy.uq.edu.au.

The Pastoral Care Team will be accessing The Brave Program with interested students one break time per week. For more information please contact deborah.horscroft@ed.act.edu.au or the Pastoral Care office on 6205 2808.

SUPA CLUB IS ON AGAIN

SUPA CLUB is on again fortnightly from Thursday 12 February!

**What is SUPA Club?** SUPA Club is an exciting time with fun games, interesting craft, singing, drama and stimulating stories from the Bible. It gives children an opportunity to investigate some of life’s challenging questions. The aims of SUPA Club are:

- To provide a friendly, fun & stimulating atmosphere in which kids hear about Jesus Christ.
- To provide opportunities for kids to learn to help and care for each other, develop leadership and team skills and serve each other and the school community.

**When and where?** SUPA Club meets every second Thursday at B2 in the Community Room in the Library.

**Students need Permission?** If your child wishes to attend, can parents or guardians please sign the form on the following page and return it to their teacher or the office, or hand it in at SUPA club.

**More info?** Call or email Paula Bruhn (Ph: 6253 9564; Email: pandabruhn@orcon.net.nz) or grab a brochure from the front office.
Welcome back for 2015! A special welcome to new families to Amaroo School!

The Defence Transition team provides support to Defence students and their families posting into and out of the area. Michelle Nazzari is the Defence School Transition Aide (DSTA) who looks after students in Preschool through to Year 5. Her contact hours are 9am to 2:30pm Mon, Tues and Wed. Michelle can be contacted on (02) 6205 3331 or michelle.nazzari@ed.act.edu.au

Jo Farmer is the Defence Transition Mentor (DTM) who looks after students in Year 6 through to Year 10. Her contact hours are Tues 8:30am to 1pm, Wed & Thurs 8:30am to 3:15pm, Fri 8am to 2:45pm. Jo can be contacted on (02) 6205 3331 or jo.farmer@ed.act.edu.au

Defence Groups
The DSTA runs Defence Activities groups on Tuesdays in the Library Community Room. Defence students in Kindy to Year 2 are invited to the B1 sessions and Year 3 to Year 5 are invited to the B2 sessions. The first sessions will start in week 3 on Tuesday 17 February 2015.

The DTM runs Defence Drop-in groups on Fridays during B1 and the first session will run this week.

Amaroo Angels
The Pastoral Care Team runs weekly Amaroo Angels sessions on Wednesday mornings from 9am to 12pm where everyone is welcome. The first session starts TOMORROW and we look forward to seeing our regular “Angels” and meeting more parents. Beverages and snacks are provided.

Defence Families Questionnaire
Please find attached the 2015 Defence Families note and questionnaire. If you completed one of these last year, it is not necessary for you to do it again; unless you would like to update some details. The feedback provided on the questionnaires last year assisted the Defence Transition team to tailor programs and activities to meet the needs for our Defence Families at Amaroo. We would appreciate your feedback again.
DEFEENCE SCHOOL TRANSITION AIDE AND DEFEENCE TRANSITION MENTOR

Dear Parents and Carers,

The Defence School Transition Aide (DSTA) and the Defence Transition Mentor (DTM) provide transition assistance to Defence families who post into and out of the area, or who experience extended periods of parental absence due to deployment, unaccompanied postings, exercises or courses.

Although many Defence students integrate well into the school community, it can be helpful for them to have different groups and activities that the students can access, particularly when a parent is absent. We conduct networking and team building excursions where the students can interact with Defence students from other ACT schools.

In order for us to keep you informed of the different activities and groups available and to give you details of upcoming excursions or events that may be of interest to you or your child, a short questionnaire is attached for you to return to the front office or the Fishbowl. The information you supply will remain confidential.

If you have any concerns please contact the school on 62052808.

Jo Farmer
DTM (Middle & Senior School, Yrs 6 - 10)
Tues 8:30am to 1pm, Wed & Thurs 8:30am to 3:15pm, Fri 8:00am to 2:45pm

Michelle Nazzari
DSTA (Junior School, Yrs P - 5)
Mon to Wed 9am to 2:30pm

PARENT QUESTIONNAIRE FOR ADF FAMILIES

1. What are the names of your children, and what years are they in?
   ______________________________________  ______________________________________
   ______________________________________  ______________________________________
   ______________________________________  ______________________________________

2. Which family member is in the Defence Force and in which service? __________________________________________________________
   _______________________________________________________________________

3. How long is your current posting? ______________________________________________
   _______________________________________________________________________

4. When are you likely to move? __________________________________________________
   _______________________________________________________________________

5. Is the serving member currently deployed or likely to be deployed in 2015? _______________
   _______________________________________________________________________

6. Are there any specific concerns or areas in which you would like your child to receive support? ______
   _______________________________________________________________________
   _______________________________________________________________________

7. Do you have any suggestions for groups and activities for your children or yourself? __________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________

8. Would you like to receive information via e-mail regarding different Defence related groups or excursions that we will be running?____________________________________________________
   _______________________________________________________________________

9. Would you like to be provided with information that we receive from Defence Community Organisation? ________________________________
   _______________________________________________________________________
   _______________________________________________________________________

10. If yes, please provide an e-mail address:
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________

Thank you for taking the time to fill out this questionnaire!
As we start a new school year, we would like to remind schools, parents and students about our bus services and how to best prepare for bus travel in the new year.

School Bus Services
Details of all school and regular bus services are now available for parents and students to begin planning their journeys. We ask that parents and students familiarise themselves with the most suitable route, times and stop locations. School bus services are available to school students only however, parents with young children may apply to travel on these services for a few weeks to help their child get used to bus travel. Please use the links below for further information on our bus services:

School bus timetables
Regular bus timetables

MyWay Cards
We are urging parents and students to check MyWay cards and top up if required. MyWay cards can be topped up automatically using the handy autoload service, online, over the phone via the ACTION and MyWay information line (13 17 10), or in person at Canberra Connect shopfronts and MyWay recharge agents.

Bus Fare Increase
A bus fare increase came into effect on 3 January 2015. Single trip school student MyWay fares are now $1.10 and cash fares are now $2.30. Parents and students can find more information on the Transport for Canberra website or by calling 13 17 10.

Network Changes
No significant changes have been made to the current schools network since the most recent changes on Monday 1 September 2014. Any changes are published on the School Services section of the ACTION website. All feedback received regarding the new network has been taken on board for future planning and scheduling.

New Student MyWay Card Holders
We would like to offer you free MyWay card holders and information guides for new school students, ideally those of primary school age who may be using the bus on their own for the first time. The card holder is designed to hold a MyWay card and has a secure clip device for attaching to a belt or bag. As a MyWay card can be of significant value, the MyWay card holder is a great way to keep students cards secure. Inside sits a MyWay information targeted at parents, which is a great introduction to MyWay and understanding the ticketing system. We can send you out a package consisting of the card holders, clips and MyWay information guide. If you are interested, please respond to actionmarketing@act.gov.au with the quantities required and the preferred contact and delivery details.
Free workshop for parents & carers of children with autism!
North Canberra Gungahlin -
March 18
Register your place:
positivepartnerships.com.au

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**Cool Kids**
A group for primary school children aged 9-12 years, focusing on teaching better ways to manage anxiety.
Program delivered Fridays during Term 1

**Cool Little Kids**
A group for parents of children aged 3-8 years, helping them learn strategies to assist their anxious child.
Program delivered during Term 1

For further information, or to register for these programs please contact Gungahlin Child and Family Centre intake on 6207 0120.
<table>
<thead>
<tr>
<th>Antoinette Karsten Art', Art classes and holiday workshops</th>
<th>Email or call Antoinette for more info. <a href="mailto:antoinettekarsten@hotmail.com">antoinettekarsten@hotmail.com</a> Mob: 0422693546</th>
</tr>
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<tr>
<td>Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</td>
<td>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10 years and under, 7 years and under.</td>
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<tr>
<td>Gungahlin Dance Academy Exceptional dance training for all ages Fully equipped studios in Amaroo</td>
<td>Performance Team Ballet examinations Annual Performances 2014 USA tour Ages 3 and up For further information and enrolment Details- Web: <a href="http://www.academycalisthenics.com.au">www.academycalisthenics.com.au</a> Email: <a href="mailto:info@academycalisthenics.com.au">info@academycalisthenics.com.au</a> or 62882858</td>
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<td>Classical Ballet (RAD) Contemporary Jazz Tap Private Tuition</td>
<td>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on <a href="http://www.academycalisthenics.com.au">www.academycalisthenics.com.au</a>, with enquiries to <a href="mailto:info@academycalisthenics.com.au">info@academycalisthenics.com.au</a> or 62882858</td>
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<td>SCOUTS = Adventure + Life Skills Scouting is for boys and girls aged 6-25. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</td>
<td>Come and try Scouts today and take advantage of our 3 week FREE trial. Visit scoutsact.com.au to find your closest Scout Group or call 1800 SCOUTS</td>
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<tr>
<td>Bollybody Yoga Classes Are you looking for building up your bonding with your children, giving your children a lifelong technique of developing discipline, responsibility, self-health, relaxation, self-esteem, stress management, calmness, concentration and assisting them to excel in whatever they are doing? Testimonials can be seen on website: <a href="http://www.bollybody.com.au">www.bollybody.com.au</a></td>
<td>Come and experience the free first yoga class with your children on Saturday 7 February 2015 at Amaroo High School (Katherine Ave, School Library right side room) between 10:20 am to 11:30 am. More details Contact Nancy Williams on 0432 683 699 or <a href="mailto:bollybody@gmail.com">mailto:bollybody@gmail.com</a></td>
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<tr>
<td>Do You Love Candles? Do You Love Home Decorating? Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</td>
<td>For more information contact Annette Gleeson Independent Consultant with Partylite on 0418 261 444 or <a href="mailto:lovecandles.annette@gmail.com">lovecandles.annette@gmail.com</a> <a href="http://www.annette.partylite.com.au">www.annette.partylite.com.au</a></td>
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<td>Event</td>
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<td><strong>NORTH GUNGAHLIN RAIDERS NETBALL CLUB</strong></td>
<td><strong>Netball Registration 2015</strong>&lt;br&gt;Are you looking to play netball?? Come along to our registration days and sign up!!&lt;br&gt;<strong>We have teams for 7 to 70 year olds</strong>&lt;br&gt;<strong>Saturday 7 Feb and Saturday 14 Feb 9am -12noon</strong>&lt;br&gt;Gungahlin Marketplace, in front of Big W or contact us at <a href="mailto:ngrn.club@gmail.com">ngrn.club@gmail.com</a></td>
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<td><strong>Bollywood Dance Classes for adults &amp; Kids by Canberra School of Bollywood Dancing</strong></td>
<td><strong>A fun way to keep fit and Active!</strong>&lt;br&gt;<strong>Free trial class at Amaroo School – Monday 9 Feb</strong>&lt;br&gt;<strong>Adults &amp; Kids 7 + years - 6.30 to 7.30 pm</strong>&lt;br&gt;<strong>Venue – Amaroo School dance studio (downstairs)</strong>&lt;br&gt;<strong>Classes at Amaroo School.</strong>&lt;br&gt;<strong>All enquiries</strong>&lt;br&gt;<strong>Phone 0414 898 888</strong>&lt;br&gt;<strong><a href="http://www.nationaltaekwondo.com.au">www.nationaltaekwondo.com.au</a></strong></td>
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<td><strong>National Tae Kwon-do</strong></td>
<td><strong>Our Children’s program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</strong>&lt;br&gt;<strong>Classes at Amaroo School.</strong>&lt;br&gt;<strong>All enquiries</strong>&lt;br&gt;<strong>Phone 0414 898 888</strong>&lt;br&gt;<strong><a href="http://www.nationaltaekwondo.com.au">www.nationaltaekwondo.com.au</a></strong></td>
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<tr>
<td><strong>Wildcats are recruiting for the 2015 ACT season</strong></td>
<td><strong>Is your new year’s resolution to try something new...What about Gridiron...Whether your 14 or 40, male or female, there’s a spot for you on the field...</strong>&lt;br&gt;<strong>Don’t want to play, why not coach or officiate...</strong>&lt;br&gt;<strong>Don’t know the game, we’ll teach you...</strong>&lt;br&gt;<strong>If you want to be a Wildcat, or would you like to sponsor the Wildcats, then PM us on Facebook or email us at <a href="mailto:gridiron@gungahlinwildcats.org">gridiron@gungahlinwildcats.org</a> <a href="mailto:gridiron@gungahlinwildcats.org">mailto:gridiron@gungahlinwildcats.org</a></strong></td>
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<td><strong>Butterfly Wicks</strong> is a boutique business supplying candles**</td>
<td><strong>and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</strong>&lt;br&gt;<strong>For sales and orders please contact:</strong>&lt;br&gt;<strong>Butterfly Wicks</strong>&lt;br&gt;<strong>Shane Weise</strong>&lt;br&gt;<strong>Mobile: 02 6241 9126</strong>&lt;br&gt;<strong><a href="http://www.facebook.com/butterflywicks">www.facebook.com/butterflywicks</a></strong>&lt;br&gt;<strong><a href="mailto:Butterflywicks@iinet.net.au">Butterflywicks@iinet.net.au</a></strong></td>
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<td><strong>Free Karate Come and Try night!</strong></td>
<td><strong>Wednesday 18 February 2015</strong>&lt;br&gt;<strong>Neville Bonner Primary School</strong>&lt;br&gt;<strong>Mabo Bvd, Bonner ACT 2914</strong>&lt;br&gt;<strong>Kids: 6:00pm Adults (13+): 7:00pm</strong>&lt;br&gt;<strong>For more information:</strong>&lt;br&gt;<strong>Call—6257 2374</strong>&lt;br&gt;<strong>Visit—</strong>&lt;br&gt;<strong><a href="http://www.hockey.act.org.au">www.hockey.act.org.au</a></strong></td>
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<td><strong>Come and play AFL with the Gungahlin Jets</strong></td>
<td><strong>Your local junior AFL club since 2000</strong>&lt;br&gt;<strong>Junior Registration Days</strong>&lt;br&gt;<strong>Saturday 14 and 21 February</strong>&lt;br&gt;<strong>9.30am to 1pm outside Coles Gungahlin</strong>&lt;br&gt;<strong>Boys and Girls aged from 5 to 17 welcome “Live local – Train local”</strong></td>
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