

Amaroo School Newsletter

Week 10
23 September 2014

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Dear Parents and Carers

From all of the staff at Amaroo, we want to congratulate our community for another successful term of learning. We continue to be impressed with the level of commitment, enthusiasm and dedication our students demonstrate towards their studies. Have a wonderful and safe holiday break, we look forward to seeing you at the beginning of next term.

Student Achievements

Both Hannah and Sion from 5TWA transformed into teachers last week. They arrived to share their learning about fractions and led me through a series of mini lessons on equivalent fractions.



Calendar Dates

| | |
|--|--|
| Wednesday 24 September 2014 | Amaroo's 2014 Handball World Cup, SL@AM - Grandfinals. Middle school Parent Interviews. FIJI-World Challenge 22.9.14-11.10.14. France/Belgium trip 23.9.14-7.10.14 |
| Thursday 25 September 2014 | Concert Band, Year 6 IMP Band, Year 5 IMP Band, Senior band at Floriade 9:30-2:30. Amaroo's 2014 Handball World Cup, SL@AM - Grandfinal. Diamond Gallery excursion-Movies at Dendy. Year 3 Rock the Block. Rec and Leisure- I Play (Belconnen). FIJI-World Challenge 22.9.14-11.10.14. France/Belgium trip 23.9.14-7.10.14. |
| Friday 26 September 2014 | Whole School assembly in the gym 9:30am, All welcome. Amaroo's 2014 Handball World Cup, SL@AM - Grandfinal. The Amaroo Jam Lunch Concert. FIJI-World Challenge 22.9.14-11.10.14. France/Belgium trip 23.9.14-7.10.14. Chief Minister's Reading Challenge finishes . |
| School holidays | School Holiday break from 3pm Friday 26 September 2014-Sunday 12 October 2014. Back at school Monday 13 October 2014. |

Well done to Callum in Year 10 for being a wonderful ambassador for our school during his work experience at Crainleigh School (pictured right). The teachers he worked with wrote a glowing reference for Callum congratulating him on his efforts in helping students in their horticultural studies.



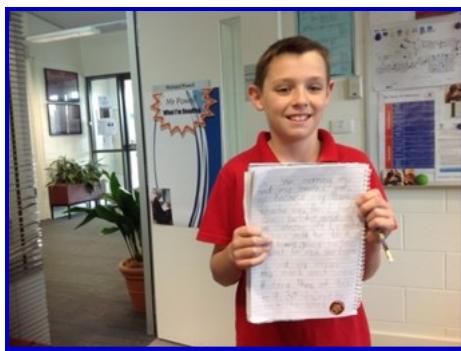
It is wonderful to have students recognised within our community for the great work they do both in and out of our school. Jayden P (Pictured left) from our Primary School was presented with the Fred Hollows award of excellence.





Bailey from Year 3 (pictured right) came to share his writing of a recount entitled a "Day in the Life of Me".

Ben and Dom from our Diamond Terrace (pictured left) sharing their recounts on their swimming lessons adventures. Many of our Year 2 students participated in a fortnight of daily swimming lessons at the new Gungahlin Leisure Centre.



Ms Baxter's class invited me to attend a lesson where they presented me with a series of facts on China. Daniel (pictured right) was particularly impressive by sharing with me his research.

Amaroo School Dragon Boat Team

Congratulations to our Staff and Parent's Dragon Boat Team. The team ended the day a valiant second during a regatta on Lake Burley Griffen on Saturday.



New Portables

Our Year 3 students have moved onto our new portable buildings. They are excited about the shared space and are eager to begin learning in their new rooms. The oval adjoining the new buildings is being restored and will be opened early next term.



As always, please contact the Deputy Principals; Janine Gould, Gail Taylor, Sam Beattie, Tiffany Mahon or myself, to clarify any issue of concern to you.

The whole school team at Amaroo School are committed to working with our community to ensure our students have the very best opportunities to learn.

Ben Hall

A/g Principal

Amaroo School



Benjamin Hall

Gail Taylor

Richard Powell

Sam Beattie

Tiffany Mahon

Early Childhood

Preschool

What a fantastic term we are having and with the warmer weather comes a beautiful outside environment, ready to be explored. The Preschool team would like to say a huge thank you to the Spiro, Marks, Bruckard, Kelly, Kendall and Jension family for their amazing effort at last weekend's working bee in the Preschool. Thank you also to IGA for donating free drinks from the Platypus shops, Home and hardware Gungahlin for supplying cost price items

As of week 10 we will be commencing our transitions to Kindergarten, this will be staggered throughout Term 4 as well. It is an exciting experience so please talk with your children in the afternoon about what they learnt during their time in Kindergarten.

Have a lovely holiday!

Kindergarten

What a busy term we have had! A couple of highlights from the past week have been our wonderful Learning Journeys, showing off all our fantastic learning to our families and the great job Kindergarten did in hosting our Early Childhood Assembly. All your teachers were very proud of you.

Throughout this term Kindergarten have been busy researching different toys and have now begun planning what toy they would like to make. We would appreciate any off cuts of timber (small size only please), wool, material, old hammers or bottle caps to be donated to help us make our toys.

Please keep safe during the holidays, we look forward to seeing you all back again after the break for our last term of Kindergarten, can you believe how fast it has gone?

Year 1

Early Childhood Learning Legends – Year 1

Charlie, Violet, Mitchell, Matilda, Iman, Lana, Lauren and Lauren, produced quality writing, illustrations connected to writing and collaborative team work to be selected as this fortnight's Learning Legends.

Year One students and parents/carers participated in a hugely successful Learning Journey which portrayed a snapshot of the student's learning at Amaroo School. The activities were fun and educational encompassing the major curriculum areas taught during the term. There were Mathematics games covering data handling, subtraction and ordering money. Students were able to share with their guests a variety of reading strategies, M100 word games and the structure of explanation writing. Students demonstrated their knowledge of basic music notation as well as their map reading skills from the Geography unit. Throwing, catching and kicking skills were also on display in the wet area. Congratulations to both students and parents on their amazing turn out to this special learning showcase.



Year 2

This has been a very busy term for Year 2 with lots of learning achieved! Many of the children have been swimming every day with Royal Life Saving Australia on an intensive 2 week course. They have greatly enjoyed this opportunity! Ava in 2AOE said "it's awesome and amazing all at the same time!" We would all like to say a huge thank you to Matthew Gowen for organising this.

In Literacy, we have been writing information reports on Australian animals. We used our new researching skills and our knowledge to write fantastic reports. In number, we have started learning about multiplication using arrays, groups of and repeated addition. Please support your child with practising these skills at home.

A big thanks to all the parents who are offering to help with home readers. Reading is of great importance and the children really enjoy reading with the parent helpers. If you have any free time and would be interested in volunteering please let your child's teacher know, we would really appreciate your help. As always please remember to ensure your child is sun safe and are bringing their hats to school. Have a happy and safe holiday!

Early Childhood Gardening Club, Term 3

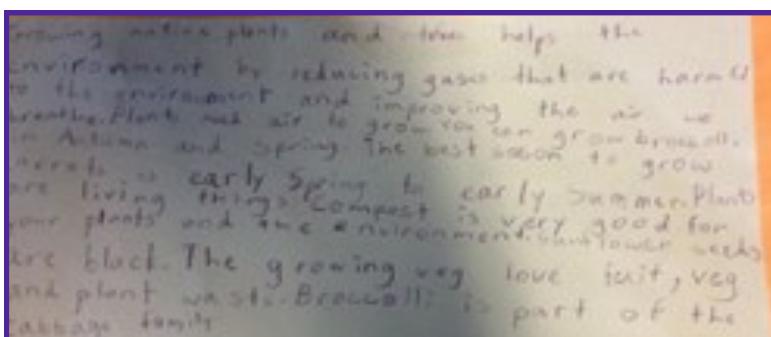
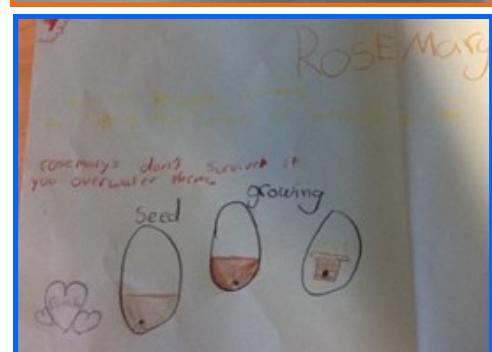
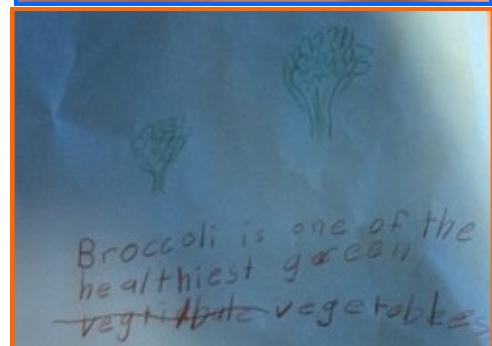
Our Gardening Club students have been working hard this term to create a veggie patch in the Early Childhood sector of the school. They have researched and planted many vegetables and herbs including, lettuce, spinach, sweet peas, broccoli and parsley. They have greatly enjoyed growing, maintaining and eating these vegetables, in particular the broccoli.

One student asked "why does the broccoli taste different to what is in the shops?"

Another student replied "because this broccoli was grown with love!"

Gardening Club continues next term with ten new students.

Emma Bebendorf and Janine Gould



Primary

Spotlight on Year 3

Year 3 students enjoyed sharing their learning with their parents at Learning Journeys. Various activities were available for students to demonstrate their learning to parents in the areas of Mathematics (mapping, fractions and data), Geography and History. Parents were kept entertained by their children when sharing recounts such as "This is your life", "Free Settlers" and "My Excursion to Lanyon". Parents were amazed to see how much learning has been taking place in our classrooms and how much effort students continue to put into their work. Year 3 are also looking forward to our big move into our new classrooms this week.

Year 4 needs your help!

Next term, as part of our science unit 'Smooth Moves', students will be exploring force and energy and will participate in a variety of scientific investigations. To complete their end of unit 'GRASP' task, Year 4 students will require some materials to help finish the task. If students could bring in cereal boxes, thick cardboard rolls, clean milk bottles and lids, it will be greatly appreciated. Students can collect these materials over the school holidays and bring them to school to give to their teacher in Term 4.



Spotlight on 5ACA & 5TWA

Welcome to our spotlight on Year 5! This fortnight 5TWA and 5ACA have been studying the transformation of shapes and symmetry. Students have learnt about rotational symmetry, rotations, translations, reflections and enlargements. Students demonstrated their creativity and understanding by creating an enlargement of an image to scale and radial symmetry name murals. Well done to all students who created fantastic artworks!



Mathletics @ Amaroo

We have had a great number of students continuing to participate in Mathletics through homework tasks and classroom activities.

Across Amaroo School, this term, students have achieved amazing results from their Mathletics. Students in Kindergarten to Year 8 have been awarded a massive 4785 Bronze certificates, 125 Silver certificates and 10 Gold certificates!

Here are some more exciting results from this month:

Year 3 are again our top Mathletics users in Amaroo School collectively achieving 433, 440 points
Our top class in Amaroo this fortnight is 3NRO achieving 123, 870 points

A big congratulations to the following students who are our three top Mathletics achievers this fortnight:

Jasmine (3NRO) – 44, 580 points

Rimian (2RNT) – 18, 230 points

Junior (6SMA) – 15, 560 points

Congratulations to all students who have received awards. Keep up the great work.

NRMA Science & Road Safety Day for Kindergarten– Year 5

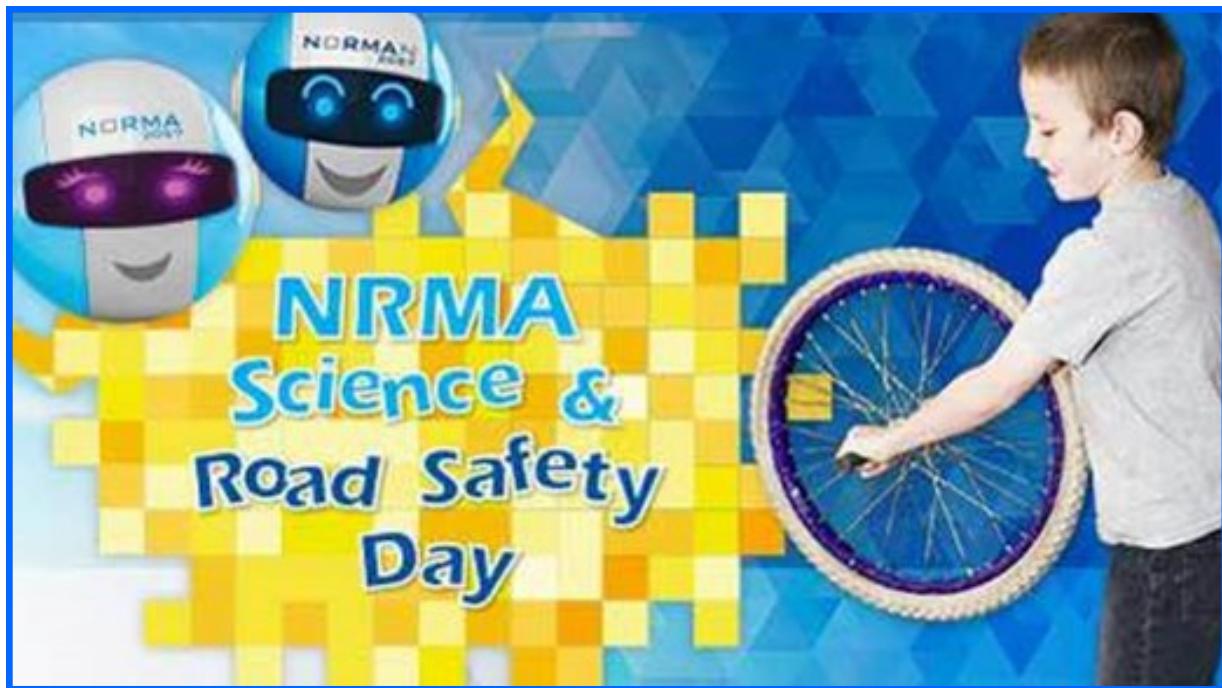
Our school will be hosting an NRMA Science & Road Safety Day, a new road safety program that will be delivered free of charge by the National Roads & Motorists' Association with the aim of helping our students stay safe on the road.

The program involves students participating in road safety shows in the school hall and completing safety workbooks in the classroom to help the road safety messages stick. **All students are encouraged to bring along a bike/safety helmet so they can learn how to wear their helmets in the correct way.**

The shows combine important road safety messages with Science. Messages such as “wear their seatbelt” have a greater impact when children have a stronger understanding of the forces they experience when travelling in a car and what could happen to them should the car suddenly stop.

Parents play a vital role in keeping their children safe, and so we would like to invite you to come and watch the first show of the day to see what your children are learning and how you can reinforce these road safety messages at home. Please remember to sign in at the front office before attending the show.

The NRMA Science & Road Safety Day will be on Friday 31 October in the school hall. There will be no Gallery Gathering or Early Childhood Assembly on this day. Please contact your classroom teacher if you require further information.



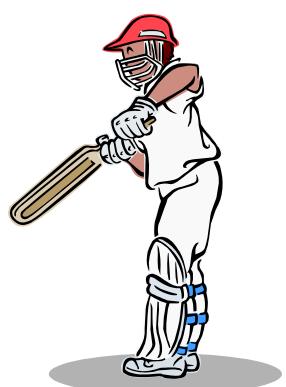
Primary Sport

Congratulations to the 3/4 and 5/6 Cricket teams who both came second in their respective competitions.

Trials for the Amaroo Year 3/4 AFL team are coming up soon. Please ensure your name is on the nomination sheet on the Sport Notice Board or see Mr Reardon for more information.

Congratulations to Sean M, who competed in the 12 years and Under Golf day.

Orienteering Championships are on 19 November. Please ensure your name is on the nomination sheet on the Sports Notice Board. Students in Years 3 – 6 can enter.



Middle School

Year 6

It is time to end our busy term. You should have received your child's progress reports last week. Parent teacher interviews will be held on Wednesday the 24 September between 4-8pm. Please ensure you have selected a time to meet with your child's teacher before Wednesday.

This Friday the 26 September, Year 6 students will be participating in the 'World of Maths' incursion. Students will have the opportunity to participate in interactive real-life problem solving activities.

Stationary is running low, so please ensure over the holidays that your child's stationery supplies are stocked for the new term. Enjoy your holidays and we look forward to seeing everyone refreshed for Term 4!

If you have any queries, questions or concerns, do not hesitate to contact your child's homeroom teacher.

Year 7

Students have been involved in a variety of extra-curricular activities including the Language Perfect competition, Dancefest, and listening to the RMC Band.

In class students are working hard on a variety of assessments across most subjects.

In English students are working on their mythical tale. In History, they have been writing diary entries from the perspective of someone living in Ancient China. Students completed a test in Maths on different views of three dimensional objects and volume of rectangular prisms. In Science, the students created drafts for a video on phases of the moon and eclipses that they will record using the Educreations App on iPads.

Teachers are looking forward to meeting with parents and carers at Parent-Teacher night on Wednesday 24 September.

Please contact your child's teachers to arrange a meeting time.

Year 8

In Geography the assignment on Australia being the potential food bowl for Asia is well underway. Please be reminded that it is due in week 10. Students have been working on it in class as well as at home over the past three weeks.

Students are working on their literary essay and in Maths they have finished measurement units and have started rates and ratio.

In Science they have completed body systems units and have started Geology and Geography units on rocks and preservation of the Great Barrier Reef.

Senior School

France Trip

Bon Voyage to our Senior students heading off on the France/Belgium trip. There has been a good deal of planning and organising in preparation. We wish them safe travels on what is sure to be a memorable and exciting experience.

World Challenge Students Depart to Fiji

On Saturday 20 September , eight Amaroo Year 10 students and eight ex-Amaroo Year 11 students departed to Fiji for the adventure of a lifetime – a 3 week expedition where the students are in charge! The main parts of the expedition are a trekking phase, where students will trek for days through Fiji's amazing countryside. A community project phase, where they will work in a small village to help build a vegetable garden and repaint some village buildings. A rest and relaxation phase, where they will get to enjoy some of Fiji's cultural and natural attractions. The students worked very hard to prepare for the expedition, including fundraising for their community project and some of their R&R activities by holding a Trivia Night, a barbecue and a slave auction. All the students involved are really excited about what's in store for them, and look forward to sharing many stories and photos when they return.



CAREERS AND WEX NEWS

Another very busy month in the Careers department! Participation in all Flexible Learning Options (FLOs) has seen very high attendance levels and with great enthusiasm. Well done to all the students involved. Please see the picture below of a great action shot of Chad A in Year 10 during a training session with the Brumbies recently! Chad and Taylor are part of the current Fitness and Sport FLO working towards several qualifications within these industries.

Work experience placements have proven to be very popular once again this term, it is wonderful to see student fully participating and getting involved in all aspects of their chosen occupations, and working cooperatively. Congratulations to the following students who have recently completed placements in the last few weeks:

Mackenzie – Limelight Dance Performance
Rhys – 2nd Commando Regiment, Willamtown
Jess and Josh - The Canberra Hospital
Sam – Ginninderra Early Childhood Centre
Darien – Daramalan College
Melissa – Amaroo Preschool.

Good Luck to Brendan who is continuing with his GRAPES training with the Master Builders Association gaining lots of experience in a variety of building trades.

The WEX department is currently finding it challenging to place students in building trade areas. If you or someone you know would be willing to host a student for a WEX placement for a week, we would love to hear from you at caroline.knoke@ed.act.edu.au

All students undertaking trade placements have their White Card and Asbestos Awareness Certificate already. Particular areas of need include plumbing, carpentry and electrician placements.

On a last note, please encourage your child to bring in their online pathways note to access Careers related activities. Spare notes are available from myself or in the “Fishbowl”. This website is especially beneficial for transition into college, resume development and accessing career and university sources of information.

If you or your child have any questions regarding work experience, college transition or careers related enquiries feel free to contact myself or Steve Hardy on 62058921 or at caroline.knoke@ed.act.edu.au

Caroline Knoke and Steve Hardy

Sport

What a wonderful few weeks in sport we have had!

Our Dancefest performances last Wednesday night were a great success. Students in Years 7-10 worked hard to perfect their pieces. They came together on the night to deliver an entertaining performance which portrayed our community spirit. Well done and congratulations to the teachers Courtney Watt, Angela Fattore and Louise Byron who facilitated this great event.

Touch Football ACT (TFACT) would like to thank Amaroo School as one of the 34 teams who participated in this year's inaugural ACT High Schools Finals & Community Championships at the Deakin touch ovals. All of our Year 7/8 and 9/10 players put in a fabulous effort, but the Year 7/8 boys were a stand out team on the day, going on to win the Community Championships grand final over Canberra High, 7-5. Well done and thank you to Mrs Watt and Mr French for taking these teams.

Our Soccer teams have been training recently with Mr Leach and Mr Beecher. The Year 7/8 girls made it through to the finals and played graciously on the day. Well done girls! In individual achievements this week, we congratulate Ebony K from class 3KBO, who has won a trophy on behalf of Amaroo School in Athletics. Ebony will be recognised in our whole school assembly this week and the trophy will be displayed in the front office area. Well done Ebony!

We have had a handball competition happening across the school recently, and Mr Brettel has been overwhelmed with the outstanding staff and student participation in this fun event! Good luck to Mr Hall who may have made it through to the finals! Our ‘teachers versus students’ volleyball match last Friday was also an outstanding success with the teachers beating the students confidently in the final!

Amaroo School Senior Music Benefit Concert

On Friday 26 September at B2 there will be a music concert held by senior music students.

Half the money raised will be donated to the Red Cross helping disadvantaged kids and the other half will go towards the Year 10 formal.

There will be live performances from music students and student DJs. It will be held underneath the canopy.

There will be sausages and cupcakes being sold. The sausages will be sold at B2 and are priced at 1 for \$2, 2 for \$3 and 3 for \$5.

The cupcakes will be available at B1 and B2, \$1.50 for plain cupcakes and \$2-\$2.50 for a decorated cupcake.

Languages

Language Perfect ACT Series Competition:

Amaroo School is first in the ACT again!!!! Not only that but we also had the top student, Aariel B., and the top class, 7BR/LB, who have won the pizza party! **Congratulations to all the students who competed!**



J'adore
Language Perfect



Japan Trip 2015 – Deposit due Week 6, Term 4!

Just a reminder that deposits for the trip are due no later than **Friday 21 November 2014 (Term 4, Week 6)**. The 2 week trip will be held at the end of Term 3, 2015. It provides an invaluable learning experience for our Japanese Language students to be exposed to life in Japan. Their experience will include attending Nara University High School, visiting world heritage cultural sites, visiting the Hiroshima Peace Museum and exploring more contemporary culture in areas of Tokyo, including Tokyo Disney Land.

Japanese

Year 4 Japanese: Year 4 students have learnt verbs in Japanese and how to incorporate them into full simple sentences to describe the daily activities of their favourite characters. They have also been working hard completing their portfolio pieces!

Year 5 Japanese: Year 5 students have been learning colour names and learnt all eleven colour names in Japanese through games and drawing! We have also learnt about colour names in Aboriginal Languages.

Year 6 Japanese: Students have completed designing their dream house and writing a speech to describe the house. They have been presenting their speech this week. Please ask them how they went!

Year 7 Japanese: Year 7 have started working on their assignment – a profile in Japanese about a famous Australian person and researching a famous Japanese person. We are using class time to do some research and the Japanese writing part of the assignment. The assignment is due at the end of Week 1 next term.

Year 8 Japanese: Year 8 are working in class on their assignment which is to create a welcome package for Nara High School students visiting Amaroo School later this term. They should be thinking about what information the Japanese students might need to know, how school life may differ between Australia and Japan, and how to write some phrases in Japanese to assist the visitors. This assignment is due at the end of Week 10.

Year 9/10 Japanese: Year 9/10 Japanese students continue to work on their assignment - a trip to Japan! This is due this week.

French

France/Belgium Trip Club:

By the time this newsletter comes out, we will be in France! How exciting! We can't wait to tell you all about it!

Year 3 French: We have been busy practising how to say and respond to classroom instructions, like "écoutez!" (listen); "regardez!" (look) and "arretez!" (stop) by playing some very energetic and fun games of "Jacques a dit" (Simon Says). It's very hard for Madame Lambert to catch the students out!

Year 5 French: In Year 5, we have been grappling with some tricky grammatical concepts in French, especially about how nouns can be "boys" (masculine) or "girls" (feminine) and how there are different forms of adjectives. These understandings are helping us to describe our classroom objects in detail correctly and we are enjoying some fun games and activities.

Muzzy's Class of the Fortnight!

And congratulations to Muzzy's class of the fortnight this week - 3RIO! They did extremely well with their classroom instructions games and Muzzy was particularly impressed with their great teamwork!

Year 6 French: Students are working hard on their Superheroes unit and are creating their own superhero so they can introduce them to the class. We are looking forward to meeting them!

Year 7 French: Students were thrilled with their results in the ACT Language Perfect Championships. They are now working on developing an oral presentation of the weather in ten places in a francophone country.



Year 8 French: The students have discovered some interesting differences and similarities between themselves and young French people. They are now working on a film storyboard introducing the life of a young Australian to their French counterparts. This will be made into a short film for their oral assessment.

Years 9/10 French: This class has been revising the use of the past tense in preparation for their next writing assignment, a scrapbook account of their holiday trip. The whole class has been counting down the days to the French trip. Those of us staying behind wish them all *bon voyage*.



Diamond Gallery

Mitchell and Lachlan in Year 9 from the Diamond Gallery successfully graduated from the Flexible Learning Option (FLO) Job Ready Program on 18-9-14. The six week course, two days a week training at the Koomari Training Centre helped them gain skills to make choices in regards to their future education and career options.

Mitchell and Lachlan received their Certificate of Completion and were very proud to be awarded a statement of Attainment with Units in the Certificate II in Business BSB20112, White Card, and Asbestos Card.



Amaroo School Defence News

RMC band

On Thursday 18 September 2014, students, staff and parents were treated to 2 special performances by the Royal Military College (RMC) band. Many enjoyed the concert by dancing and singing along to some very popular and energetic songs. Most notable among the students (even the Middle and Senior School!) were *Let It Go* and *Happy*. Many thanks go to the RMC band for their talent, enthusiasm and making time in their hectic schedule to perform for us. Thank you to all staff for taking your students to the concert and encouraging them to enjoy themselves. Special mention goes to Sarah Hewat for compering the concerts!



Thank you RMC
Band!

Defence News Continued

KidSMART program

Over the last four weeks, twelve Defence students in year 1 to 3 participated in the KidSMART program which has been run in school by Defence Community Organisation (DCO). From responses provided by our Defence families in the questionnaire which was distributed earlier in the year, these students were identified and offered an opportunity to join the program. The focus of the program run this time was **relocations**. Students learnt skills to make new friends, how to stay in touch with old friends, how to deal with possible worries and stresses associated with postings and how to enjoy being in a new place and school. Today was their final session and students received certificates and celebrated. A big thank you goes to Anna Stewart and Tony Magers from DCO who facilitated this useful and popular program.

Michelle and Jo

Pastoral Care

Chaplaincy

Four Year 5 classes have been crafting for a cause, making loom band bracelets and finger puppets for Operation Christmas Child boxes. On Thursday we will be packing 25 gift boxes full to bursting with toys, school supplies and items for hygiene - ready to ship to children in need in developing countries. The students are also working on how best to spend the \$338 we raised at the Fathers' Day stall by looking through the Samaritan's Purse catalogue and finding how to do the most good. It has been eye-opening to see what basic necessities are missing in the lives of some children, and how rewarding it can be to help.

On Saturday 20 September the Gungahlin Community Craft Fair made over \$4300 on the day (plus donations still coming in) to support Chaplains in Gungahlin for the rest of 2014. The federal funding has been falling short by \$2,000 per chaplain per year and Scripture Union Queensland is no longer able to make up the shortfall for the ACT chaplains. And that is before the current complications involving next year's funding.

Thanks to everyone who came to shop and see the mini-quilt show. Thanks to the churches for their support covering stalls and running the BBQ and jumping castle, and to Dale, Ros and the Salvos for graciously hosting our event. Thanks to Robyn Fisher for her organisation and co-ordination from inception to the last bit of mopping and all in between. Thanks to Therese Watt and the wonderful canteen ladies for volunteering their time to run a café with fabulous coffees. Thanks to DSAMC for printing our quilt programs. Thanks to Chris Blight from Beyond Bank for arranging generous donations for the silent auction and for the Chaplaincy program itself. And special thanks to Jenny Storrar, Jo Blight and the P&C for all their support running the Fairy Floss, pop-corn and lucky dip stalls. The support everyone showed was overwhelming and I was truly "feeling the love".

Appeal for Football/Soccer boots for Somali Children

One of our families from Amaroo School has plans to travel to Somalia. In Somalia many children play soccer bare footed on roads that contain shrapnel and while we use and then throw away our soccer shoes, kids in many parts of the world don't have any. We are kindly asking if any families have football boots/soccer shoes they are no longer using, can they please donate them to children of Somalia. A bin is located in the front office of Amaroo School where you can place them to donate used soccer shoes/football boots for Somali children who will take them gratefully.

Please make sure that as much soil and grass is removed prior to bringing into school.

ANYTHING ELSE BUT DAMAGED IS OKAY!!! Thank you.

Senior SRC are coordinating the appeal.

Lake Burley Griffin's 50th Birthday Family Bike Event

Lake Burley Griffin turns 50 on Friday 17 October and Canberra families are invited to get on their bikes and join in the celebrations!

Pedal Power and ACT Government are holding a family cycling event on the shores of the Lake and you are invited along anytime between 5pm – 7pm. The ride will include an exciting ‘clue hunt’ taking in historic landmarks along the way with volunteer guides bringing the history of the lake to life. There’ll be prizes and goody bags for the kids as well as family entertainment at Regatta Point - plus a VIP will be cutting the Lake’s 50th Birthday Cake!

For more information visit www.capitalcycling.org.au/lbg50 .



PARENT FORUM

Gungahlin College 7.00-8.30 Thursday 23 October

Open to all parents with students in Year 8 to 12.

Come along to a small workshop and hear from staff, parents and students about and contribute to work on the following topics:

- Transition to College
 - Personalising the Gungahlin College timetable
 - Gifted and Talented Programs
 - Preparing for the world after College
- To register for one or more workshops on the night please [click here](#)



gungahlin
COLLEGE
connect learn achieve

This event is proudly hosted by the Gungahlin College P & C.

Communities @ Work School Holiday Programs

Please go to the links below for School holiday Programs and enrolments-

[Amaroo , Burgmann & Harrison Enrolment Pack Sept - Oct 2014](#)
[Amaroo booking agreement Sept - Oct 2014](#)
[Amaroo Activity Program Sept - Oct 2014](#)
[Burgmann booking agreement Sept - Oct 2014](#)
[Burgmann Activity Program Sept - Oct 2014](#)
[Harrison Booking Agreement Sept - Oct 2014](#)
[Harrison Activity Program Sept - Oct 2014](#)

Bonner School Holiday Program

[Bonner Enrolment Pack Sept - Oct 2014](#)
[Bonner Booking Agreement Sept - Oct 2014](#)
[Bonner Activity Program Sept - Oct 2014](#)



headspace

Canberra

Broadmeadows Building 18, University of Canberra
170 Haydon Drive, Bruce ACT 2617
Wing Level 1, Building 18, University of Canberra,
Bruce ACT 2601
tel 02 6261 5543 Fax 02 6261 5545
headspace.org.au

ed-space @

headspace Canberra

information seminars 2014

headspace Canberra runs ed-space

What: Free information and education seminars about mental health and wellbeing.

Who: For parents and carers of young people between the ages of 12 to 25 years.

All welcome.

Where: At headspace. 170 Haydon Drive, Level B, Building 18, University of Canberra, Bruce ACT 2601.

When: . On the last Tuesday evening of the month, starts at 5:30pm for 6pm presentation.
Each presentation will run for 1 hour. Tea & coffee provided.

| Date | Topic |
|-------------------|--|
| Tuesday 24 June | Eating Disorders |
| Tuesday 29 July | Self Harm |
| Tuesday 26 August | Borderline Personality Disorder |
| Tuesday 30 Sept. | Abuse, Trauma and PTSD |
| Tuesday 28 Oct. | real-life stories @ headspace (Special Event) |
| Tuesday 25 Nov. | Psychosis |



Details: See our website for more details.

www.headspace.org.au/Canberra



*Presented by intern psychology students from
the University of Canberra.

We hope to see you there!

ABN 81 633 873 422

headspace National Youth Mental Health Foundation Ltd is funded by the Australian Government Department of Health and Ageing under the Youth Mental Health Initiative Program.



Community News

Amaroo School does not necessarily endorse the products or services advertised.

Please see more after school services for students and families and other items of interest in our Parents biz Directory through our Amaroo School App through your App Store on your mobile device

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| <p>'Antoinette Karsten Art', Art classes and holiday workshops Drawing, painting, sculpture, and lots of other fun projects to develop skills and confidence in our young creatives. Ages 10-16.</p> | <p>Email or call Antoinette for more info. antoinettekarsten@hotmail.com Mob: 0422693546</p> |
| <p>Calisthenics is a dance sport, combining exercises with flexibility, dancing, marching, hand apparatus manipulation while dancing, and artistic/aesthetic dance, suitable for girls and boys. Classes are designed for specific age groups, 13 years and under, 10years and under, 7 years and under.</p>  | <p>As a performance dance sport, calisthenics use costumes for stage work, which are extensively supplied through the club wardrobe. An invitation is extended to new participants to attend two obligation free classes. Additional information can be found on www.academycalisthenics.com.au, with enquiries to info@academycalisthenics.com.au or 62882858</p> |
| <p>Gungahlin Dance Academy Exceptional dance training for all ages Fully equipped studios in Amaroo Classical Ballet (RAD) Contemporary Jazz Tap Private Tuition</p>  | <p>Performance Team Ballet examinations Annual Performances 2014 USA tour Ages 3 and up For further information and enrolment Details- Web: www.gdance.com.au Email: gdance@bigpond.net.au Phone: 6255 5204</p> |
| <p>Like to play Junior Cricket this Summer ? Dear Parents and children. Your local district junior cricket club "North Canberra Gungahlin" would like to invite new players - both boys and girls of all ages - to come and play junior cricket with the club this summer.</p> | <p>To register, log on to the Club's website at http://www.ncgcc.org.au/index.php/juniors-cricket Or for further information parents can contact the Club's Registrar [Sue Ryrie] on 0417 791 653.</p>  |
| <p>Do you want confidence, adventure and leadership skills? Scouting is education for life and helps builds confidence, friendships, responsibility and leadership. Scouts participate in programs that encourage them to grow through adventure by experiencing new challenges, making new friends, building confidence, taking responsibility for themselves, and being provided with opportunities to explore their own abilities and interests.</p> | <p>Limited offer – 3 week FREE trial Call 1800 SCOUTS or visit our website, www.scoutsact.com.au</p>  |
| <p>Do You Love Candles? Do You Love Home Decorating? Choose from a selection of quality candles in a variety of fragrances, shapes, colours and sizes, and beautiful candle accessories in crystal, wrought iron, porcelain, pewter and decorative florals and mosaics!</p> | <p>For more information contact Annette Gleeson Independent Consultant with Partylite on 0418 261 444 or lovecandles.annette@gmail.com www.annette.partylite.com.au</p> |
| <p>Girl Guides meet in Gungahlin! Are you a girl aged 5-17 years, and looking for laughter, learning, friendship and fun? Come along and find out what guiding is all about. Weekly meetings during school terms in various locations around Gungahlin.</p> | <p>Come and try for free. Email – gungahlindistrictguides@gmail.com Ph: Felicity (District Manager) 0448 553 701 www.girlguides-nswact.org.au</p>  |

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|  <p>Nurturing Within Yoga 13yrs & up (existing program)</p> | <p>Wednesday evening class classical Hatha Yoga general 10 week program Amaroo School 7pm -8.30pm Amaroo School</p> |
| <p>Nurturing Within Yoga Nurturing Within Yoga offers Private class's in your home to provide 1:1 INDIVIDUAL & PERSONALISED programs- Specializing in Anxiety & supporting more ease in your life Special offer for Autumn & Winter Please contact for further details</p> | <p>Please contact Michelle on (m) 0417288460 email michjono@bigpond.com or connect via the Nurturing Within Yoga FB page and PM</p>  |
| <p>National Tae Kwon-do Our Children's program offers a professionally designed age-specific curriculum that has been especially developed to teach children in a fun and enriching way.</p> | <p>Classes at Amaroo School. All enquiries Phone 0414 898 888 www.nationaltaekwondo.com.au</p> |
| <p>Bollywood Dance Classes for adults & kids by Canberra School of Bollywood Dancing. Registration essential to secure a spot. Email canberrabollywood@bigpond.com <ul style="list-style-type: none"> ● Kids 3 –6 years - 3 to 4 pm ● Adults & Kids 7 + years - 4 to 5 pm Venue – Amaroo School dance studio .</p> | <p>For more details contact Krisha Jilson on: Phone: 0403-156833 Email: canberrabollywood@bigpond.com Website: www.canberrabollywood.com.au Join us on face book: www.facebook.com#!/pages/Canberra-School-of-Bollywood-Dancing-CSBD/242646885787711</p> |
| <p>Butterfly Wicks is a boutique business supplying candles and candle accessories to the Canberra region through local markets and direct sales. We have beautiful hand-crafted quality candles using biodegradable materials.</p> | <p>For sales and orders please contact: <i>Butterfly Wicks</i> <i>Shane Weise</i> Mobile: 02 6241 9126 www.facebook.com/butterflywicks Butterflywicks@iinet.net.au</p>  |
| <p>GUNGAHIN LITTLE ATHLETICS – Register now Come & Try and Registration Days – Sat 4 and Sat 11 October, 10.00am-12.00pm For the 2014/15 season we welcome athletes born between 1 Oct 1997 and 31 March 2010</p> | <p>When – Saturdays, 8.55am Where – Amaroo Ovals For more information: www.gunlac.org.au / M: 0420 325 505 / E: president@gunlac.org.au</p> |
| <p>Family Day Care Educator in Forde has one vacancy before school care Monday to Friday and Tues, Wednesday and Friday afternoon care only.</p> | <p>If interested, please phone Monique 0451682303</p> |

